Independence Village of Grand Ledge

September 2024 Life Enrichment Monthly Calendar

Memory Care	0	Life Enrichment Monthly Calendar			Activities are subject to change	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
I 0:30am Devotionals & Exercise I 1:30am Life Skills: Sort Buttons I:30pm Hymn Sing 4:00pm Fact or Fiction 6:00pm Meditation	Labor Day 2 10:00am Exercise with Sports 1:30pm Movie and Popcorn	3 10:00am Daily Devotionals 10:30am Chair Exercise 11:30am Life Skills: Fold Laundry 2:30pm Creature Chronicles 6:00pm Ambient Sounds w/ Alexa	4 10:30am Dog Visits 11:30am Life Skills: To-Do Lists 1:00pm Music w/ Lee Piper (AL) 2:30pm Happy Hour 3:30pm Bingo (AL) 6:00pm Wednesday Word Search	5 10:00am Daily Devotionals 10:30am Cardio Drumming 11:30am Life Skills: Set the Table 2:30pm Manicures 6:00pm Adult Coloring	6 10:00am Daily Devotionals 10:30am Kickball 2:00pm Ball Toss 3:30pm Positive Pop-Ins 6:00pm Nature Sounds w/ Alexa	7 9:15am Daily Devotionals 3:30pm Crafting Corner: Sun Flower Centerpieces 6:00pm Lavender Lotion
Grandparents Day811am & Ipm Grandparents DayBrunch (IV)1:30pm Hymn Sing4:00pm Fact or Fiction6:00pm Meditation	9 10:30am Daily Devotionals 10:45am Chair Exercise 11:30am Life Skills: Grocery List 2:45pm Zumba w/ Margie 3:30pm Candy Bar Bingo (AL) 6:00pm Monday Movie	10:00am Daily Devotionals 10:30am Chair Exercise 11:30am Life Skills: Fold Laundry 2:00pm Make Ants on a Log 3:00pm France Travel w/ Holly (AL) 6:00pm Ambient Sounds w/ Alexa	9/11 Remembrance 11 10:00am 9/11 Hero's Walk 1:00pm Music w/ Ricky Nalett 2:30pm Happy Hour 3:30pm Bingo (AL) 6:00pm Wednesday Word Search	12 10:00am Daily Devotionals 10:30am Cardio Drumming 11:30am Life Skills: Set the Table 1:30-3:00pm Beats & Eats Block Party (IV) 6:00pm Adult Coloring	Friday the I3th1310:00am Daily Devotionals10:30am Kickball2:30pm Spooky Movie &Mocktails3:30pm Positive Pop-Ins6:00pm Nature Sounds w/ Alexa	4 10:00am Daily Devotionals 10:30am Chair Yoga 3:00pm The History of Comic Strips 3:30pm Name that Dynamic Due 6:00pm Lavender Lotion
15 10:30am Devotionals & Exercise 11:30am Life Skills: Sort Buttons 1:30pm Hymn Sing 4:00pm Fact or Fiction 6:00pm Meditation	Be a TouristI 610:00am Where Are You From?11:30am Life Skills: Grocery List1:00pm History of Grand Ledge(IV)2:45pm Zumba w/ Margie3:30pm Candy Bar Bingo (AL)6:00pm Monday Movie	Be a Tourist1710:00am Give Back: Grand LedgeFootball Team2:30pm Tour of Grand LedgeOuting4:00pm Meet & Greet w/ Max theFerrari Cat6:00pm Ambient Sounds w/ Alexa	 10:00am Grand Ledge Crossword 1:00pm Music w/ Jerry Perrine (AL) 3:00pm Local Dip Tasting 4:30pm A Taste of Grand Ledge 	Be a Tourist1910:30am Grand Ledge Bingo1:30pm Sun Theatre MovieOuting2:30pm Movie and Popcorn6:00pm Adult Coloring	Be a Tourist2010:00am Daily Devotionals10:30am Kickball1:30pm GL Tailgate Cart3:30pm Positive Pop-Ins6:00pm Nature Sounds w/ Alexa	21 10:00am Daily Devotionals 10:30am Chair Yoga 3:00pm Who was Grandma Moses? 3:30pm Crafting Corner: Bob Ross Paint-Along 6:00pm Lavender Lotion
22 10:30am Devotionals & Exercise 11:30am Life Skills: Sort Buttons 1:30pm Hymn Sing 4:00pm Fact or Fiction 6:00pm Meditation	23 10:30am Daily Devotionals 10:45am Chair Exercise 11:30am Life Skills: Grocery List 2:45pm Zumba w/ Margie 3:30pm Candy Bar Bingo (AL) 6:00pm Monday Movie	24 10:00am Daily Devotionals 10:30am Chair Exercise 11:30am Life Skills: Fold Laundry 1:30pm Creature Chronicles 3:00pm September Birthday Party 6:00pm Ambient Sounds w/ Alexa	25 10:30am Dog Visits 11:30am Life Skills: To-Do Lists 1:00pm Music w/ Dan Templin 2:30pm Happy Hour 3:30pm Bingo (AL) 6:00pm Wednesday Word Search	26 10:00am Daily Devotionals 10:30am Cardio Drumming 11:30am Life Skills: Set the Table 1:00pm Catholic Mass (IV) 2:30pm Culinary Menu Tasting Event (AL) 6:00pm Adult Coloring	27 10:00am Daily Devotionals 10:30am Kickball 2:00pm Afternoon Movie & Popcorn 3:30pm Positive Pop-Ins 6:00pm Nature Sounds w/ Alexa	28 10:00am Daily Devotionals 10:30am Chair Yoga 3:00pm International Day of Peace Project 3:30pm Catchphrase 6:00pm Lavender Lotion
29 10:30am Devotionals & Exercise 11:30am Life Skills: Sort Buttons 1:30pm Hymn Sing 4:00pm Fact or Fiction 6:00pm Meditation	30 10:30am Daily Devotionals 10:45am Chair Exercise 11:30am Life Skills: Grocery List 2:45pm Zumba w/ Margie 3:30pm Candy Bar Bingo (AL) 6:00pm Monday Movie					
Calendar Key: AL - Assisted Living IV - Independence Village						Independence Village SENIOR LIVING

4

P - Patio

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