TH - Theater

SL - South Lobby

September 2024 Life Enrichment Monthly Calendar

Independent Living | Enhanced Living

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:15 Coffee Bar (NL) 11:00 Hope & Love Ministries (TH) 11:00 Church Outing: St. Andrew the Apostle Catholic Church 1:00 Movie Matinee: Little Women (2019) (TH) 3:30 Weights & Stretching (B)	P:30 Resident Led: Walking Club (B) 12:00 Labor Day Buffet (MDR) 1:00 Live Entertainment with Marsha Mumm (TH) 2:30 Craft Corner: Paper Flower Wreaths (B)	10:00 Coffee with Paul (B) 10:30 Balance in Action (A) 11:15 Outing: Walmart 1:00 Activity Planning Meeting (A) 3:30 Quarter Bingo (A) 7:00 Game Night: Uno! (NL)	10:00 Coffee & Tea with Jodi (B) 10:30 Balance in Action (A) 1:00 Music Appreciation Hour - Steel Drums & Reggae (TH) 2:00 Spa Hour - Manicures, Hand Massages, and Facials (A) 3:30 Happy Hour (Pub) Featured Drink: White Wine Sangria	10:00 Outing: University of Michigan Museum of Art 11:00 Blood Pressure Clinic (W) 10:30 Cardio Drumming (A) 1:00 Words in Word Trivia (TH) 2:00 How to Play Pinochle (B) 3:30 Quarter Bingo (A)	10:00 Yoga with Celia (A) 10:45 Catholic Communion (TH) 12:00 Library Book Cart (NL) 1:00 Card Hour: Euchre (B) 2:00 Therapy Dog Visits with Teddy (NL) 3:30 Sing-Along Sessions with Bob & Phyllis (TH)	7 10:15 Coffee Bar (NL) 12:00 Football Game: UofM vs Texas (Pub) 1:00 Resident Led Game Hour (A) 3:30 Football Game: MSU vs Maryland (Pub)
8 10:15 Coffee Bar (NL) 11:00 Hope & Love Ministries (TH) 1:00 Movie Matinee: Dead Poets Society (TH) 3:30 Weights & Stretching (B) GRANDparents Day Treat! - Check Your Mailbox	9:30 Walking Club (B) 10:30 Cardio Drumming (A) 1:00 September Birthday Bash - Live Entertainment with Rob Crozier (TH) 2:30 Baking Group: Elwyn's Banana Walnut Bread (B) 3:30 Chair Volleyball (A)	10:30 Balance in Action (A) 11:15 Outing: Meijer 1:00 Tik Tok Tuesday (NL) 2:00 Bible Study with Cathy (PDR) 3:30 Quarter Bingo (A) 7:00 Game Night: Uno! (NL)	8:46 9.11 Moment of Silence at South Lobby Flag Pole 9:00 Waffle Wednesday (NL) 10:30 Balance in Action (A) 1:00 Bunco (A) 2:00 Spa Hour - Manicures, Hand Massages, and Facials (A) 3:30 Pickle Party Happy Hour (Pub) Featured Drink: Pickle Back	10:30 Cardio Drumming (A) 11:30 Lunch Bunch Outing: Union Rec 2:00 Recipe Recall Trivia (B) 3:30 Quarter Bingo (A)	10:00 Yoga with Celia (A) 10:45 Catholic Communion (TH) 12:00 Library Book Cart (NL) 1:00 Card Hour: Euchre (B) 3:30 Staged Reading (A)	I 4 10:15 Coffee Bar (NL) 12:00 Football Game: UofM vs AR State (Pub) 1:00 Ingrid's Cooking Demo - Come "Watch It & Eat It" (A) 3:30 Football Game: MSU vs Prairie View (Pub)
