Independence Village of Grand Ledge

September 2024

Independent Living | Enhanced Living

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30am Donuts & Coffee (FL) 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Bingo (MAR)	Labor Day 2 10:30am Labor Day Bingo (MAR) 1:00pm Movie & Popcorn: Independence Day (G)	8:30am Meijer** I I:00am Weightlifting (MAR) I I:30am A&W Outing** I:30pm Community Q&A (MAR) 2:30pm Dominos (MAR) 6:15pm Bingo (MAR)	10:00am Crossword (MAR) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Lee Piper (MAR)	9:00am Manicures and Hand Massage (G) 1:15pm Bingo (MAR) 2:30pm Exercise w/ Powerback (MAR) 3:15pm Grief Group (MAR) 6:15pm Pokeno (MAR)	9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am 11:30am Sign Language (PDR) 1:30pm Quarter Card (MAR)	7 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 1:45pm Crafting Corner: Sun Flower Centerpieces (MAR)
Grandparents Day 9:30am Donuts & Coffee (FL) 10:00am Church Shuttle** 1 Iam&Ipm Grandparents Day Brunch (MD) 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Bingo (MAR)	9:00am Veteran's Breakfast (MD) 10:30am Senior Stretch (MAR) 11:00am Bible Study (PDR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 2:30pm Tea Tasting (MAR) 3:00pm Bingo Store (MAR)	8:30am Meijer** I 1:00am Weightlifting (MAR) I:00pm Mooville Outing** 2:00pm France Travel w/ Holly (MAR) 6:15pm Bingo (MAR)	9/11 Remembrance 11 10:30am 9/11 Hero's Walk (FL) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Ricky Nalett (MAR)	9:00am Manicures and Hand Massage (G) 1:30-3:00pm Beats & Eats Block Party (FL) 3:30pm True Crime Podcast (MAR) 6:15pm Pokeno (MAR)	Friday the 13th 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am 11:30am Sign Language (PDR) 1:30pm Quarter Card (MAR) 2:15pm Spooky Movie & Cocktails (G)	I 4 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 2:30pm Euchre Club (L)
9:30am Donuts & Coffee (FL) 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Bingo (MAR)	2:00pm Zumba (MAR)	2:30pm Meet & Greet w/ Max the	10:00am GL Crossword (MAR) 11:00am Hear USA (PDR) 1:30pm Local Wine Tasting (MAR) 2:30pm Music "In the Park" w/ Jerry Perrine (CY) 4:30pm A Taste of Grand Ledge	Be a Tourist 19 10:30am Grand Ledge Bingo (MAR) 1:15pm Sun Theatre Movie Outing** 2:30pm Exercise w/ Powerback (MAR) 3:15pm Grief Group (MAR)	Be a Tourist 20 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am 11:30am Sign Language (PDR) 2:00pm GL Tailgate Cart (RV) 6:30pm GL v Rams Football Game**	10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 2:30pm Crafting Corner: Fall Photo Frames (MAR)
9:30am Donuts & Coffee (FL) 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Bingo (MAR)	9:00am Ladies Breakfast (MD) 10:30am Senior Stretch (MAR) 11:00am Bible Study (PDR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 3:00pm September Birthday Party & Music w/ Al Firek (MAR)	2:00pm Culinary Menu Tasting	10:00am Crossword (MAR) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Dan Templin (MAR)	9:00am Manicures and Hand Massage (G) 10:00am Detroit Tigers Outing** 1:00pm Catholic Mass (MAR) 2:30pm Exercise w/ Powerback (MAR) 3:30pm Crime Podcast (MAR) 6:15pm Pokeno (MAR)	Team 2: 10:45am 11:30am Sign Language (PDR)	10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 2:30pm Crafting Corner: Halloween Bats & Spiders (MAR)
9:30am Donuts & Coffee (FL) 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Bingo (MAR)	9:00am Men's Breakfast (MD) 10:30am Senior Stretch (MAR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 2:30pm Activity Q&A (MAR)			Blood Pressure Clinic occurs each Thursday at 11:00am in the Main Activity Room	*= you need to sign-up for the activity outside of the Main Activity Room ** = you need to sign-up for the activity at the Shuttle Station	
Calendar Key:	CY – Courtyard	MD- Main Dining Room			·	

C – Cafe FL – Front Lobby

FL – Front Lobby MAR– Main Activity Room CY – Courtyard G – Garden Room USR – Upstairs Reading

MD- Main Dining Room
EP - Enhanced Parking Lot
BY Boom Visit

RV - Room Visit SP- StoryPoint Independence Village SENIOR LIVING