

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 8:30am Meijer** 11:00am Weightlifting (MAR) 1:30pm Community Q&A (MAR) 2:30pm Resident Ambassador Meeting (MAR) 6:15pm Bingo (MAR)	<b>2</b> 10:00am Crossword (MAR) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music (MAR) 6:15pm Resident Run Games (MAR)	<b>3</b> 9:00am Manicures and Hand Massage (G) 1:15pm Bingo (MAR) 2:30pm Exercise w/ Powerback (MAR) 3:15pm Grief Group (MAR) 6:15pm Pokeno (MAR)	<b>4</b> 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am 11:30am Sign Language (PDR) 1:30pm Quarter Card (MAR) 2:15pm Movie & Popcorn: Ghostbusters (MAR)	<b>5</b> 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 1:45pm Crafting Corner: Masquerade Mask Masking (MAR)
<b>6</b> 9:30am Donuts & Coffee (FL) 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Bingo (MAR)	<b>7</b> 9:00am Veteran's Breakfast (MD) 10:30am Senior Stretch (MAR) 11:00am Bible Study (PDR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 3:00pm Bingo Store (MAR)	<b>8</b> 8:30am Meijer** 10:30am Spirit Halloween & Panera** 11:00am Weightlifting (MAR) 2:00pm Oktoberfest Pub Crawl (FL) 6:15pm Bingo (MAR)	<b>9</b> 10:00am Jeopardy (MAR) 11:00am Balance Clinic (MAR) 11:00am Hear USA (FL) 1:00pm Book Club (USR) 2:00pm Happy Hour: Rose Spritz (MAR) 2:30pm Music w/ Fred Walker (MAR)	<b>10</b> 9:00am Manicures and Hand Massage (G) 1:15pm Bingo (MAR) 2:30pm Exercise w/ Powerback (MAR) 3:30pm True Crime Podcast (MAR) 6:15pm Pokeno (MAR)	<b>11</b> 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am 11:30am Sign Language (PDR) 12:00pm Chili Cook-Off (MAR)* 1:30pm Quarter Card (MAR) 2:30pm Dominos (MAR)	<b>12</b> 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 2:30pm Euchre Club (L)*
<b>13</b> 9:30am Donuts & Coffee (FL) 10:00am Church Shuttle** 11am&1pm October Brunch (MD) 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Bingo (MAR)	<b>14</b> 10:00am Welch Historical Museum** 10:30am Senior Stretch (MAR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 3:00pm October Birthday Party & Music w/ Jay Corey (MAR)	<b>15</b> 8:30am Meijer* 10:30am Fall Color Tour** 11:00am Weightlifting (MAR) 2:00pm Culinary Showcase: A Taste of Fall (MAR) 3:00pm Laurus Q&A (MAR) 6:15pm Bingo (MAR)	<b>16</b> 10:00am Crossword (MAR) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Cheryl (MAR) 3:30pm Veterans Meeting (PDR) 6:15pm Resident Run Games (MAR)	<b>17</b> 9:00am Manicures and Hand Massage (G) 12:00pm Class Reunion Luncheon (MAR)* 2:15pm Bingo (MAR) 3:15pm Grief Group (MAR) 6:15pm Pokeno (MAR)	<b>18</b> 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am 11:30am Sign Language (PDR) 1:30pm Quarter Card (MAR) 2:15pm Movie & Popcorn: Beetlejuice (MAR)	<b>19</b> 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 2:30pm Crafting Corner: Pumpkin Painting (MAR)
<b>20</b> 9:30am Donuts & Coffee (FL) 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Bingo (MAR)	<b>21</b> 9:00am Ladies Breakfast (MD) 10:30am Senior Stretch (MAR) 11:00am Bible Study (PDR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 2:30pm Fall Tea Tasting (MAR)	<b>22</b> 8:30am Meijer** 11:00am Weightlifting (MAR) 1:00pm Cider Mill Outing** 2:00pm Donuts and Cider Bar (MAR) 2:30pm Balance Assessment w/ Powerback (MAR)* 6:15pm Bingo (MAR)	<b>23</b> 10:00am Jeopardy (MAR) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Billy McAllister (MAR)	<b>24</b> 9:00am Manicures and Hand Massage (MAR) 1:00pm Catholic Mass (MAR) 4:00-6:00pm 25th Anniversary Celebration (Throughout the Building)	<b>25</b> 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am 11:30am Sign Language (PDR) 1:30pm Quarter Card (MAR) 2:30pm Dominos (MAR)	<b>26</b> 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 2:30pm Halloween Cookie Decorating (MAR)
<b>27</b> 9:30am Donuts & Coffee (FL) 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Bingo (MAR)	<b>28</b> 9:00am Men's Breakfast (MD) 10:30am Senior Stretch (MAR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 2:30pm Activity Q&A (MAR)	<b>29</b> 8:30am Meijer** 11:00am Weightlifting (MAR) 11:30am Longhorn Steakhouse** 2:00pm Reverse Trick-or-Treat Cart (RV) 6:15pm Bingo (MAR)	<b>30</b> 10:00am Crossword (MAR) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Mike Coll (MAR) 6:15pm Resident Run Games (MAR)	<b>Halloween 31</b> 10:00am Halloween Bingo (MAR) 1:30pm Exercise w/ Powerback (MAR) 3:00pm Halloween Party (MAR) 4:30pm Halloween Parade (FL) 6:15pm Pokeno (MAR)	Blood Pressure Clinic occurs each Thursday at 11:00am in the Main Activity Room	*= you need to sign-up for the activity outside of the Main Activity Room  ** = you need to sign-up for the activity at the Shuttle Station

**Calendar Key:**  
C – Cafe  
FL – Front Lobby  
MAR– Main Activity Room

CY – Courtyard  
G – Garden Room  
USR – Upstairs Reading Room

MD– Main Dining Room  
EP – Enhanced Parking Lot  
RV - Room Visit  
SP- StoryPoint