

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:30 Danbury Drummers Cardio Exercise 11:15 Common Phrases 1:45 The Perk 2:15 Thankful Leaves 3:00 Thankful Tree 4:00 Elvis Sing Along	2 11:00 Saturday Stretches 11:30 Kickball 1:30 The Perk 2:00 Puzzle Pals 3:00 Junk Drawer Detective 6:00 "I Love Lucy"
Daylight Saving Ends 3 10:30 Spiritual Eldercare Video Church Service 1:45 The Perk 2:15 Adult Coloring 3:00 Travelogue: Fall Drive 6:00 Name that Tune	4 10:30 Monday Music 11:00 Hearthside Book Club 1:45 The Perk 2:15 Table Top Corn Hole 3:00 Household Trivia 4:00 You Be the Judge Afternoon: Manicures	Election Day 5 10:30 Election Word Game 11:00 Bridgetown Music and Movement 1:45 The Perk 2:15 Bean Bag Toss 3:00 Bible Study 4:00 Photo Reminiscing	6 10:30 Finish the Song Title 11:00 Swat the Fly 1:45 The Perk 2:00 Bus Ride Outing 3:30 Bingo 6:00 Musical Memories	7 10:30 Match Up Cards 11:00 Exercise with Total Care Therapy 1:45 The Perk 2:15 Golf Putter Game 3:00 Thirsty Thursday 4:30 Pondering Prompts	8 10:30 Danbury Drummers Cardio Exercise <small>*11:00 Brukner Nature Center in AL</small> 1:45 The Perk 2:15 Veterans Program-AL 3:00 Word Pairs 4:00 Country Sing Along	9 11:00 Saturday Stretches 11:30 Kickball 1:30 The Perk 2:00 Finish the Phrase 3:00 Table Top Corn Hole 6:00 "Carol Burnett"
10 10:30 Spiritual Eldercare Video Church Service 1:45 The Perk 2:15 Adult Coloring 3:00 Puzzle Pals 6:00 Musical Memories	Veteran's Day 11 10:30 Monday Music 11:00 Hearthside Book Club 1:45 The Perk 2:15 Veteran's Memories 3:00 Leaf Rubbings 4:00 Word Pairs Afternoon: Manicures	12 10:30 Tongue Twisters 11:00 Bridgetown Music and Movement 1:45 The Perk 2:15 Animal Trivia 3:00 Bible Study 4:00 Golf Putter Game 6:00 Table Top Balloon Bop	13 10:30 Famous Pairs 11:00 Swat the Fly 1:45 The Perk 2:15 Table Top Corn Hole 3:00 Bingo 6:00 Funny Animal Videos	14 10:30 Name that Tune 11:00 Exercise with Total Care Therapy 1:45 The Perk 2:15 Bean Bag Toss 3:00 Thirsty Thursday 4:30 Pondering Prompts	15 10:30 Danbury Drummers Cardio Exercise 11:15 Fill in the Blank 1:45 The Perk 2:15 Fall Craft 3:00 Uno Card Game 4:00 Sinatra Sing Along	16 11:00 Saturday Stretches 11:30 Kickball 1:30 The Perk 2:00 Food Trivia 3:00 Junk Drawer Detective 6:00 "Andy Griffith"
17 10:30 Spiritual Eldercare Video Church Service 1:45 The Perk 2:15 Dot Art 3:00 Finish the Phrase 6:00 Name that Tune	18 10:30 Monday Music 11:00 Hearthside Book Club 1:45 The Perk 2:15 Hot Chocolate Outing 3:00 What Color? 4:00 Table Top Corn Hole Afternoon: Manicures	19 10:30 Word Game 11:00 Bridgetown Music and Movement 1:45 The Perk 2:15 Bean Bag Toss 3:00 Bible Study 4:00 Photo Reminiscing 6:00 Sticker Art	20 10:30 States/ Capitals 11:00 Swat the Fly 1:45 The Perk 2:15 Word Pairs 3:00 Bingo 6:00 Funny Baby Videos	21 10:30 Match Up Cards 11:00 Exercise with Total Care Therapy 1:45 The Perk 4-6pm FRIENDSGIVING Happy Hour! Live Music and Thanksgiving Appetizers	22 10:30 Danbury Drummers Cardio Exercise 11:15 Finish the Phrase 1:45 The Perk 2:15 Adult Coloring 3:00 Golf Putter Game 4:00 Hymns Sing Along	23 11:00 Saturday Stretches 11:30 Kickball 1:30 The Perk 2:00 Word Pairs 3:00 Puzzle Pals 6:00 "Lawrence Welk"
24 10:30 Spiritual Eldercare Video Church Service 1:45 The Perk 2:15 Bean Bag Toss 3:00 Adult Coloring 6:00 Musical Memories	25 10:30 Monday Music 11:00 Hearthside Book Club 1:45 The Perk 2:15 Uno Card Game 3:00 Golf Putter Game Afternoon: Manicures	26 10:30 Tongue Twisters 11:00 Bridgetown Music and Movement 1:45 The Perk 2:15 Word Pairs 3:00 Bible Study 4:00 Finish the Phrase 6:00 Table Top Balloon Bop	27 10:30 Senior Music Connection Live Interactive Music 1:45 The Perk 2:15 Thankful Word Game 3:00 Bingo 6:00 Funny Animal Videos	Thanksgiving 28 9:00 "Macy's 98th Annual Thanksgiving Parade (NBC)- T 11:00 Give Thanks Puzzle 1:45 The Perk 3:00 Adult Coloring	29 10:30 Danbury Drummers Cardio Exercise 11:15 Famous Pairs 1:45 The Perk 2:15 Bus Ride Outing 3:00 Table Top Corn Hole 4:00 Familiar Sing Along	30 11:00 Saturday Stretches 11:30 Kickball 1:30 The Perk 2:00 Household Trivia 3:00 Junk Drawer Detective 6:00 "Leave it to Beaver"

**Calendar Key:**  
\*Activities listed as "in AL"  
take place in the other side  
of the building. If you would

like to attend these events,  
please let a staff member  
know so we can make  
arrangements as needed.

**MEAL TIMES:**  
8:30 Breakfast  
12:30 Lunch  
5:00 Supper