

# Grace Haven Assisted Living and Memory Care

# September 2024

Assisted Living | Comfort Care

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00 Coffee Bar and Conversation (L) 11:00 Church Service and Songs (MC) 1:30 Groovin' Grace Haven Zumba (PD) 5:45 Resident Walking Club	<b>Labor Day 2</b> <b>World Beard Day</b> 10:30 Funny Photo's with Beards (L) 1:30 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 4:15 Mobile Cart: Pop	<b>3</b> 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 1:30 Cardio Drumming (MC) 3:00 Briggs Library (PD) 5:45 Hand Massages (MC)	<b>Brooke's Birthday 4</b> 10:00 Pet Therapy with Denise and Ruby 11:30 Marching Exercise (PD) 3:15 Music with Wendy (MC) 5:45 Happy Hour: Extra Dessert Drink (L)	<b>Samantha's Birthday 5</b> 10:30 Women's Group: Organic Facials (B) 2:00 Games (MD) 3:30 Exercise (MD) 4:15 Craft: Fall Leaf and Ornament Decorating and Chat (PD)	<b>Clyde's Birthday 6</b> 10:00 Walmart Shopping Outing 11:30 Chair Synchronized Swimming Exercise (O) 1:30 Bingo (MD) 3:30 Fall/ September Jeopardy Game (PD)	<b>7</b> 10:30 Fall Dance Freeze Exercise Video (MC) 1:30 Craft: Give Back Bookmarks for the Library (MC) 5:45 Saturday Movie and Popcorn (MC)
<b>Grandparent's Day 8</b> 11:00 Church Service and Songs (MC) 2:30 Grandparents Day Ice Cream Social Event 3:30 Tactile Ball Exercise (MC) 5:45 Resident Lead Euchre	<b>Boxed Wine Day 9</b> 10:30 Craft: Decorate our Boxes (PD) 1:30 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Happy Hour: Boxed Wine (L)	<b>10</b> 10:00 Catholic Service and Rosary (PD) 2:00 Italian Cream Soda's Bar (L) 3:00 Zumba with Margie (MD) 5:45 Hug Your Favorite Staff	<b>11</b> 10:30 September 11th Memorial Event (L) 1:15 Manicures (MC) 2:15 Manicures (B) 3:30 Walking Club (O) 5:45 Happy Hour: Apple Pie Sangria (L)	<b>Breanna's Birthday 12</b> 10:30 Culinary Showcase with Sous Chef Quinn (L) 11:30 Decorate Cookies for Staff (CD) 2:00 Games (MD) 3:30 Exercise (MD)	<b>Roxanne's Birthday 13</b> 10:00 Resistance Band Exercise (MC) 1:30 Bingo (MD) 3:15 Music with Marty (MD) 5:45 Happy Hour: Friday the 13th Drink and Friday the 13th Trivia (L)	<b>14</b> 10:30 Cooking Club: Making Chocolate Candies 2:00 Balloon Badmitten (PD) 5:45 Essential Oils, Relaxation, and Hydration (MC)
<b>15</b> 11:00 Church Service and Songs (MC) 11:30 Men's Group: Fall Fun (PD) 3:00 Meditation Exercise and Calming Music and Sounds (PD)	<b>Tattoo Stories 16</b> 10:30 Tattoo's and Tattoo Stories (L) 1:30 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 What Would You Rather Do? Game (MC)	<b>Country Music Day 17</b> 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 1:30 Exercise From the 50's, 60's, and 70's (MC) 3:00 Sing A Long Country (L)	<b>18</b> 10:00 Manicures (MC) 11:00 Music with Tess (MD) 1:30 Manicures and Music (B) 3:00 Scarf Exercise (MC) 5:45 Happy Hour: Cozy Fire Drink (L)	<b>Brunetta's Birthday 19</b> 10:00 New Menu's Culinary Showcase (L) 11:00 Missy's Equipment Safety Seminar and Guidance (L) 2:00 Games (MD) 3:30 Exercise (MD)	<b>Fruit Punch Day 20</b> 10:00 Fruit Punch Mobile Cart 11:00 Fiesta Charra Mexican Restaurant Outing 1:30 Bingo (MD) 3:00 Chair Yoga and Deep Breathing (PD)	<b>World Alzheimer's Day 21</b> 10:30 Purple Alzheimer's Awareness Parade and Award 1:30 Scalp and Head Massages (PD) 3:30 Farkle Game (MD) 5:45 Relax Exercise (PD)
<b>22</b> 11:00 Church Service and Songs (MC) 1:30 (New) Friend Welcome Party and Social Time (PD) 2:30 Cornhole (MD) 3:30 Crosswords (PD)	<b>Day of Sign Language 23</b> 10:30 Jen and Frankie Therapy 1:30 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 4:15 Sips and Sign Language (L)	<b>24</b> 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 3:00 Zumba with Margie (MD) 5:45 Hymns (MC)	<b>25</b> 10:30 Lindsey's Tech Time 1:30 Resident Council (PD) 3:30 Laughter Yoga (MC) 4:45 Resident Birthday Celebration 5:45 Happy Hour: Wonder What It Will Be Drink (L)	<b>Love Note Day 26</b> 10:30 Food Committee with Chef Jason (L) 11:00 Bingo Store and Love Note Writing and Sending (PD) 2:00 Games (MD) 3:30 Exercise (MD)	<b>Bill's Birthday Chocolate Milk Day 27</b> 10:30 Music with Cliff Thelen (MD) 1:30 Bingo (MD) 3:30 Chocolate Milk Mobile Cart 5:45 Before Bed Meditation	<b>28</b> 10:30 Don't Burst My Bubble Game (MD) 1:30 Men's Group: Apple Orchards (PD) 2:30 Current Events (MC) 5:45 Swimming Aerobics (PD)
<b>29</b> 11:00 Church Service and Songs (MC) 1:30 Sit and Be Fit Exercise (PD) 5:45 Resident Lead Card Games and Hydration Drinks (CD)	<b>Hot Cider Day 30</b> 10:30 Celebration of Life Ceremony (L) 1:30 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Hot Cider Drink Mobile Cart			Help us to celebrate National Assisted Living Week September 8th- 14th.		

**Calendar Key:**  
**MD** – Main Dining  
**MC** – Memory Care  
**PD** – Private Dining  
**CD** – Cooking Room  
**L** – Lobby  
**P** - Patio  
**O** - Outside  
**B**- Beauty Salon  
**H**- Hall