

Independence Village of White Lake

Independent Living | Enhanced Living

# July 2024

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 11:00 Weight Workout (GP) 1:00 4th of July Fun w/PT (GP) 1:30 Mass and Communion (D) With Fr. Paul from St. Pat's 3:30 Rummikub with Ruth (GP) 6:00 Chicken Foot Dominoes (FL, L) 6:00 Poker Club (GP)	<b>2</b> 9:30 Therapy Dog Visit (CA) 11:00 Exercise w/ Powerback PT (GP) 12:30 Noodle Hockey (C) 1:00 Blood Pressure Check (D) 1:30 Gardening with Stephanie (FL) 2:00 Bingo (GP) 3:30 Happy Hour (C) Celebrate the USA	<b>3</b> 10:30 Veteran Story Swap (L) 11:00 Sit and Be Fit (GP) 12:30 Cooking Club (GP) 1:30 Water balloon Toss (MC) 2:30 Chair Volleyball (C) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP)	<b>4 Independence Day</b> 11:00 Exercise w/Powerback PT (GP) 11:30 Early Dinner Service (EDR) 12:00 Early Dinner Service (MDR) 2:30 Grab & Go Jello Cups (C) 3:00 4th of July Word Search (GP) 3:30 4th of July Sing a Long (GP) with the Kazoo Players	<b>5</b> 11:00 Bend and Stretch (GP) 12:30 Grab & Go (C) Chocolate Covered Cherry Iced Coffee 1:00-3:00 2 U Vision (L) 2:30 Chair Volleyball (C) 6:00 Chicken Foot Dominoes (FL, L) 6:00 Rummikub (GP)	<b>6</b> 11:00 Weight Workout (GP) 12:30 Nickels Game (GP) 2:00 Freestyle Painting (CR) 2:30 Euchre Club (GP) 3:30 Men's Pool (3F) 3:30 Read Along with Katherine (L)
<b>7</b> 11:00 Noodlecise & Weights (GP) 12:30 Mass and Communion (GP) With St. Pat's 1:00 Polish me Pretty Nails (C) 2:30 Candy Bingo (GP) 5:30 Movie Madness (C)	<b>8 Christmas in July</b> 10:30 Train your Brain (L) 11:00 Weight Workout (GP) 12:30 Open Swim at Lakeland HS (S) 1:30 Prayer and Communion (GP) With St. Pat's 2:30 Fun & Games with Santa (C) 6:00 Chicken Foot Dominoes (FL, L) 6:00 Poker Club (C)	<b>9</b> 9:30 Therapy Dog Visit (CA) 11:00 Exercise w/Powerback PT (GP) 12:30 Making Ugly Tee Shirts (GP) 12:45-2:30 Foot Care (D) 1:00 Blood Pressure Check (D) 2:00 Trivia Tuesday (GP) 3:30 Bingo (GP) 5:30 Evening Entertainment (C)	<b>10</b> 11:00 Sit and Be Fit (GP) 12:30 Reindeer Games (MC) 1:30 Popsicle Pop-Up (C) 2:30 Chair Volleyball (C) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP)	<b>11</b> 10:00 Veteran's Breakfast (MDR) 11:00 Exercise w/Powerback PT (GP) 12:30 Balloon Volleyball (D) 2:30 Grief Support (L) 3:30 Happy Hour (C) Wear your ugly Tee Shirt 4:00 Hearing Care (L) 6:00 Bunco with St. Pat's (GP)	<b>12</b> 11:00 Noodlecise (GP) 12:30 Beach Day Event (MC) 1:30 Root Beer Floats (C) 2:30 Beach Volleyball (C) 6:00 Chicken Foot Dominoes (FL,L) 6:00 Rummikub (GP)	<b>13</b> 11:00 Staying Fit (GP) 1:00 Music with Jerry Perrine (C) 2:00 Freestyle Painting (CR) 2:30 Euchre Club (C) 3:30 Men's Pool (3F) 3:30 Read Along with Katherine (L)
<b>14</b> 11:00 Noodlecise & Weights (GP) 12:30 Mass and Communion (GP) With St. Pat's 1:00 Learn to Crochet (GP) 2:30 Candy Bingo (GP) 5:30 5 Crowns Card Game (L)	<b>15 Down on the Farm</b> 10:30 Train Your Brain (L) 11:00 Bend and Stretch (GP) 12:30 Cooks Dairy Farm (S) 1:30 Prayer & Communion (GP) With St. Pat's 2:30 Card Sharks (GP) 6:00 Chicken Foot Dominoes (FL, L) 6:00 Poker Club (GP)	<b>16</b> 9:30 Therapy Dog Visit (CA) 11:00 Exercise w/Powerback PT (GP) 11:30 Petting Zoo Trip (S) 12:30 Dancing in your Seat (GP) 1:00 Blood Pressure Check (D) 1:30 Grab & Go Animal Crackers (C) 3:30 