

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*= you need to sign-up for the activity outside of the Main Activity Room</p> <p>** = you need to sign-up for the activity at the Shuttle Station</p>					<p>1</p> <p>Blood Pressure Clinic occurs each Thursday at 11:00am in the Main Activity Room</p> <p>9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am 1:30pm Quarter Card (MAR) 2:15pm Movie & Popcorn: Twist of Faith (G)</p>	<p>2</p> <p>10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 2:00pm Daylight Savings Cart (RV)</p>
<p>Daylight Savings 3</p> <p>9:30am Donuts & Coffee (FL) 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)</p>	<p>4</p> <p>9:00am Veteran's Breakfast (MD) 10:30am Senior Stretch (MAR) 11:00am Bible Study (PDR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 3:00pm November Birthday Party & Music w/ Al Firek (MAR)</p>	<p>Election Day 5</p> <p>8:30am Meijer** 10:30am Quality Dairy Outing** 11:00am Weightlifting (MAR) 1:30pm Community Q&A (MAR) 2:30pm Resident Ambassador Meeting (MAR) 6:15pm Bingo (MAR)</p>	<p>6</p> <p>10:00am Crossword (MAR) 10:00am MSU Art Museum** 11:00am Balance Clinic (MAR) 11:00am Hear USA (FL) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Dan Templin (MAR)</p>	<p>7</p> <p>9:00am Manicures and Hand Massage (G) 1:15pm Bingo (MAR) 2:30pm Exercise w/ Powerback (MAR) 3:15pm Grief Group (MAR) 6:15pm Pokeno (MAR)</p>	<p>8</p> <p>9:30-11:00am Kitchen Tours (MD)* 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am 1:30pm Quarter Card (MAR) 2:30pm Dominos (MAR)</p>	<p>9</p> <p>10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 2:30pm Euchre Club (L)*</p>
<p>10</p> <p>9:30am Donuts & Coffee (FL) 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)</p>	<p>Veterans Day 11</p> <p>10:30am Senior Stretch (MAR) 12:00pm Veterans Luncheon & Pinning Ceremony (MD) 2:00pm Zumba (MAR) 3:00pm Bingo Store (MAR)</p>	<p>12</p> <p>8:30am Meijer* 11:00am Weightlifting (MAR) 11:00am Turkeyville Outing** 2:00pm Culinary Nutrition Showcase (MAR) 3:00pm Laurus Q&A (MAR) 6:15pm Bingo (MAR)</p>	<p>13</p> <p>10:00am Jeopardy (MAR) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Ricky Nalett (MAR) 3:30pm True Crime Podcast (MAR)</p>	<p>14</p> <p>9:00am Manicures and Hand Massage (G) 11:30am Sign Language (PDR) 1:15pm Bingo (MAR) 2:30pm Exercise w/ Powerback (MAR) 3:00pm Movie & Popcorn: Dancing with Wolves Part 1 (G)</p>	<p>15</p> <p>9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am 1:30pm Quarter Card (MAR) 2:15pm Movie & Popcorn: Dancing with Wolves Part 2 (G)</p>	<p>16</p> <p>10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 2:30pm Crafting Corner: Christmas Parade Prep (MAR)</p>
<p>17</p> <p>9:30am Donuts & Coffee (FL) 10:00am Church Shuttle** 11am&1pm November Brunch (MD) 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)</p>	<p>18</p> <p>9:00am Ladies Breakfast (MD) 10:30am Senior Stretch (MAR) 11:00am Bible Study (PDR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 2:30pm Activity Q&A (MAR)</p>	<p>19</p> <p>9:00am Horrocks Outing** 11:00am Weightlifting (MAR) 1:30pm History of the Turkey Pardoning (MAR) 2:30pm Friendsgiving (MAR) 6:15pm Bingo (MAR)</p>	<p>20</p> <p>10:00am Crossword (MAR) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Jerry Perrine (MAR)</p>	<p>21</p> <p>9:00am Manicures and Hand Massage (MAR) 11:30am Sign Language (PDR) 1:00pm Catholic Mass (MAR) 2:30pm Exercise w/ Powerback (MAR) 3:15pm Grief Group (MAR) 6:15pm Pokeno (MAR)</p>	<p>22</p> <p>9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am 1:30pm Quarter Card (MAR) 2:30pm Pie Walk (MAR)</p>	<p>23</p> <p>10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 2:00pm Hot Fudge Sundae Bar (MAR)</p>
<p>24</p> <p>9:30am Donuts & Coffee (FL) 10:00am Church Shuttle** 12:30pm Starlight Dinner Theatre Outing** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)</p>	<p>25</p> <p>9:00am Men's Breakfast (MD) 10:30am Senior Stretch (MAR) 1:00pm Let's Play Dice (G) 2:00pm Thanksgiving Tea Tasting (MAR)</p>	<p>26</p> <p>8:30am Meijer** 11:00am Weightlifting (MAR) 11:00am Hibachi Outing** 2:30pm Macy's Inflatable Parade (RV) 3:30pm Macy's Float Fest (MAR) 6:15pm Bingo (MAR)</p>	<p>27</p> <p>10:30am The Village Turkey Trot Walk (FL) 1:00pm Turkey Hunting (MAR) 2:00pm Happy Hour: Featuring Game Meat (MAR) 2:30pm Music w/ Mike Coll (MAR)</p>	<p>Thanksgiving 28</p> <p>10:00am Pie Bingo (MAR) 11am Thanksgiving Trivia (MAR) 12-1:30pm Thanksgiving Cocktail Cart (MD & ED) 12:00pm Thanksgiving Dinner- Enhanced Dining Room 12:30&1pm Thanksgiving Dinner- Main Dining Room</p>	<p>Black Friday 29</p> <p>1:30pm Post Thanksgiving Workout Class (MAR) 2:30pm Price is Right: Black Friday Edition (MAR)</p>	<p>30</p> <p>10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm</p>