July 28 - August 03 2024

## Memory Care's Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thurdsay	Friday	Saturday
28	29	30 Salon Day	31	01	02	03
Morning 9:45 MCA Sunday Devotionals 9:45 MCB Sunday Devotionals Exercise 10:30 MCA Toe Tapping Seated Dance 11:00 MCB Toe Tapping Seated Dance	Morning 8:00 MCA Daily Chronicles 8:30 MCB Daily Chronicles Exercise 10:30 MCA to MCB Full Body Movement	Morning 9:00 MCA Daily Chronicles 9:30 MCB Daily Chronicles 10:00 MCA Live Entertainment: Bill at the Piano Exercise 10:30 MCA to MCB Walking Club	9:30 MCB This Day in History	Morning 9:00 MCA This Day in History 9:30 MCB This Day in History <b>Exercise</b> 10:30 MCA to MCB Full Body Stretch	<b>Morning</b> 9:00 MCA Funny Fridays 9:30 MCB Funny Fridays <b>Exercise</b> 10:30 MCA to MCB Fitness with Fox Rehab	Morning 9:00 MCA Weekend Forecasting 9:30 MCB Weekend Forecasting 10:00 MCA Daily Chronicles and Current Events 10:30 MCB Daily Chronicles and Current Even
Afternoon Lunch Time Tunes Sit back and relax during meal time as we listen to our favorite tunes. 1:00 MCA Crosswords 2:00 MCB Crosswords Movie Matinee Love Lucy Life Skills Table Settings	2:00 MCB Bread/ MCA Creative Coloring	meal time as we listen to our favorite tunes. 1:00 MCB Live Entertainment: Bill at the Piano 1:00 MCA Manicures 2:00 MCB Manicures 3:00 MCA Bingo 3:30 MCB Bingo Life Skills	time as we listen to our favorite tunes. 1:30 MCA to MCB Exercise with TCT 2:00 MCB Flower Arrangements 3:00 MCA&MCB Out & About for Live Entortainment: Scott	Afternoon Lunch Time Tunes Sit back and relax during meal time as we listen to our favorite tunes. 1:00 MCA/MCB Virtual Concert & Mocktails: The Beatles 2:00 Outing: Scenic Tour Life Skills Give Back Thursday 3:00 MCA Welcome Bags 3:30 MCB Welcome Bags	Afternoon Lunch Time Tunes Sit back and relax during meal time as we listen to our favorite tunes. 1:00 MCA Nature Documentary 1:30 MCB Nature Documentary 2:00 Garden Chats Life Skill Baby Care	Afternoon Lunch Time Tunes Sit back and relax during meal time as we listen to our favorite tunes. Exercise 1:00 MCA Walker and Rollers 1:30 MCB Walker and Rollers Movie Matinee Bewitched Life Skills Table Setting
Evening Small Wind Down Group - 2 Choices: Community Puzzles & Reminiscing	Evening Small Wind Down Group - 2 Choices: Monday Meditation Dominos	Evening Small Wind Down Group - 2 Choices: Mad Libs Movie Matinee The Brady Bunch	Evening Small Wind Down Group - 2 Choices: Mad Libs Card Games	Evening Small Wind Down Group - 2 Choices: Records & Relaxation Domino's	Evening Small Wind Down Group - 2 Choices: Finish the Phrase Crosswords	Evening Small Wind Down Group - 2 Choices: Connect Four Dominos

