

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
COFFEE CLUB (C) 31	Sign up for Transportation Services Mon-Friday 8am to 3pm@ Front Desk Grocery & Pharmacy trips are on Tuesday's (SIGN UP) Trips and Outings are on Thursday's (SIGN UP)				COFFEE CLUB (C) 1	COFFEE CLUB (C) 2
10:00 ART-Finish Autumn Door Hangers (AR) 11:00 Church Service (MR) 12:00 Easy Cooking (DIP) EL/AR 2:00 Sing Along w/Chips and Dip (B)	COFFEE CLUB (C) 4	COFFEE CLUB (C) 5	COFFEE CLUB (C) 6	COFFEE CLUB (C) 7	COFFEE CLUB (C) 8	COFFEE CLUB (C) 9
	9:30 Monday Mimosas (C) 10:30 PB Exercise (FC) 12:00 Happy News & Events Monday (MR) 1:30 Wood Chipping (AR) 1:30 Bingo (MR) 3:00 New Resident Welcome Meeting (B)	9:30-10:30 Salon Hour (EL/ Game Room) 10:30-11:30 Reflexology (EL GR) Sign up 11:30 Grocery Store Trip (Sign Up @ FD) 12:00 Sit N Fit (MR) 12:30 Calendar Review (MR) 1:00 Crochet & Needle Work (AR) 1:15 Hand & Foot (B) 2:30 Grocery Store Trip (Sign Up @ FD) 3:30 Happy Hour w/Marco (B)	10-12:00 BP Checks (CD) 10:00 Donuts & Coffee w/Nathan From Medicare (B) 10:30 PB Exercise (FC) 11:00 Women of the Bible (MR) 12:00 Psychology 101 (MR) 1:30 Bingo (MR) 2:30 Rosary & Prayer (PD) 3:00 Welcome Committee (B)	9:00 Indoor Walking Club (FD) 11:00 Brick Street Burrito & Shopping Downtown Valpo (FD) Sign Up 12:00 Art-Fall travel mug w/ Sarah (AR) 1:15 Hand & Foot (B) 4:45 Let's Play Bridge (B) 3:30 Happy Hour w/ J. Jay's Veteran Program! (B)	9:30 Communion (MR) 10:30 PB Exercise (FC) 11:00 Therapy Dog (CD) 11:00 Easy Cooking (Italian Stromboli) EL/AR 1:30 Quarter BINGO w/Sarah (MR) 2:00 How To Overcome Seasonal Depression (EL/AR) 3:00 Series (The Crown) (MR)	10:00 Breakfast w/Sarah EL/AR Sign Up 12:00 Game Hour (B) 3:00 Movie Matinee (Paul Bart Mall Cop) (MR)
COFFEE CLUB (C) 10	COFFEE CLUB (C) 11	COFFEE CLUB (C) 12	COFFEE CLUB (C) 13	COFFEE CLUB (C) 14	COFFEE CLUB (C) 15	COFFEE CLUB (C) 16
10:30 Easy Cooking Lemon Poppy seed Bread 11:00 Church Service (MR) 12:00 ART (SP Quilt) (AR) 2:00 Card Game Euchre w/Sarah (B)	9:30 Monday Mimosas (C) 10:30 PB Exercise (FC) 11:00 Art w/Sarah Thanksgiving Ball Point Pens (AR) 1:30 Wood Chipping (AR) 1:30 Bingo (MR) 3:00 Veterans Appreciation w/Heart to Heart (EL/AR)	9:30-10:30 Manis & Mimosas EL/AR 10:30-11:30 Reflexology (EL/GR) Sign Up 11:30 Grocery Store Trip (Sign Up @ FD) 12:00 In the Kitchen (EL AR) sign up 1:00 Crochet & Needle Work (AR) 2:00 Resident Forum/Action(MR) 2:30 Grocery Store Trip (Sign Up @ FD) 4:45 Let's Play Bridge (B) 6:30 Happy Hour w/Jacob (B)	10-12:00 BP Checks (CD) 10:00 Murder Mystery T.V (MR) 10:30 PB Exercise (FC) 12:00 Book Club (EL AR) 1:30 Bingo (MR) 2:30 Rosary & Prayer (PD)	9:00 Indoor Walking Club (FD) 9:00 Tech Class w/ Candices (L) Sign up 11:00 Imagine Theater Trip (FD) Sign UP 11:30 Reiki Hour (sign up) EL/GR 1:15 Hand & Foot (B) 3:30 Line Dancing Social Hour (B) 4:45 Let's Play Bridge(B)	9:30 Communion (MR) 10 - 2 Cindy's Wreath Sale (C) 10:30 PB Exercise (FC) 12:00 Sandwiches & Friends Social Hour (B) 1:30 Quarter Bingo (MR) 3:00 Series (The Crown) (MR) 3:00 Wine Club (EL/AR) sign up	9:00 Cinnamon Rolls & Coffee w/Sarah (C) 10:00 Festival Of the Owls @ Porter County Expo Center & Lunch (FD) Sign Up 11:00 Art Class (SP Quilt) (AR) 2:00 Movie Matinee (All of Me) (MR)
