November 2024

Independent Living

Life Enrichment Monthly Calendar

Activities are subject to change

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					I I:00 Exercise with Powerback (AA) I:30 Craft: Puzzle Piece Pumpkin (AA)	I I:00 Exercise Video - Resident Led (AA)
					3:00 Activity Planning Meeting (AA)	1:30 Manicures (AA)
					6:00 Resident Led Games (P)	3:00 Thankful Tree (A)
9:30 Church (CH)	I I:00 Exercise with Brittany (AA)	Election Day 11:00 Exercise with Advisacare (AA)	I I:00 Exercise Video (AA)	7 11:00 Exercise Video (AA)	I I:00 Exercise with Powerback (AA)	9 11:00 Exercise Video -
11:00 Exercise Video -	I:30 Food for Thought with Chef Joe (AA)	I:30 Quarter Bingo (AA)	11:00 Communion (CH)	I:20 Outing: AMC Theater Movie: Here	2:00 Phones Throughout the Years (AA)	Resident Led (AA)
Resident Led (AA)	Experience (AA)	2:30 Wii Bowling (CH)	2:00 Alzheimer's Association In-Service: Healthy Living for your Brain & Body (AA)		2:30 Telephone (AA)	2:00 Movie: Tommy Boy
2:00 Stop by Stop Pumpkin	4:00 Bible Study (CH)	3:00 Presidential Quiz (AA)	3:00 Who, What, Where Trivia (A)	6:00 Resident Led Games (P)	3:30 Crazy 8's Card Game (AA)	(AA)
2:00 Step by Step Pumpkin Canvas Painting (AA)	6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	6:00 Resident Led Games (P)		6:00 Resident Led Games (P)	
9:30 Church (CH)	Veteran's Day II:00 Exercise with Brittany (AA)	I 1:00 Exercise with Advisacare (AA)	I I:00 Balloon Volleyball (AA)	I I:00 Exercise Video (AA)	I 1:00 Exercise with Powerback (AA)	II:00 Exercise Video -
11:00 Exercise Video -		2:00 Musical Performance by John Keys (DR)	11:00 Communion (CH)	I I:00 Lunch Bunch: Cherry Republic Glen Arbor	1:30 Craft: Thanksgiving Centerpieces (AA)	Resident Led (AA)
Resident Led (AA)	3:00 Wings of Honor Documentary (AA)	2:30 Wii Bowling (CH)	2:00 Happy Hour with Musical Entertainment by Billy McAllister (Pub)	2:00 Musical Performance by Mark DeNoyelles (AA)	3:00 What's New in the Tech World? (AA)	2:00 Bring your own craft
2:00 Random Trivia (A)		3:00 Quarter Bingo (AA)	3:30 Pass the Prize (A)	3:30 Thanksgiving Friendly Feud (A)	6:00 Resident Led Games (P)	(AA)
	` '	6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	``	
9:30 Church (CH)	I 1:00 Exercise with Brittany (AA)	I 1:00 Exercise with Advisacare (AA)	10:30 Quarter Bingo (AA)	11:00 Exercise Video (AA)	11:00 Exercise with Powerback (AA)	11:00 Exercise Video -
` ,	2:00 Veteran's Meeting (AA)	1:30 Caption Call In-Service (AA)	II:00 Communion (CH)	1:30 Outing: Moomers Ice Cream	2:30 Musical Performance by Al Firek (AA)	Resident Led (AA)
II:00 Exercise Video - Resident Led (AA)		2:30 Wii Bowling (CH)	I:30 Resident Forum (AA)	3:30 New Resident Welcome Meeting	3:30 Thanksgiving Minute to Win It (AA)	2:00 Movie: Coal Miner's
,		3:00 Traverse City Wine Tasting with Chef	3:00 Deer Hunting (AA)	(AA)	6:00 Outing: Suessical Musical TC Central	Daughter (AA)
2:00 America's Treasures Documentary (AA)		Joe (AA) 6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	
9:30 Church (CH)	10:00 CrockPot recipe: Apple Crisp	11:00 Exercise with Advisacare (AA)	I I:00 Walking Club (AA)	Happy Thanksgiving! 28 11:00 Exercise Video (AA)	11:00 Exercise with	I I:00 Exercise Video -
	11:00 Exercise with Brittany (AA)	1:30 Quarter Bingo (AA)	II:00 Communion (CH)	1.20 Thankasida a laka a 0	Powerback (AA)	Resident Led (AA)
11:00 Exercise Video - Resident Led (AA)	1:30 Apple, Apples, Apples (AA) 3:00 Apple Crisp & Jokes (A)	2:30 Wii Bowling (CH)	I:30 Turkey Shooting (AA)	1:30 Thanksgiving Jokes & Your Name (A)	2:00 Movie: Jerry & Marge -	2:00 Bring your own craft
2:00 Apple Cider Bar (A)	4:00 Bible Study (CH)	3:30 Pardoning of the Turkey (AA) 6:00 Resident Led Games (P)	3:00 Black Friday Presentation (AA) 6:00 Resident Led Games (P)	2:00 Movie: Planes, Trains &	Go Large	(AA)
	6:00 Resident Led Games (P)	. ,	· · ·	Automobiles (AA)		
Calender Key: AA – Activity Area	DR – Dining Room FY – Front Yard	P – Pub				Independence

AA – Activity Area

A – Atrium CH – Chapel DR – Dining Room
FY – Front Yard
G&G – Grab & Go
L – Library

Independence Village SENIOR LIVING