

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11:00 Octo-Band Exercise 1:45 Mixing Mocktails 2:30 Birthday Bash with Rob Crozier 3:45 Courtyard Tennis (CY) 6:15 Monday Night Music: Jazz	2 11:00 Seated Yoga & Stretching 1:30 Family Lunch Outing: Zukey Lake Tavern 3:45 Balloon Toss 6:15 Daily Chronicle & Tea Time	3 11:00 Exercise: Roll The Dice 1:00 Piano Playing with Phyllis 2:00 Recipe Recall Trivia 3:45 52 Card Bingo 6:15 Spa Night - Manicures & Hand Massages	Independence Day 4 9:00 Outing: Ride-Along in the Ann Arbor 4th of July Parade 11:00 Seated Zumba & Singing 1:45 4th of July Coloring Corner 3:45 Patriotic Sing-a-Long 6:15 Nature Documentary: Our Planet	5 11:00 Cardio Drumming 1:00 Live Entertainment with Yuta (NL) 3:45 Book Club: Memory Lane 1940's 6:15 Movie Night: Westside Story	6 10:45 Coffee Chats & What Happened on this Day? 1:45 Wheel of Fortune 3:45 Talk & Toss Ball 6:15 Aromatherapy & Relaxing
7 10:45 Sunday Devotional & Hymn Sing 1:45 Spa Day Sunday 3:45 Travelogue 6:15 Evening Tea Time	8 11:00 Octo-Band Exercise 1:00 Cherry Spitting Contest & Traverse City Cherry Fudge Ice Cream (CY) 1:45 Po-Ken-O 3:45 Courtyard Cornhole (CY) 6:15 Monday Night Music: Classical	9 11:00 MOTIVATED Moving Group Exercise 1:30 Outing: Kerrytown Market Place 3:45 ABC Challenge Trivia 5:30 Daily Chronicle & Tea Time	10 9:00 Waffle Wednesday (MDR) 11:00 Exercise: Roll The Dice 1:00 Piano Playing with Phyllis 2:00 What to Pack? 3:45 Aqua Painting 6:15 Spa Night - Manicures & Hand Massages	11 11:00 Seated Zumba 1:45 Parachute Party 3:45 Craft Corner: Decoupage Canvases 6:15 Nature Documentary: Our Planet	12 11:00 Cardio Drumming 1:45 Uno! 3:45 Book Club: Memory Lane 1950's 6:15 Movie Night: The Greatest Showman	13 10:45 Coffee Chats & What Happened on this Day 1:45 Jigsaw Puzzles & Music 3:45 Pretty Poetry 6:15 Aromatherapy & Relaxing
14 10:45 Sunday Devotional & Hymn Sing 1:45 Spa Day Sunday 3:45 Travelogue 6:15 Evening Tea Time	15 11:00 Octo-Band Exercise 1:45 Paper Airplane Throwing Competition 2:30 Happy Hour with Jerry Perrine 3:45 Courtyard Ladder Ball (CY) 6:15 Monday Night Music: Oldies	16 11:00 Seated Yoga & Stretching 1:30 Outing: Yankee Air Museum 3:45 Family Feud 6:15 Daily Chronicle & Tea Time	17 11:00 Dart Ball 1:00 Piano Playing with Phyllis 2:00 Craft Corner: Vibrant Vases 3:45 52 Card Bingo 6:15 Spa Night - Manicures & Hand Massages	18 10:45 Baking Group: Lemon Bars 1:00 Sister Cities Celebration 3:45 Seated Zumba & Singing 6:15 Nature Documentary: Our Planet	19 11:00 Cardio Drumming 1:45 Music Bingo 3:45 Book Club: Memory Lane 1960's 6:15 Movie Night: BIG	20 10:45 Coffee Chats & What Happened on this Day? 1:45 LCR 3:45 Book Club: Chicken Soup Stories 6:15 Aromatherapy & Relaxing
21 10:45 Sunday Devotional & Hymn Sing 11:00 July Brunch 1:30 July Brunch 1:45 Spa Day Sunday 3:45 Travelogue 6:15 Evening Tea Time	22 11:00 Octo-Band Exercise 1:45 Recipe Recall Trivia 2:30 Happy Hour with Paul Koniarz 3:45 Craft Corner: Olympic Games Banner 6:15 Monday Night Music: Gospel	23 11:00 MOTIVATED Moving Group Exercise 1:30 Outing: Mill Pond Park: Olympic Games Kick-Off 3:45 Talk & Toss Ball 6:15 Daily Chronicle & Tea Time	24 11:00 Twister Bean Bag Exercise 1:00 Piano Playing with Phyllis 2:00 Olympic Games: Tennis 3:45 Creative Coloring Corner 6:15 Spa Night - Manicures & Hand Massages	25 11:00 Seated Yoga 1:45 Olympic Games: Shuffleboard 3:45 Craft Corner: Olympic Medals 6:15 Nature Documentary: Our Planet	26 11:00 Cardio Drumming 1:45 Olympic Games: Fencing 3:00 Olympic Games Award Ceremony (CY) 6:15 Movie Night: Three Men and a Baby	27 10:45 Coffee Chats & What Happened on this Day? 1:45 ABC Challenge Trivia 3:45 Jigsaw Puzzles & Music 6:15 Aromatherapy & Relaxing
28 10:45 Sunday Devotional & Hymn Sing 1:45 Spa Day Sunday 3:45 Travelogue 6:15 Evening Tea Time	29 10:45 Octo-Band Exercise 1:00 Culinary Showcase with Chef Adam - Pretzel Making (MC) 3:45 Courtyard Ring Toss (CY) 6:15 Monday Night Music: Resident's Choice	30 11:00 Seated Yoga & Stretching 1:30 Outing: Coffee at York Yard 3:45 Aqua Painting 6:15 Daily Chronicle & Tea Time	31 11:00 Courtyard Smoothies & Conversation 2:00-4:00 Splash Day Summerfest (ICY) 6:15 Spa Night - Manicures & Hand Massages			

Calendar Key:
 AL - Assisted Living
 MC - Memory Care
 A - Community Room A
 B - Community Room B
 TH - Theater
 NL - North Lobby
 CY - Courtyard
 PDR - Private Dining Room