## Danbury Broadview Heights

## September 2024 Life Enrichment Monthly Calendar

Independent Living | Assisted Living

Activities are subject to change.

1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 Catholic Mass CH 43 - T 10:30 Exercise AR 11:00 Trivia - AR 1:30 Guardians Game - P 2:30 Marion's Ball Toss - AR 3:30 Lite Walk Outside, meet in front lobby.	9:30 Key to Garden Group - B 10:30 Moves with Marion - AR 11:00 Trivia - AR 1:30 Bingo - AR 3:00 Book Club - L 4:00 Guardians Game - P	9:00 Communion - T 10:30 Lite Workout - AR 11:00 Trivia - AR 1:30 Craft's with Val - AR 2:30 Seated Tap - LR 3:30 Afternoon Stretches - AR 4:00 Wii Games - LR	4 10:30 Ribbon Exercise - AR 11:00 Trivia - AR 1:00 Shoulder Massage -T 2:30 Rundle Singing Hands - AR 3:30 Golfing - AR 3:30 Poker - P 6:30 Bingo - AR	5 10:30 Trip to the Gym 11:00 Trivia - AR 1:30 Exercise - AR 2:30 Bingo - AR 4:00 Meet and Greet, Meet a new friend in the neighborhood - P	9:00 Donuts - B 10:00 Rosary - L 10:30 Create a Better You- AR 11:00 Word Scramble - AR 2:30 Happy Hour 6:00 Friday Night Film - T	9:30 Music and Manicures - AR 10:30 Saturday Stretches - AR 11:00 Trivia - AR 1:30 Bingo - AR 3:00 Corn Hole on the Back Patio 4:00 Cards of your choice - AR
	Grand Parents Day 9:00 Assumption Church 10:00 Catholic Mass CH 43 - T 10:30 Sunday Stretches - AR 11:00 Word Scramble - AR 1:30 Left Right Center - AR 4:00 Guardians Game - B 4:00 Browns Football Home Opener Party - P	10:00 Outing: Marc's 9 10:30 Drum Circle -AR 11:00 Jeopardy - AR 1:30 Health Chat with Candias in the Pub 3:00 Book Club - L 6:30 Outing: Eliot Ness Presentation at the Broadview Historical Center	City Of Broadview Heights 1:30 Laughter Yoga - AR 2:30 Chair Travel Through Broadview Heights - T	11 10:30 Bingo with the Mayor Sam Alai - AR 1:30 Shoulder Massage - T 2:30 Afternoon Exercise - AR 3:30 Poker - P 6:30 Chair Travel through 9/11 - T	12 10:00 Seated Rhythm - AR 11:00 Guess the Clue - AR 1:00 Bingo- AR 2:30 Treats from Michael Angelo's - P 6:00 Cards with the Lions Club - P	Friday The 13th 13  10:00 Rosary - L 10:30 Create a Better You - AR 11:00 Fill in the Blank -AR 2:30 Happy Hour with Tony - P 6:00 Friday Night Flick - T	9:30 Music and Manicures - AR 10:30 Morning Exercise - AR 11:30 Summer Luau Party on the Back Patio 2:30 Enjoying a Fun Game of Monopoly (Regular or Giant Size) - AR
	15 10:00 Catholic Mass CH 43 - T 10:30 Exercise AR 11:00 Word Scramble - AR 1:00 Browns Game - P 3:30 Fresh Air by the Front Entrance	9:30 Key to Gardening Group - B 10:00 Outing Dollar Tree 10:00 Exercise on Back Patio 11:00 Jeopardy - AR 1:30 Bingo - AR 3:00 Book Club - L	1:30 Tech Talk- P	10:30 Chair Chi - AR 11:00 Trivia - AR 1:30 Shoulder Massage - T 2:00 Ladies Tea Party 3:30 Poker - P 6:30 Bingo	19 10:30 Morning Exercise - AR 11:00 Guess the Clue - AR 1:00 Resident Council - P 2:30 Bingo - AR 4:00 Balloon Volleyball - AR	10:00 Rosary - L 11:00 Trivia - AR 1:30 Afternoon Exercise - AR 2:30 Happy Hour/ Showcase with Chef Mike - P 4:00 Activity Packet - FD	9:30 Music and Manicures - AR 10:30 Stretches -AR 11:00 Church Music and Message from Broadview Ht Baptist - AR 1:30 Indoor Golfing - AR 2:30 Fresh Popcorn - B 3:00 Movie of your choice - T
	Fall Begins 22  10:00 Catholic Mass CH 43 - T 10:30 Exercise AR 11:00 Trivia - AR 1:00 Browns Game - P 2:00 Baseball Game - B 2:30 Balloon Volleyball - AR 3:30 Corn Hole - BP	10:00 Outing: Walmart 10:30 Moves with Marion and staff - AR 11:00 Fill in the Blank -AR 1:30 Bingo - AR 2:30 Lolita Jones Gospel Singer - LR 3:00 Book Club - L	11:00 Fun Trivia - AR 1:30 Craft's with Val - T 3:00 Yarn Connectors - L	10:30 Chair Chi - AR 11:00 Trivia - AR 11:30 Outing Bob Evans 1:30 Fall Decorating - FL 3:30 Poker - B 6:30 Bingo - AR	8:30 Men's Breakfast - P 10:00 Seated Rhythm - AR 11:00 Word Scramble - AR 1:30 Bingo (Resident Lead) - AR 3:30 Marion Ball Toss - LR 6:00 Cards with the Lions Club - P	11:00 Trivia - AR 1:30 Afternoon Exercise - AR 2:30 Happy Hour/ Birthday	9:30 Music and Manicures - AR 11:00 Exercise -AR 1:30 Trivia - AR 2:30 Bingo - AR 4:00 Left Right Center - AR
Ž	10:00 Catholic Mass CH 43- T 10:30 Exercise -AR 11:00 Trivia - AR 1:00 Pet Therapy Visit -FL 1:30 Guardian Game - P 2:30 Front Entrance Patio Conversation with a popsicle 4:30 Browns Game - P	9:30 Putting the Beds to Rest - BP 10:00 Outing: Aldi's 10:30 Moves with Marion and staff - AR 11:00 Fill in the Blank -AR 1:30 Bingo - AR 3:00 Book Club - L					
	Calendar Key: B - Bistro P - Pub FD - Front Desk	LR - Second FL Livingroom FL – Front Lobby BP - Back Pato AR - Activity Room	L – Library DR - Dining Room	Robert E Sept 10th Barb C Sept 11th	Lourie O Sept 12th Howard D 16th Ingrid S Sept 16th Linda S Sept 21st		Danbury Senior Living