

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
COFFEE CLUB Sign up for Transportation Services Mon-Friday 8am to 3pm@ Front Desk Grocery & Pharmacy trips are on Tuesday's (SIGN UP) Trips and Outings are on Thursday's (SIGN UP)	COFFEE CLUB (C) 1 9:00 MeLisa's Juice Bar(C) 9:30 Monday Mimosas (C) 10:30 PB Exercise (FC) 11:00 Tai Chi & Meditation (CY) 12:00 International Chicken Wing Day! (CY) 1:30 Wood Chipping (AR) 1:30 Bingo (MR)	COFFEE CLUB (C) 2 9:30-10:30 Salon Hour (EL/ Game Room) 10:30-11:30 Reflexology (EL GR) Sign up 11:30 Grocery Store Trip (Sign Up @ FD) 12:00 World UFO Day/ Conspiracy Theories (MR) 1:15 Hand & Foot (B) 2:30 Calendar Review (MR) 2:30 Grocery Store Trip (Sign Up @ FD) 3:30 Happy Hour w/ Marco (B) 4:45 Play Cards w/ Friends (B)	COFFEE CLUB (C) 3 9:30 Tai Chi (CY) 10-12:00 BP Checks (CD) 10:00 Puppy Play Date (CY) 10:30 PB Exercise (FC) 11:15 Bible Study (PD) 1:30 Bingo (MR) 2:30 Rosary & Prayer (PD)	COFFEE CLUB (C) 4 10:00 Fourth of July Nail Art (ELGR) 11:00 Fourth of July Art Project (AR) 12:00 to 2:00 Fourth of July Lunch Buffett (B) 1:15 Hand & Foot (B) 3:30 Jay. J's 4th of July Performance (B) 4:45 Play Cards w/ Friends (B)	COFFEE CLUB (C) 5 9:30 Vet's Breakfast (EL AR) 9:30 Communion (MR) 10:30 PB Exercise (FC) 1:30 Quarter BINGO (MR) 2:30 Mobile Drink Cart (Rainbow Sherbet Punch) (C)	COFFEE CLUB (C) 6 10:30 Cardio Drumming (MR) 12:00 Freezer Jam w/ Sarah (Sign up EL AR) 2:00 Bull..... (card game) (B) 3:30 Sing Along w/ Chips and Dip (B)
COFFEE CLUB (C) 7 9:30 Sunday Mimosas (C) 10:30 ART-Sun Catchers (AR) 11:00 Church Service (MR) (EL AR) 12:00 Easy Cooking - Quesadillas (EL AR)	COFFEE CLUB (C) 8 9:00 MeLisa's Homemade Smoothies (C) 9:30 Monday Mimosas (C) 10:30 PB Exercise (FC) 11:00 Tai Chi & Meditation (CY) 1:30 Wood Chipping (AR) 1:30 Bingo (MR) 2:30 New Friend Welcome party (B) 3:00 Welcome Committee Meeting(B)	COFFEE CLUB (C) 9 9:30-10:30 Salon Hour (EL/ Game Room) 10:30-11:30 Reflexology (EL GR) Sign up 11:30 Grocery Store Trip (Sign Up @ FD) 1:15 Hand & Foot (B) 2:30 Grocery Store Trip (Sign Up @ FD) 3:30 Happy Hour Keith & ED (B) 4:45 Play Cards w/ Friends (B)	COFFEE CLUB (C) 10 9:30 Tai Chi (CY) 10:00 Singing Bowls w/Cristine (CY) 10-12:00 BP Checks (CD) 10:00 Puppy Play Date (CY) 10:30 PB Exercise (FC) 11:15 Bible Study (PD) 12:00 Book Club (EL AR) 1:30 Bingo (MR) 2:30 Rosary & Prayer (PD)	COFFEE CLUB (C) 11 10:00 Irish Coffee (CY) 11:00 Seated Cardio Drumming (CY) 11:00 Gelsosomo's Pizza (FD) sign up 1:15 Hand & Foot (B) 3:30 Happy Hour w/Darrell (B) 4:45 Play Cards w/ Friends (B)	COFFEE CLUB (C) 12 9:30 Communion (MR) 10:30 PB Exercise (FC) 11:00 Therapy Dog (CD) 11:00 Make A Friend Smile (B) 1:30 Quarter BINGO (MR) 2:30 Cornhole (EL) 3:00 Waxing w/Meg (ELGR)	COFFEE CLUB (C) 13 10:00 Cardio Drumming (MR) 11:00 Game Hour with Sarah (B) 1:30 National French Fry Day! (B) 3:00 Movie Matinee (MR)
COFFEE CLUB (C) 14 11:00 Church Service (MR) 11:00 Easy Cooking w/Sarah (Overnight Oats) (EL AR) 1:00 Game Hour (trivia) (B) 2:30 Nail Painting w/Sarah (ELGR)	COFFEE CLUB (C) 15 9:00 MeLisa's Juice Bar(C) 9:30 Monday Mimosas (C) 10:30 PB Exercise (FC) 1:00 Tai Chi & Meditation (CY) 1:30 Wood Chipping (AR) 1:30 Bingo (MR) 3:00 Acrylic Paint Pour (AR Sign up) 6:30 Game Hour (Dominos) (B)	COFFEE CLUB (C) 16 9:30-10:30 Salon Hour (EL/ Game Room) 10:30-11:30 Reflexology (EL GR) Sign up 11:30 Grocery Store Trip (Sign Up @ FD) 12:00 In The Kitchen (EL AR) Sign UP 1:15 Hand & Foot (B) 1:30 World Snake Day (educational) (EL AR) 2:30 Grocery