

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>Independence Day 4</b>	<b>5</b>	<b>6</b>
	10:15 Active Fitness 1:00 Birthday Bash Live Entertainment with Rob Crozier (TH) 3:45 Courtyard Tennis (CY) 5:30 Ted Talk & Tea Time	10:15 Seated Yoga 1:30 Family Lunch Outing Zukey Lake Tavern 3:00 Balloon Volleyball 5:30 Daily Chronicle & Tea Time	10:15 Weights & Stretching 1:00 Candy Bar Bingo 3:00 Recipe Recall Trivia 5:30 Spa Night - Manicures & Hand Massages	9:00 Outing: Ride-Along in the Ann Arbor 4th of July Parade 10:15 Seated Zumba 1:00 Craft Corner: Fourth of July Flag Wreath 3:00 Fourth of July Jeopardy 5:30 Game Night: Drop Cup	10:15 Cardio Drumming 11:00 Book Club: The Giver of Stars 1:00 Live Entertainment with Yuta (NL) 3:00 You be the Judge 5:30 Movie Night: Westside Story	10:15 Coffee Chats & Daily Chronicle 1:00 Live Entertainment with Lewis Gerten 3:00 Talk and Toss Ball 5:30 Aromatherapy & Relaxing
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
10:00 Sunday Devotional & Streamed Church Service 1:00 Spa Day Sunday 3:30 Travelogue 5:30 Evening Tea Time	10:15 Active Fitness 1:00 Cherry Spitting Contest & Traverse City Cherry Fudge Ice Cream (CY) 3:45 Courtyard Cornhole (CY) 5:30 Monday Night Mystery: Perry Mason	10:15 MOTIVATED Moving Group Exercise 1:30 Outing: Kerrytown Market Place 3:00 Scattegories 5:30 Daily Chronicle & Tea Time	9:00 Waffle Wednesday (MDR) 10:15 Weights & Stretching 1:00 Candy Bar Bingo 3:00 Creative Coloring Corner 5:30 Spa Night - Manicures & Hand Massages	10:15 Seated Zumba 11:00 Outing: Sonic Lunch Concert in Ann Arbor 1:00 Craft Corner: Decoupage Canvases 3:00 Words in Word Trivia 5:30 Game Night: Rummikub	10:15 Cardio Drumming 11:00 Book Club: The Giver of Stars 1:00 Uno! 3:00 Connect 8 Word Game 5:30 Movie Night: Downton Abbey	10:15 Coffee Chats & Daily Chronicle 1:00 Jigsaw Puzzles & Music 3:00 Humorous Haiku's 5:30 Aromatherapy & Relaxing
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
10:00 Sunday Devotional & Streamed Church Service 1:00 Spa Day Sunday 3:30 Travelogue 5:30 Evening Tea Time	10:15 Active Fitness 1:00 Live Entertainment with Jerry Perrine (TH) 3:45 Courtyard Ladder Ball (CY) 5:30 Monday Night Mystery: The Alfred Hitchcock Hour	10:00 Seated Yoga 1:30 Outing: Yankee Air Museum 3:00 Family Feud 5:30 Daily Chronicle & Tea Time	9:00 Waffle Wednesday 10:15 Weights & Stretching 1:00 Candy Bar Bingo 3:00 Craft Corner: Vibrant Vases 5:30 Spa Night - Manicures & Hand Massages	10:15 Seated Zumba 10:45 Baking Group: Lemon Bars 1:30 Musical Lecture Series - West Side Story (TH) 2:30 Sister Cities Celebration (A) 3:00 Jeopardy! 5:30 Game Night: Bookshelf Boardgames	10:15 Cardio Drumming 11:00 Book Club: The Giver of Stars 1:00 Veteran's Club with American Legion Post 46 (B) 3:00 Paper Airplane Throwing Competition 5:30 Movie Night: Hidden Figures	10:15 Coffee Chats & Daily Chronicle 1:00 Spa Day Saturday 3:00 Mad- Libs 5:30 Aromatherapy & Relaxing
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
10:00 Sunday Devotional & Streamed Church Service 11:00 July Brunch 1:30 July Brunch 3:00 Travelogue 5:30 Evening Tea Time	10:15 Active Fitness 1:00 Live Entertainment with Paul Joniarz (TH) 3:45 Craft Corner: Olympic Games Banner (MC) 5:30 Monday Night Mystery: Columbo	10:15 MOTIVATED Moving Group Exercise 1:00 Live Entertainment with Nick Johnson (NL) 1:30 Outing: Millpond Park Olympics Kick-Off 3:00 Conversation Cards 5:30 Daily Chronicle & Tea Time	10:15 Weights & Stretching 1:00 Candy Bar Bingo 3:00 Olympic Games: Tennis 5:30 Spa Night - Manicures & Hand Massages	10:15 Seated Zumba 1:00 Olympic Games: Shuffle Board 3:00 Craft Corner: Olympic Medals 5:30 Game Night: LCR	10:15 Cardio Drumming 11:00 Book Club: The Giver of Stars 1:00 Olympic Games: Fencing 3:00 Olympic Games Award Ceremony (CY) 5:30 Movie Night: Three Men and a Baby	10:15 Coffee Chats & Daily Chronicle 1:00 You be the Judge 3:00 Jigsaw Puzzles & Music 5:30 Aromatherapy & Relaxing
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>			
10:00 Sunday Devotional & Streamed Church Service 1:00 Spa Day Sunday 3:00 Travelogue 5:30 Evening Tea Time	10:15 Active Fitness 1:00 Chef Adam's Culinary Showcase (MC) 3:45 Courtyard Ring Toss (CY) 5:30 Monday Night Mystery: The Twilight Zone	10:00 Seated Yoga 1:30 Outing: Coffee at York Yard 3:00 Watercolor Workshop 5:30 Daily Chronicle & Tea Time	10:15 Weights & Stretching 1:00 Smoothie Making and Taste Testing 2:00-4:00 Splash Day Summerfest (ICY) 5:30 Spa Night - Manicures & Hand Massages			

**Calendar Key:**  
AL - Assisted Living  
MC - Memory Care  
A - Community Room A

B - Community Room B  
TH - Theater  
NL - North Lobby  
CY - Courtyard

PDR - Private Dining Room  
ICY - Independent Living  
Courtyard