

Independence Village of Midland

Independent Living

July 2024

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10am Yoga w/ Sarah 11am Manicures 12:30pm Watercolor Class 3pm Live Patriotic Music by Generations 6pm Open Euchre	2 10am Noodle-cise 11am Team Trivia Challenge 1pm Resident Forum 2pm Activity Brainstorm 6:30pm Did You Know?	3 10am Hand Weights 10:30am Catholic Communion 1:30pm Dave's 100th Birthday Celebration 3pm Crochet and Knitting 6:45pm Live Music Outing: Chemical City Band	4 Independence Day 10am Havin' a Ball with Kate 11am Crossword 12:15pm 4th of July BBQ 8:15pm Outing to the Midland Fireworks	5 10am Balance in Action 11am Walking Club 12:30pm Diamond Art Project: Magnets 3pm Happy Hour 6pm Hillbilly Rummy	6 10am Sit n' Be Fit 11am Open Wii Bowling 1pm Croquet 3pm BINGO 6:30pm Saturday Theater The Wedding Planner
7 10am Sunday Stretch 12:15pm Sunday Dinner 2pm Group Sudoku 3:30pm Open Pinochle	8 10am Chair Dancing w/ Sarah 11am Lunch Outing to Entre Amigos 12:30pm Watercolor Class 3pm Manicures 6pm Open Euchre	9 10am Noodle-cise 1pm Tea Time Gathering 3pm Funny Money Auction 6pm Resident Sing Along	10 10am Hand Weights 10:30am Catholic Communion 11am Women's Bible Study 1pm Crochet and Knitting 1-2:30pm Let's Get It Poppin' 3pm Safety Talk w/ Charles 6:45pm Live Music Outing	11 10am Cardio Drumming 11am Crossword 12pm Sack Lunch Picnic 3pm Live Music by The Sweet Adelines 6pm Five Crowns	12 10am Balance in Action 11am Walking Club 1pm Pictionary 3pm Be My Neighbor Happy Hour 6pm Hillbilly Rummy	13 10am Exercise DVD 1pm BINGO 3pm Bocce Ball 6:30pm Saturday Theater Smokey & the Bandit
14 10am Sunday Stretch 12:15pm Sunday Dinner 2pm Outing: Golf Cart Tour of Dow Gardens 3:30pm Open Pinochle	15 10am Yoga w/ Sarah 11am Manicures 12:30pm Watercolor Class 3pm Hello/Good Bye Party 6pm Open Euchre	16 10am Noodle-cise 11am Sara's Sharing Circle 1pm Wheel of Fortune 3pm Live Music by Aaron Caruso 6:30pm Did You Know?	17 10am Hand Weights 10:30am Catholic Communion 11am Women's Bible Study 1pm Crochet and Knitting 3pm 'Dionne Quintuplets' By: Floyd Andrick 6:45pm Live Music Outing	18 10am Havin' a Ball with Kate 11am Crossword 1pm Outing to the Saginaw Children's Zoo 6pm Bonfire and S'mores	19 10am Balance in Action 11-2pm Food Truck Friday • What About Waffles Food Truck • Live Music by Jack Luna 3pm Happy Hour 6pm Hillbilly Rummy	20 10am Sit n' Be Fit 11am Open Wii Bowling 1pm Cornhole 3pm BINGO 6:30pm Saturday Theater Queen Bees
21 10am Sunday Stretch Sunday Brunch Buffet • 11:00am - First Seating • 12:45pm - Second Seating 2pm Group Sudoku 3:30pm Open Pinochle	22 10am Chair Dancing w/ Sarah 11am Manicures 12:30pm Watercolor Class 1:30pm Outing to the Delta Planetarium 6:30pm Live Music by the Midland Sax Quartet	23 10am Noodle-cise 1pm Bird Watching Experience 3pm The Village Spelling Bee 6pm Resident Sing Along	24 10am Hand Weights 10:30am Catholic Communion 11am Women's Bible Study 1pm Crochet and Knitting 1-2:30pm Let's Get It Poppin' 3pm Powerback Vitality Checks 6:45pm Live Music Outing	25 10am Cardio Drumming 11am Crossword 1-3pm Christmas in July Celebration 3pm Parkinson's Support Group 6pm Five Crowns	26 10am Balance in Action 11am Walking Club 12:30pm Quilling Class 3pm Happy Hour and Birthday Celebration 6pm Hillbilly Rummy	27 10am Exercise DVD 11am Open Wii Bowling 1pm Ladder Golf 3pm BINGO 6:30pm Saturday Theater Theory of Everything
28 10am Sunday Stretch 12:15pm Sunday Dinner 2pm Group Sudoku 3:30pm Open Pinochle	29 10am Yoga w/ Sarah 11am Manicures 12:30pm Watercolor Class 3pm 'Wading Birds of Florida' By: Lori Jackson 6pm Open Euchre	30 Alzheimer's Bake Sale 10am Noodle-cise 11am Book Club 1pm Meet and Greet: Elf Ear Sphinx Kittens 3pm The Gorgeous Gallery Walk 6:30pm Did You Know?	31 10am Hand Weights 10:30am Catholic Communion 11am Women's Bible Study 1pm Crochet and Knitting 3pm Wine & Cheese Pairing with Chef Karen			