

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:30 Exercise 1 Followed by Bean Bag Games CR 2:00 Pumpkin Patch Creations (Rescheduled from October) CR	National Cookie Monster Day 2 10:30 Exercise Followed by Brain Games CR 2:00 Fall Cookie Decorating CR
Daylight Savings 3 10:00 Catholic Mass on Channel 5 1:00 Bible Study CR 2:00 Sip & Set: Mocktails and Clock Changing Room to Room	Happy Birthday Jack 4 10:30 Exercise Followed by Balloon Volleyball CR <u>2:00 Performance with Lloyd Weber CR</u>	Election Day 5 10:30 Exercise Followed by Cardio Drumming CR 2:00 Movie Matinee: Mr. Smith Goes to Washington CR 4:00 Happy Hour FL	10:30 Exercise 6 Followed by Fitness Bingo CR 2:00 Craft Corner: Fall Tree Painting CR 3:00 Nerf Gun Target Practice CR	Vaccine Clinic Day 7 10:30 Exercise Followed by Jokes and Riddles CR 2:00 Bingo CR 3:30 Euchre FL 4:00 Happy Hour FL	8 10:30 Exercise Followed by Chair Yoga CR 2:00 Personalize Your Walker/Wheelchair CR 3:00 Nustep Basics CR	9 10:30 Exercise Followed by Brain Games CR 2:00 Axe Throwing CR
Happy Birthday Cal 10 10:00 Catholic Mass on Channel 5 1:00 Bible Study CR 2:00 Bird Baking Rolls CR	Veteran's Day 11 10:30 Exercise Followed by Balloon Volleyball CR 2:00 Honor Wall Rededication and Veteran Celebration FL	Happy Birthday Karen 12 10:30 Exercise Followed by Cardio Drumming CR <u>11:00 Outing to Applebee's</u> <u>2:00 Performance with Linda Oberst FL</u> 3:00 Culinary Conversations CR 4:00 Happy Hour FL	10:30 Exercise Followed 13 by Resistance Band Strength Training CR 2:00 Bingo CR 3:00 Craft Corner: Coffee Filter Turkey Art CR	World Diabetes Day 14 10:30 Exercise Followed by Jokes and Riddles CR <u>2:00 Performance with Jose FL</u> 3:00 Diabetic Snacks, Facts, and Myths FL 3:30 Euchre FL 4:00 Happy Hour FL	Hunting Opening Day 15 10:30 Exercise Followed by Bean Bag Games CR 2:00 Turkey Shoot Out CR	16 10:30 Exercise Followed by Brain Games CR 2:00 Bingo CR
17 10:00 Catholic Mass on Channel 5 1:00 Bible Study CR 2:00 Po-Ke-No CR	10:30 Exercise 18 Followed by Balloon Volleyball CR 2:00 Chili Cook Off CR 3:00 Life Size Kerplunk Game CR	International Men's Day 19 10:30 Exercise Followed by Cardio Drumming CR 2:00 Bingo CR 3:00 Men's Group: Rootbeer Taste Test CR 4:00 Happy Hour FL	10:30 Exercise 20 Followed by Fitness Bingo CR 2:00 Craft Corner: Turkey T-Shirts CR 3:00 Jewelry Cleaning CR	10:30 Exercise Followed by 21 Jokes and Riddles CR <u>2:00 Performance with Chris Sloan and November Birthday Celebration CR</u> 3:00 Culinary Showcase: Dark Leafy Greens CR 3:30 Euchre FL 4:00 Happy Hour FL	22 10:30 Exercise Followed by Chair Yoga CR 2:00 Bowling CR	23 10:30 Exercise Followed by Brain Games CR 2:00 Baking Pumpkin Pie CR
24 10:00 Catholic Mass on Channel 5 1:00 Bible Study CR 2:00 Homemade Twinkies CR	National Parfait Day 25 10:30 Exercise Followed by Balloon Volleyball CR 2:00 Thanksgiving Family Feud CR 3:00 Create Your Own Parfait CR	10:30 Exercise Followed 26 by Cardio Drumming CR 1:00 Deck the Halls! Trim the Tree: Front Lobby 2:00 Bingo CR 4:00 Happy Hour and Resident Forum FL	10:30 Exercise Followed 27 Resistance Band Strength Training CR 2:00 Craft Corner: Snowy Pinecone Owls CR 3:00 Deck the Halls! Trim the Tree: Community Room CR	Happy Thanksgiving! 28 10:30 Gratitude Tree and Thanksgiving Trivia FL 12:00 Thanksgiving Meal	Happy Birthday Virginia! 29 10:30 Exercise Followed by Bean Bag Games CR 2:00 Deck the Halls! Trim the Tree: Sunroom	30 10:30 Exercise Followed by Brain Games CR 2:00 Bingo CR

Calendar Key:
CR = Community Room
FL = Front Lobby
MC = Memory Care