Independence Village of Grand Ledge

November 2024

Independent Living | Enhanced Living

Life Enrichment Monthly Calendar

Activities are subject to change **Monday Tuesday** Wednesday **Thursday Friday** Sunday Saturday 2 *= you need to sign-up for the Blood Pressure Clinic occurs 9:30am Cardio Drumming (MAR) 10:00am Bingo (MAR) activity outside of the Main each Thursday at 11:00am in the Wii Bowling (MAR) II:00am Chair Volleyball (MAR) Main Activity Room Team 1: 10:00am **Activity Room** Wii Bowling (MAR) Team 2: 10:45am Team 4: 1:00pm ** = you need to sign-up for the 1:30pm Quarter Card (MAR) 2:00pm Daylight Savings Cart activity at the Shuttle Station 2:15pm Movie & Popcorn: Twist of Faith (G) **Daylight Savings Election Day** 9 8 9:00am Veteran's Breakfast (MD) 8:30am Meijer** 10:00am Crossword (MAR) 9:30am Donuts & Coffee (FL) 9:00am Manicures and Hand 9:30-11:00am Kitchen Tours 10:00am Bingo (MAR) 10:30am Quality Dairy Outing** 10:30am Senior Stretch (MAR) 10:00am MSU Art Museum** 10:00am Church Shuttle** Massage (G) (MD)* I I:00am Chair Volleyball (MAR) I I:00am Bible Study (PDR) II:00am Weightlifting (MAR) I I:00am Balance Clinic (MAR) 3:00pm Hymn Sing (MAR) 1:15pm Bingo (MAR) 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) 1:00pm Let's Play Dice (G) 1:30pm Community Q&A (MAR) II:00am Hear USA (FL) 6:00pm Resident Run Quarter 2:30pm Exercise w/ Powerback Wii Bowling (MAR) Team 4: 1:00pm 2:30pm Resident Ambassador 2:00pm Zumba (MAR) 1:00pm Book Club (USR) (MAR) Team 1: 10:00am Bingo (MAR) 2:30pm Euchre Club (L)* 3:00pm November Birthday Meeting (MAR) 2:00pm Happy Hour (MAR) Team 2: 10:45am 3:15pm Grief Group (MAR) Party & Music w/ Al Firek (MAR) 2:30pm Music w/ Dan Templin 6:15pm Bingo (MAR) 6:15pm Pokeno (MAR) 1:30pm Quarter Card (MAR) (MAR) 2:30pm Dominos (MAR) 13 **Veterans Day** 14 15 16 9:30am Donuts & Coffee (FL) 8:30am Meiier* 10:00am leopardy (MAR) 9:00am Manicures and Hand 9:30am Cardio Drumming (MAR) 10:00am Bingo (MAR) 10:30am Senior Stretch (MAR) II:00am Weightlifting (MAR) I I:00am Balance Clinic (MAR) 10:00am Church Shuttle** II:00am Chair Volleyball (MAR) Massage (G) Wii Bowling (MAR) 12:00pm Veterans Luncheon & 3:00pm Hymn Sing (MAR) 11:00am Turkeyville Outing** 1:00pm Book Club (USR) 11:30am Sign Language (PDR) Team 1: 10:00am Wii Bowling (MAR) Pinning Ceremony (MD) 6:00pm Resident Run Quarter 2:00pm Culinary Nutrition 2:00pm Happy Hour (MAR) 1:15pm Bingo (MAR) Team 2: 10:45am Team 4: 1:00pm 2:00pm Zumba (MAR) Showcase (MAR) 2:30pm Music w/ Ricky Nalett 2:30pm Exercise w/ Powerback 1:30pm Quarter Card (MAR) 2:30pm Crafting Corner: Bingo (MAR) 3:00pm Bingo Store (MAR) 3:00pm Laurus Q&A (MAR) (MAR) 2:15pm Movie & Popcorn: Christmas Parade Prep (MAR) (MAR) 6:15pm Bingo (MAR) 3:30pm True Crime Podcast 3:00pm Movie & Popcorn: Dancing with Wolves Part 2 (G) (MAR) Dancing with Wolves Part I (G) 17 18 19 22 23 9:00am Manicures and Hand 9:00am Horrocks Outing** 9:30am Donuts & Coffee (FL) 9:30am Cardio Drumming (MAR) 10:00am Bingo (MAR) 9:00am Ladies Breakfast (MD) 10:00am Crossword (MAR) Massage (MAR) 11:00am Weightlifting (MAR) 10:00am Church Shuttle** I I:00am Balance Clinic (MAR) Wii Bowling (MAR) 11:00am Chair Volleyball (MAR) 10:30am Senior Stretch (MAR) 11:30am Sign Language (PDR) 1:30pm History of the Turkey Ham&Ipm November Brunch I I:00am Bible Study (PDR) 1:00pm Book Club (USR) Team 1: 10:00am Wii Bowling (MAR) 1:00pm Catholic Mass (MAR) (MD) Pardoning (MAR) 1:00pm Let's Play Dice (G) Team 2: 10:45am 2:00pm Happy Hour (MAR) Team 4: 1:00pm 2:30pm Exercise w/ Powerback 2:30pm Friendsgiving (MAR) 3:00pm Hymn Sing (MAR) 2:00pm Zumba (MAR) 2:30pm Music w/ Jerry Perrine 1:30pm Quarter Card (MAR) 2:00pm Hot Fudge Sundae Bar (MAR) 6:00pm Resident Run Quarter 6:15pm Bingo (MAR) 2:30pm Pie Walk (MAR) 2:30pm Activity Q&A (MAR) (MAR) (MAR) 3:15pm Grief Group (MAR) Bingo (MAR) 6:15pm Pokeno (MAR) **Thanksgiving** Black Friday 29 30 24 25 26 1:30pm Post Thanksgiving 10:00am Bingo (MAR) 8:30am Meijer** 10:30am The Village Turkey Trot 10:00am Pie Bingo (MAR) 9:30am Donuts & Coffee (FL) 9:00am Men's Breakfast (MD) Workout Class (MAR) I I:00am Chair Volleyball (MAR) 11:00am Weightlifting (MAR) 10:00am Church Shuttle** Walk (FL) Ham Thanksgiving Trivia (MAR) 10:30am Senior Stretch (MAR) 11:00am Hibachi Outing** 2:30pm Price is Right: Black Wii Bowling (MAR) 12:30pm Starlight Dinner 1:00pm Turkey Hunting (MAR) 12-1:30pm Thanksgiving Cocktail 1:00pm Let's Play Dice (G) Friday Edition (MAR) 2:30pm Macy's Inflatable Parade Team 4: 1:00pm Theatre Outing** 2:00pm Happy Hour: Featuring Cart (MD & ED) 2:00pm Thanksgiving Tea Tasting 3:00pm Hymn Sing (MAR) Game Meat (MAR) 12:00pm Thanksgiving Dinner-(MAR) 3:30pm Macy's Float Fest (MAR) 2:30pm Music w/ Mike Coll 6:00pm Resident Run Quarter **Enhanced Dining Room** 6:15pm Bingo (MAR) Bingo (MAR) (MAR) 12:30&1pm Thanksgiving Dinner-Main Dining Room CY – Courtyard MD- Main Dining Room L- Library Calendar Key:

C – Cafe **FL** – Front Lobby MAR- Main Activity Room

G - Garden Room **USR** – Upstairs Reading Room

EP – Enhanced Parking Lot RV - Room Visit

SP- StoryPoint

ED- Enhanced Dining Room

Independence Village SENIOR LIVING