

Independence Village of Waukee

Memory Care

July 2024

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>9:30 Daily Chronicles 10:00 Bible Study- Jim B 1:30 Balloon Bat 3:00 Soda N Jokes 6:00 Movie Monday: 101 Dalmations <i>International Joke day</i></p>	<p>9:30 Daily Chronicles 10:00 Sit and Fit 1:30 My 2 Cents 3:00 Target Practice 6:00 Game Night:</p>	<p>9:30 Daily Chronicles 10:00 Chair Yoga 1:30 Name 10 3:00 Happy Hour: Sweet Oasis of Watermelon 6:00 Aroma Therapy</p>	<p>9:30 Daily Chronicles 12:00 4Th of July BBQ 6:00 Evening Tea Time <i>Happy 4th of July</i></p>	<p>9:30 Daily Chronicles 10:00 Movin' with Mary: 1:30 Music: Pat Lydon Piano 3:00 Bingo 6:00 Coloring Creations <i>Podiatrist AM</i></p>	<p>9:30 Daily Chronicles 10:00 Sunshine and Stretch 1:30 Coffee Chat 6:00 Hand Massages</p>
<p>9:30 Daily Chronicles 10:00 Hope Online Service 1:30 Walking Club 6:00 Lawrence Welk</p>	<p>9:30 Daily Chronicles 10:00 Bible Study- Jim 1:30 Lets Get Crafty: Mosaic Creation 3:00 Freezer Pops on Patio 6:00 Movie Monday: Flubber <i>National Freezer pop Day</i></p>	<p>9:30 Daily Chronicles 10:00 Sit and Fit 1:30 Tic Tac Toe Bags 3:00 U-Tube: Animals of Amazon 6:00 Finish The Phrase</p>	<p>9:30 Daily Chronicles 10:00 Chair Yoga 1:30 Mold A Word 3:00 Happy Hour: Sun Kiss with Lemon Bars 6:00 Aroma Therapy</p>	<p>9:30 Daily Chronicles 10:00 Cardio Drumming 1:30 Scenic Drive: Lemonade 3:00 Mold A Word 6:00 Evening Tea Time</p>	<p>9:30 Daily Chronicles 10:00 Movin' with Live 2B Healthy 1:30 Expressions Bingo 2:30 Music: Tom Hofer E: Coloring Creations <i>National French Fry Day</i></p>	<p>9:30 Daily Chronicles 10:00 Sunshine and Stretch 1:30 Parachute Fun 6:00 Hand Massages</p>
<p>9:30 Daily Chronicles 10:00 Hope Online Service 1:30 Walking Club 6:00 Lawrence Welk</p>	<p>9:30 Daily Chronicles 10:00 Bible Study- Jim B 1:30 Pet Therapy: Grady The Dog 3:00 Cooking Corner: Banana Cookies 6:00 Movie Monday: Free Willy</p>	<p>9:30 Daily Chronicles 10:00 Movin' with Mary 1:30 Dog Tie Blankets 3:00 Air Hockey 6:00 UNO</p>	<p>9:30 Daily Chronicles 10:00 Jean Blum: Music & Massage 1:30 Hangman 3:00 Happy Hour: Summer Sips Smoothies 6:00 Aroma Therapy</p>	<p>9:30 Daily Chronicles 10:00 Cardio Drumming 1:30 Hangman 3:00 Get Crafty: Cupcake Liner Wreath 6:00 Evening Tea Time</p>	<p>9:30 Daily Chronicles 10:00 Sit and Fit 1:30 Bingo 3:00 Nifty Nails/Birthday Party 6:00 Coloring Creations <i>Happy Birthday Patricia</i></p>	<p>9:30 Daily Chronicles 10:00 Sunshine and Stretch 1:30 Balloon Volley Ball 6:00 Hand Massages</p>
<p>9:30 Daily Chronicles 10:00 Hope Online Service 1:30 Walking Club 6:00 Lawrence Welk</p>	<p>9:30 Daily Chronicles 10:00 Bible Study: Jim B 1:30 3:00 Experiment: Pepsi VS Coke 6:00 Movie Monday: Mary Poppins</p>	<p>9:30 Daily Chronicles 10:00 Sit and Fit 1:30 Lets Get Crafty: Color/Sort Beans 3:00 PopCorn N More 6:00 Game Night: Garbage</p>	<p>9:30 Daily Chronicles 10:00 Chair Yoga 1:30 Music: Valarie Flutist 3:00 Happy Hour in Paris Croissant & Macarons 6:00 Aroma Therapy</p>	<p>9:30 Daily Chronicles 10:00 Cardio Drumming 1:30 Scenic Drive 3:00 Beach Ball Kick 6:00 Evening Tea Time</p>	<p>9:30 Daily Chronicles 10:00 Movin' with Live 2B Healthy 1:30 Bingo 3:00 Nifty Nails 6:00 Coloring Creations</p>	<p>9:30 Daily Chronicles 10:00 Sunshine and Stretch 1:30 Backyard Bliss and Ice Tea 6:00 Hand Massages</p>
<p>9:30 Daily Chronicles 10:00 Hope Online Service 1:30 Walking Club 6:00 Lawrence Welk</p>	<p>9:30 Daily Chronicles 10:00 Bible Study: Jim B 1:30 Puzzle Time 3:00 Cooking Corner: Apple Snicker Salad 6:00 Movie Monday: Little Rascals</p>	<p>9:30 Daily Chronicles 10:00 Sit and Fit 1:30 Balloon Bat 3:00 Music: Been There Done That 6:00 Game Night:</p>	<p>9:30 Daily Chronicles 10:00 Chair Yoga 1:30 Rolling Yarn 3:00 Happy Hour: Tropical Tiki Time on Patio 6:00 Aroma Therapy</p>			

Calendar Key:

ALAR - Assisted Living Activity Room

ALLR - Assisted Living Living Room
ALDR - Assisted Living Dining Room

CR - Community Room
EX - Exercise Room
FR - Family Room
GR - Game Room

ILDR - Independent Living Dining Room
TC - Town Center
TH- Theater