Bingo (GP) 6:00 3-D Butterfly Artwork (GP)	<b>17</b> 11:00 Protestant Service (GP) 11:00 Activities Brainstorm (L) 12:30 Weight Workout (GP) 1:00 Chair Volleyball (C) 3:30 Happy Hour (C) Celebrate July Birthdays 6:00 Euchre Club (GP)	<b>18</b> 9:00-11:00 Dermatology Visit (GP) 11:00 Exercise w/Powerback PT (GP) 11:30 Shopping at Meijer (S) 12:30 Movie Madness (C) Charlotte's Web 2:30 Open Forum (GP) 3:30 Music & Line Dancing (C)	<b>19</b> 11:00 Bend and Stretch (GP) 11:30-1:30 Food Truck Friday Front Yard 12:30 Giant Crossword Puzzle (GP) 1:00 Detroit Institute of Arts (L) African American Artists 2:30 Chair Volleyball (C) 6:00 Chicken Foot Dominoes (FL, L) 6:00 Rummikub (GP)	<b>20</b> 11:00 Weight Workout (GP) 12:30 Left, Right, Center (GP) 2:00 Freestyle Painting (CR) 2:30 Euchre Club (GP) 3:30 Men's Pool (3F) 3:30 Read Along with Katherine (L)
<b>21</b> 11:00 Noodlecise & Weights (GP) 11:30 Brunch (EDR, MDR) Residents Only 12:00 Brunch (MDR) Residents and Guests 2:00 Candy Bingo (GP) 3:00 Learn to Crochet (GP)	<b>22</b> 11:00 Weight Workout (GP) 11:30 Open Swim at Lakeland HS (S) 12:30 Shopping at Kroger (S) 1:30 Prayer & Communion (GP) With St. Pat's 2:30 Rummikub (GP) 6:00 Chicken Foot Dominoes (FL, L) 6:00 Poker Club (GP)	<b>23</b> 8:30-10:00 Waffle Bar (MDR) 9:30 Therapy Dog Visit (CA) 11:00 Exercise w/Powerback PT (GP) 11:30-1:30 Gorgeous Grandma (GP) Make-over 12:30 Mobile Ice Cream Cart 1:00 Blood Pressure Check (D) 2:00 Trivia Tuesday (GP) 3:30 Bingo (GP)	<b>24</b> 11:00 Protestant Service (GP) 12:30 Sit and Be Fit (GP) 1:30 Nurse Chat with Donna (GP) 2:30 Chair Volleyball (C) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP)	<b>25</b> 11:00 Exercise w/Powerback PT (GP) 11:30 Lunch at Bayside Tiki Bar (S) 12:30 Gardening with Stephanie (FL) 12:30 Making Olympic Torches (C) 1:30 Balloon Volleyball (D) 2:30 Grief Support (L) 3:30 Happy Hour (C) 5:30 Euchre Tournament (GP)	<b>26</b> 11:00 Noodlecise (GP) 12:30 Olympics Opening (GP) Ceremony 1:00 Culinary Showcase (GP) 2:30 Chair Volleyball (C) 6:00 Chicken Foot Dominoes (FL, L) 6:00 Rummikub (GP)	<b>27</b> 11:00 Staying Fit (GP) 12:30 Nickels Game (GP) 2:00 Freestyle Painting (CR) 2:30 Euchre Club (C) 3:30 Men's Pool (3F) 3:30 Read Along with Katherine (L)
<b>28</b> 11:00 Noodlecise & Weights (GP) 12:30 Mass and Communion (GP) With St. Pat's 1:00 Stitch Sisters (CR) 2:30 Candy Bingo (GP) 5:30 Movie Madness (C) Movie TBD	<b>29</b> 11:00 Bend & Stretch (GP) 11:30 Shopping at Walmart (S) 1:30 Prayer & Communion (GP) With St. Pat's 2:30 Kindness Card Crew (GP) 6:00 Chicken Foot Dominoes (FL, L) 6:00 Poker Club (GP)	<b>30</b> 8:30-10:00 Omelet Bar (MDR) 9:30 Therapy Dog Visit (CA) 11:00 Exercise w/Powerback PT (GP) 12:45-2:30 Foot Care (GP) 1:00 Blood Pressure Check (D) 1:30 Book Club (L) 3:30 Bingo (GP) 5:30 Evening Entertainment (C)	<b>31</b> 11:00 Weight Workout (GP) 12:30 Reminiscing with Stephanie (GP) 1:30 Making Summer Lanterns (C) 2:30 Chair Volleyball (C) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP)			

Calendar Key:

- D – Den
- C – Café
- GP – Gathering Place

- MDR – Main Dining Room
- EDR – Enhanced Dining
- PDR – Private Dining Room
- CR–Craft Room

- 3F – Third Floor
- FL – Front Lobby
- L – Library
- CA – Common Areas

- M – Massage Room
- S – Shuttle
- MC – Main Courtyard
- EC – Enhanced Courtyard