Store Trip (Sign Up @ FD) 3:30 Happy Hour w/ Fred Walker (B) 4:45 Play Cards w/ Friends (B)	COFFEE CLUB (C) 17 9:30 Tai Chi (CY) 10-12:00 BP Checks (CD) 10:00 Puppy Play Date (CY) 10:30 PB Exercise (FC) 11:15 Bible Study (PD) 1:30 Bingo (MR) 2:30 Rosary & Prayer (PD) 3:00 Brownie Cookie Mobile Cart w/ Sarah (Cafe) 6:30 Beau's Band (CY)	COFFEE CLUB (C) 18 10:45 Shady Creek Winery (FD) Sign Up 12:00 Rewiring of the Mind (MR) 1:15 Hand & Foot (B) 2:00 Communion (MR) 3:30 Grilled Peaches & Ice-cream Social(CY) 4:45 Play Cards w/ Friends (B)	COFFEE CLUB (C) 19 9:30 Communion (MR) 10:30 PB Exercise (FC) 12:00 Watermelon Mules (CY) 12:30 Cornhole (CY) 1:30 Quarter Bingo (MR) 3:00 Strawberry Short Cake (B)Sign Up	COFFEE CLUB (C) 20 10:30 Cardio Drumming (MR) 11:00 Misbehavin Meads & Lunch (Sign up@FD) 12:00 Card Game Hour w/Sarah (B) 3:00 Art-Creating Tiles (AR)
COFFEE CLUB (C) 21 11am-1pm Sunday Brunch 2:30 Puppy Walk (FD) 4:00 Cards w/Friends (B) 5:00 Cornhole (EL) 6:00 P Lay Cards (B)	COFFEE CLUB (C) 22 9:00 MeLisa's Homemade Smoothies (C) 9:30 Monday Mimosas (C) 10:30 PB Exercise (FC) 11:00 Tai Chi & Meditation (CY) 12:30 Game Hour (B) 1:30 Wood Chipping (AR) 1:30 Bingo (MR)	COFFEE CLUB (C) 23 9:30-10:30 Salon Hour (EL/ Game Room) 11:30 Grocery Store Trip (Sign Up @ FD) 12:00 Ladies Luncheon (EL AR) Sign Up 1:15 Hand & Foot (B) 2:00 Resident Action/Forum (MR) 2:30 Grocery Store Trip (Sign Up @ FD) 3:30 Happy Hour w/ Doug Reba (B) 4:45 Play Cards w/ Friends (B)	COFFEE CLUB (C) 24 9:30 Tai Chi 10-12:00 BP Checks (CD) 10:00 Puppy Play Date (CY) 10:30 PB Exercise (FC) 11:00 Canvas Art Class (AR) 11:15 Bible Study (PD) 12:00 Book Club (EL AR) 1:30 Bingo (MR) 2:30 Rosary & Prayer (PD) 6:30 Full Moon & Tarot Social (CY)	COFFEE CLUB (C) 25 9:30:00 Irish Coffee (CY) 10:30:00 Tech Class (L) 12:00 National Hot Dog Day (CY) 1:15 Hand and foot (B) 2:00 Scalp Treatment (EL GR) Sign Up 1:00 Trip to the Salt Cave! (Sign up @ FD)	COFFEE CLUB (C) 26 9:30 Communion (MR) 10:00 Foot Spa' Pools & Mocktails (CY Sign Up) 10:30 PB Exercise (FC) 11:00 Therapy Dog (CD) 1:30 Quarter BINGO (MR) 3:00 Xmas in July Art Class (AR) 2:30 Cornhole (EL)	COFFEE CLUB (C) 27 9:30 Snacks & Coffee w/Sarah (C) 10:30 Cardio Drumming 12:00 Easy Cooking-No Bake Snacks (EL) 1:30 Game Hour w/ Sarah (B) 3:00 Movie Matinee (MR)
COFFEE CLUB (C) 28 11:00 Church Service (MR) 12:00 Farkle (Dice Game) (B) 1:30 Easy Cooking- No Bake Snacks (MR) 3:00-4:00 High Tea (EL AR) sign up	COFFEE CLUB (C) 29 9:30 Monday Mimosas (C) 10:30 PB Exercise (FC) 10:30 Tai Chi & Meditation (CY) 12:00 Communication 101 (MR) 1:30 Bingo (MR) 1:30 Wood Chipping (AR) 3:00 Make Your Own Lipstick (EL AR)	COFFEE CLUB (C) 30 9:30-10:30 Salon Hour (EL/ Game Room) 10:30-11:30 Reflexology (EL GR) Sign up 11:30 Grocery Store Trip (Sign Up @ FD) 12:30 -1:30 BLT's & Bloody Mary's (B) 1:15 Hand and Foot (B) 2:00 Art International Friendship Day (AR) 2:30 Grocery Store Trip (Sign Up @ FD) 3:30 Birthday Bash (B) 4:45 Play Cards w/ Friends (B)	COFFEE CLUB (C) 31 9:30 Tai Chi (CY) 10-12:00 BP Checks (CD) 10:00 Puppy Play Date (CY) 10:30 PB Exercise (FC) 11:00 Come to the islands for some Mai Tai's 11:15 Bible Study (PD) 1:30 Bingo (MR) 2:30 Rosary & Prayer (PD)			

Calendar Key:
 AR – Art Room
 B- Bistro
 C – Café

CD - Care Desk
 CY – Courtyard
 FD – Front Desk
 EL- EL Activity Room

L- Library
 MR-Media Room(2nd Floor)
 PD- Private Dining Room

ELGR-Enhanced Living
 Game Room

Any changes to the calendar
 will be posted on the chalk
 boards at both ends of the
 building.