COFFEE CLUB (C) 17	COFFEE CLUB (C) 18	COFFEE CLUB (C) 19	COFFEE CLUB (C) 20	COFFEE CLUB (C) 21	COFFEE CLUB (C) 22	COFFEE CLUB (C) 23
9:00 Morning Walk (FD) 11am & 1pm Sunday Brunch 4:00 Cards w/Friends (B) 6:00 Play Cards (B)	9:30 Monday Mimosas (C) 10:30 PB Exercise (FC) 11:00 Art --Fall Foam Wreaths w/Sarah (AR) 12:00 Happy News & Events Monday (MR) 1:30 Wood Chipping (AR) 1:30 Bingo (MR)	9:30-10:30 Salon Hour (EL/ Game Room) 9:00-12:00 Grocery Store Trip (Sign Up @ FD) 12:00 Ladies Luncheon (EL/AR) Sign Up 1:00 Crochet & Needle Work (AR) 1:15 Hand & Foot (B) 3:30 Birthday Bash w/Fred Walker (B) 4:45 Let's Play Bridge (B)	9:00 Volunteer Wellness Valpo University (CD) 10-12:00 BP Checks (CD) 10:30 PB Exercise (FC) 12-1 Westchester Library Guest Speaker/ Book Club (MR) 11:30 Lutheran Luncheon (B) 1:30 Bingo (MR) 2:30 Rosary & Prayer (PD)	9:00 Indoor Walking Club (FD) 10:00 Christmas Movie, Cinnamon Rolls & Cocoa (B) 10:30 Coopers Hawk & Christmas Shopping @ Southlake Mall (Sign Up) 1:15 Hand and foot (B) 2:00 Meg's Mobile Cart (Pumpkin Pie Bites) 3:30 Happy Hour Darrel (B) 4:45 Let's Play Bridge (B)	9:30 Communion (MR) 10:30 PB Exercise (FC) 11:00 Therapy Dog (CD) 11:00 PB "Home for the Holiday Therapy (FC) 12:00 Lucrezia's Lunch Outing w/MeLisa & Meg (FD) Sign Up 1:30 Quarter Bingo (MR) 3:00 New Series (The Crown) (MR)	10:30 Cardio Drumming (MR) 12:00 Art (Walker Trays) (AR) Sign Up 2:00 Game Hour w/ Sarah (trivia) (B) 3:00 Movie Matinee (Overboard) (MR)
COFFEE CLUB (C) 24	COFFEE CLUB (C) 25	COFFEE CLUB (C) 26	COFFEE CLUB (C) 27	COFFEE CLUB (C) 28	COFFEE CLUB (C) 29	COFFEE CLUB (C) 30
12:00 Game Hour (B) 1:30 Wine & Cheese Pairing (B) 3:00 Sunday Matinee (Changeling) (MR) 4:45 Cards W/Friends (B)	9:30 Monday Mimosas (C) 10:30 PB Exercise (FC) 11:00 Crock Pot Series Pt. 3 (BBQ Meat Balls) EL/AR 1:30 Bingo (MR) 1:30 Wood Chipping (AR) 2:00 Scalp Treatment & Massage EL/GR Sign up	9:30-10:30 Salon Hour (EL/ Game Room) 10:30-11:30 Reflexology (EL GR) 11:30 Grocery Store Trip (Sign Up @ FD) 1:00 Crochet & Needle Work (AR) 1:15 Hand & Foot (B) 2:30 Grocery Store Trip (Sign Up @ FD) 4:45 Let's Play Bridge (B) 5:00 Dinner Music w/Doug Reba (C)	10-12:00 BP Checks (CD) 10:30 PB Exercise (FC) 10:00 Psychology 101 (MR) 11-1 Friendship Potluck (B) 1:30 Bingo (MR) 2:30 Rosary & Prayer (PD)	9:00 Indoor Walking Club (FD) 2:00 Early Bird Thanksgiving Dinner 4:45 Let's Play Bridge (B) 6:00 Puzzle Hour (L) 7:00 Thanksgiving Night Cap (BYOW) (Café Fire Place)	9:30 Communion (MR) 9:30 Bagels & Bloody Mary's (C) 10:30 PB Exercise (FC) 12:00 Craft Corner (AR) 1:30 Quarter Bingo (MR) 3:00 New Series (The Crown) (MR)	10:30 Cardio Drumming (MR) 12:00 Art (Walker Trays) (AR) Sign Up 1:30 Euchre w/Sarah (B) 3:00 Movie Matinee (Uncle Buck) (MR)

Calendar Key:
AR – Art Room
B- Bistro
C – Café

CD - Care Desk
CY – Courtyard
FD – Front Desk
EL- EL Activity Room

L- Library
MR-Media Room(2nd Floor)
PD- Private Dining Room
FC- Fitness Center

ELGR-Enhanced Living
Game Room

Any changes to the
calendar will be posted on
the chalk boards at both
ends of the building.