Be A Tourist in Your 15 Town Week >>> 11:00 Be A Tourist in Your Town Kickoff with Saline Mayor Brian Marl (MDR) 11:00 September Brunch (MDR) 11:00 Hope & Love Ministries (TH) 1:30 September Brunch (MDR)	9:30 Walking Club (B) 10:30 Cardio Drumming (A) 1:00 Live Entertainment with Al Firek (TH) 3:30 Learn About Saline with Saline Local Katie Jacobsen (TH) 7:00 Movie Night: Flipped (TH)	10:30 Balance in Action (A) 11:00 Watercolor Painting with White Pine Studios (B) 11:15 Outing: Walmart 2:00 Culinary Showcase with Chef Adam (A) 3:30 Quarter Bingo (A) 7:00 Game Night: Rummikub (NL)	18 10:30 Balance in Action (A) 1:00 Spa Hour - Manicures, Hand Massages, and Facials (A) 2:00 Wellness Chat with Kristin (B) 3:30 Saline Themed Happy Hour (Pub) Featured Drink: Saline Hornet 6:30 Saline Cheer Team Meet & Greet (NL)	I I:00 Blood Pressure Clinic (W) I:30 Musical Theatre Lecture Series -	10:00 Yoga with Celia (A) 10:45 Catholic Communion (TH) 12:00 Library Book Cart (NL) 1:00 Veteran's Club & Coffee Hour with American Legion Post 46 (B) 4:00 - 7:00 Be A Tourist Block Party Finale Featuring the Saline Fiddlers (CY)	10:15 Coffee Bar (NL) 1:00 Resident Led Game Hour (A) 3:30 Football Game: UofM vs USC (Pub) TBD Football Game: MSU vs Boston College (Pub)
10:15 Coffee Bar (NL) 11:00 Hope & Love Ministries (TH) 1:00 Movie Matinee: The Secret Life of Walter Mitty (TH) 3:30 Weights & Stretching (B)	9:30 Walking Club (B) 10:30 Cardio Drumming (A) 1:00 Live Entertainment with Steve Kovich (TH) 2:30 Baking Group: Homemade Brownie Sundaes (B) 3:30 Chair Volleyball (A)	10:30 Balance in Action (A) 11:15 Outing: Meijer 1:00 New Resident Welcome Event - Royal Frosting Cookie Decorating (A) 2:00 Bible Study with Cathy (PDR) 3:00 Communion with First Presbyterian Church of A2 (B) 3:30 Quarter Bingo (A) 7:00 Game Night: Sorry! (NL)	10:30 Balance in Action (A) 1:00 Bunco (A) 2:30 Roy Presents - Finland: The Birth Country of my Grandparents (TH) 3:30 Happy Hour (Pub) Featured Drink: September Punch 5:00 Hot Dog and Harleys Picnic Dinner (CY)	9:00 Outing: Whitepine Studio Art - Sunflower Ceramic Pendant Art 10:30 Cardio Drumming (A) 1:00 Resident Forum (TH) 2:30 Giant Group Crossword (TH) 3:30 Quarter Bingo (A)	10:00 Yoga with Celia (A) 10:45 Catholic Communion (TH) 11:30 Book Club: The Personal Librarian (B) 1:00 Card Hour: Euchre (B) 2:00 Therapy Dog Visits with Teddy (NL) 3:30 Cryptid Conversation and Presentation - Proof of Bigfoot (TH)	10:15 Coffee Bar (NL) 1:00 Resident Led Game Hour (A) TBD Football Game: UofM vs Minnesota(Pub) TBD Football Game: MSU vs Ohio State (Pub)
10:15 Coffee Bar (NL) 11:00 Hope & Love Ministries (TH) 1:00 Movie Matinee: Knifes Out (TH) 3:30 Weights & Stretching (A)	9:30 Walking Club (B) 10:30 Cardio Drumming (A) 1:00 StoryPoint Stories - Elaine G. Life Story in Song (TH) 3:00 Paper Airplane Making & Contest (NL) 5:00 Mix & Mingle Dinner Service (MDR) 7:00 Resident Led Billiards Hour (A)					
Calender Key: A – Community Room A B - Community Room B TH - Theater	NL - North Lobby MDR - Main Dining Room Pub - Pub SL - South Lobby	CY - Courtyard AL - Assisted Living MC - Memory Care W - Wellness Desk	L - Independent Library PDR - Private Dining Room ELDR - Enhanced Living Dining Room			STORYPOINT Senior Living

Dining Room

W - Wellness Desk