Independence Village of Traverse City

December 2024

Independent Living Activities are subject to change Life Enrichment Monthly Calendar

	independent Living		Life Lift Chillent Monthly Calendar				cuvicies are subject to change
9	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Church (CH)	I 1:00 Exercise Video (AA) 2:00 Give Back: Candy Cane Reindeers for	I 1:00 Exercise with AdvisaCare (AA) I:30 Quarter Bingo (AA)	I 1:00 Balloon Volleyball (AA) I 1:00 Communion (CH)	I 1:00 Exercise Video (AA)	6 11:00 Exercise with Powerback (AA) 2:00 DIY Ugly Holiday Sweaters (AA)	7 11:00 Exercise Video - Resident Led (AA)
8	II:00 Exercise Video - Resident Led (AA)	Staff (AA) 3:30 Holiday Decorating (A) 4:00 Bible Study (CH)	2:30 Wii Bowling - Resident Led (CH) 3:00 Holiday Decorating (A)	1:30 Potpourri Bags with Kaye (AA) 3:30 T.E.A.C.H. Choir Christmas Performance (A)	2:00 Musical Performance by John Keys (DR) 3:30 Activity Planning Meeting for January (AA)	3:30 Holiday Tree Photos (A) 6:00 Resident Led Games (P)	2:00 Fireside Hot Cocoa & Coffee (DR)
	2:00 Snapchat Filters with Anthony (AA)	6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	13	14
	9:30 Church (CH)	11:00 Exercise Video (AA) 2:00 DIY Pinecone Door Hangers with Kaye (AA)	II:00 Exercise with AdvisaCare (AA) I2:45 Outing: AMC Theater - Wicked I:30 Quarter Bingo (AA)	II:00 Cardio Drumming (AA) II:00 Communion (CH)	8:30 Outing: Breakfast at Bob Evans I I:00 Exercise Video (AA)	11:00 Exercise with Powerback (AA)2:00 Give Back: Winter Hat Making	I:00 Exercise Video - Resident Led (AA)
¥.	Resident Led (AA) 2:00 DIY Vintage Christmas	3:30 Share Your Story - Best Holiday Memory (AA) 4:00 Bible Study (CH)	2:30 Wii Bowling - Resident Led (CH) 3:00 Holiday Card Making (AA) 6:00 John Denner Christmas Concert (DR)	2:00 Holiday Party with Musical Performance by Billy McAllister (A)	1:30 Gingerbread House Making (AA) 2:00 Musical Entertainment by Verne Petrosky Karaoke (A)	(AA) 3:30 DIY Christmas Bead Garland (AA)	2:00 Left, Right Holiday Game (AA)
	Ornaments 15	6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	6:00 Resident Led Games (P) 19 11:00 Exercise with Brittany (AA)	6:00 Resident Led Games (P)	21
	9:30 Church (CH) I I:00 Exercise Video -	II:00 Exercise Video (AA) I:30 Quarter Bingo (AA) 3:00 TC Mobile Library (AA)	11:00 Exercise with AdvisaCare (AA) 2:00 Alzheimer's Association In-Service (AA)	11:00 Communion (CH) 1:30 Resident Forum (AA)	2:00 Musical Performance by Mark DeNoyelles (A) 3:30 DIY Ugly Holiday Sweaters (AA)	11:00 Exercise with Powerback (AA) 2:00 DIY Yarn Christmas Trees (AA)	I:00 Exercise Video - Resident Led (AA)
	Resident Led (AA) 1:30 Pop up Craft Stand with	3:00 Holidays Around the World (AA) 4:00 Bible Study (CH)	2:30 Wii Bowling - Resident Led (CH) 3:30 Meditation with Anthony (CH)	2:30 Happy Hour: Spiked Egg Nog (Pub) 3:00 Musical Performance by The Locals Band (A) 6:00 Resident Led Games (P)	6:00 Outing: Christmas Light Tour 6:00 Resident Led Games (P)	3:30 Naughty or Nice (A) 6:00 Resident Led Games (P)	2:00 Holiday MadLibs (A)
	Rachel (A) 22 9:30 Church (CH)	6:00 Resident Led Games (P) 23 11:00 Exercise Video (AA)	6:00 Resident Led Games (P) Christmas Eve 11:00 Exercise Video (AA)	Merry Christmas! 25 II:00 Exercise Video (AA)	11:00 Exercise with Brittany (AA)	27 11:00 Exercise with Powerback (AA)	28 1:00 Exercise Video -
	II:00 Exercise Video - Resident Led (AA)	1:30 Musical Performance by Tally & Bob Green (A) 3:00 Roll The Dice Holiday Gift Exchange (A)	2:00 Movie: It's a Wonderful Life (CH) 2:30 Wii Bowling - Resident Led (CH)	2:00 Movie: White Christmas (CH) 2:30 G&G Holiday Activities (A)	1:30 Outing: Moomers Ice Cream 1:30 Quarter Bingo (AA)	2:00 Give Back: Winter Hat Making (AA)	Resident Led (AA) 2:00 Holiday Would you
	2:00 Christmas Carol Match (A)	4:00 Bible Study (CH) 6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	3:00 Veteran's Meeting (AA) 6:00 Resident Led Games (P)	3:30 Top Toys Through the Decades (AA) 6:00 Resident Led Games (P)	Rather (A)
	9:30 Church (CH)	II:00 Exercise Video (AA) 2:00 New Resident Welcome Meeting - Speed	New Year's Eve 11:00 Exercise Video (AA) 12:00 Noon Year's Eve Party (DR)				
7/4	II:00 Exercise Video - Resident Led (AA)	Friending (AA) 3:30 Year in Review (AA) 4:00 Bible Study (CH)	2:00 G&G New Year's Activities (A) 2:30 Wii Bowling - Resident Led (CH)				
	2:00 Movie (Title TBD) (AA)	6:00 Resident Led Games (P)	6:00 Resident Led Games (P)				
	Calender Key:	DR – Dining Room	P – Pub				1 1

AA – Activity Area

A – Atrium

CH – Chapel

FY – Front Yard

G&G – Grab & Go L – Library

Independence Village SENIOR LIVING