StoryPoint Knoxville West

October 2024

Memory Care

Life Enrichment Monthly Calendar

Activities are subject to change

9	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
K	HAPPY BIRTHDAY EUGENE 17th ANNE 25th FATHER JOHN 25th		9:30am Catholic Mass (L) 10:30am Morning Stretch 2:00pm Uno Card Game 3:00pm LIVE MUSIC with Timothy Stoffberg (AR) 5:00pm Evening Art "Fall"	9:30am Hand Massage 10:30am Chair Exercise 11:30 Octoberfest LUNCH 2:00pm Keg Bowling 3:00pm Bottle Cap Bingo 5:00pm German Stories	I 0:00am Music Trivia I 0:30 Chair Yoga I:00 Pumpkin Craft (AR) 3:00pm Autumn Crafts 5:00pm Virtual Concert "The Temptations"	9:30am Current Events 10:00am Morning Cruise 10:30am Tai Chi with Paul (AR) 1:30pm Afternoon Stretch 2:00 Snacks & Soda 3:30 Singo & Happy Hour 5:00 Patio Chat	I0:00am Ball Toss I:00pm Puzzles 2:00pm Walking Club 3:00pm Folding Laundry 5:00pm Game Shows	
3	0:00am Coloring :00pm Movie Matinee :15pm Temple Baptist Church (L) :00pm Turn Down Visits	10:30am Weightlifting (AR) 1:00pm Walking Club 2:00pm LIVE MUSIC with Cliff Jestice (AR)	I 0:30am Morning Stretch 2:00pm Sing-Along with Dennis (AR) 3:30pm Spanish Class with Carrie	9:30am Rise & Shine Routine 10:30am LIVE MUSIC with Kim (P) 1:30pm Board Games 2:00pm Straightening Up 3:00pm Bingo 5:00pm History of TVA	I 0:00am Jeopardy Trivia I 0:30am Chair Yoga I:30pm Soda Drive 3:00pm Wine Tasting (L) 5:00pm Virtual Concert "Neil Diamond"	9:30am This Day in History 10:30am Morning Stretch 10:30am Tai Chi with Paul (AR) 2:00pm Tasters Choice 3:00pm Singo (Like bingo but with music) (AR) 3:30pm Happy Hour 5:00pm Chit-Chatting Group	10:00am Ball Toss 1:00pm Puzzles 2:00pm Walking Club 3:00pm Folding Laundry 5:00pm Game Shows	2
	13 10:00am Coloring 1:00pm Movie Matinee 3:15pm Temple Baptist Church (L) 5:00pm Turn Down Visits	10:00am Name That Tune (A) 10:30am Weightlifting (AR) 1:00pm Walking Club 1:30pm Dusting 3:00pm LIVE MUSIC with Cal Robbins (AR)	9:30am Catholic Mass (L) 10:00am Morning Stretch 1:00pm Left, Right & Center Game 3:00pm Halloween Bingo 5:00pm Evening Art "Leaves"	9:30am Hand Massage 10:30am Chair Exercise 1:00pm Costume Prep 2:30pm Halloween Fashion Show 5:00pm Bio of Dolly Parton	9:30am Bible Trivia 10:30am Chair Yoga 11:30am Gene's Birthday Celebration 2:00pm Crafters Corner (AR) 3:00pm Bourbon Tasting (L) 5:00pm Virtual Concert "Carpenters"	9:30am Hot Topics 10:00am Donut Drive 10:30am Tai Chi with Paul (AR) 1:30pm Classic TV Game Shows 2:00pm Happy Hour 3:00pm LIVE MUSIC with Danny James (AR)	I 0:00am Ball Toss I:00pm Puzzles 2:00pm Walking Club 3:00pm Folding Laundry 5:00pm Game Shows	9
		Election" 10:00 Flex Appeal	10:30am Morning Stretch 2:30pm Scenic Drive 5:00pm Evening Art "Witch"	9:30am Glamour Hour 10:00am LIVE MUSIC with Kim (P) 1:30pm Culinary Showcase (ALDR) 2:00pm Bingo 5:00pm Feel Good Stories	10:00am Random Trivia 10:30am Chair Yoga 2:00pm Art with Sheryl (P) 4:30pm Ladies Charcuterie & Wine Dinner (AR) 5:00 Virtual Concert "The Beetles"	10:00am Morning Moves 10:30am Tai Chi with Paul 11:30am Men's Pizza Lunch (AR) 11:30am Anne's &Father John's Birthday Celebration 3:00pm LIVE Music with Marc Beecher (AR)	10:00am Ball Toss 1:00pm Puzzles 2:00pm Walking Club 3:00pm Folding Laundry 5:00pm Game Shows	2.6
	5:00pm Turn Down Visits	10:00am Flex Appeal 1:00pm Flu Shot Clinic 3:00pm Linda's Trivia Block (AR) 4:30pm Men's Pizza & Beer Dinner (AR) 5:00pm Monday Night Movie "The Birds"	10:30am Morning Stretch	5:00pm Halloween Story	Halloween 3 10:00am Random Trivia 10:30am Chair Yoga 3:00pm LIVE Frank & Friends/Halloween Social (AR) 5:00 Halloween Movie			
	Calender Key:	CY – Courtyard					0 D	

AR – Activity Room

RR - Room to Room L - Library FL – Front Lobby
L - Library

ALDR - AL Dining Room

