Independence Village of White Lake

November 2024

Independent Living | Enhanced Living

Life Enrichment Monthly Calendar

Activities are subject to change

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						I 10:00-12:00 2 U Vision (L) Eyeglass Store 10:30 Massage with Annie, by appt. 11:00 Bend and Stretch (GP) 12:30 Fall Coffee Bar (C) 2:30 Chair Volleyball (C) 6:00 Chicken Foot Dominoes (FL, L) 6:00 Rummikub (GP) 6:00 Bridge Card Game (C)	11:00 Weight Workout (GP) 1:00 Left, Right, Center (GP) Dice Game 2:30 Freestyle Painting (CR) 2:30 Euchre Club (GP) 3:30 Men's Corn Hole (C)
	11:00 Noodlecise & Weights (GP) 12:00 Traveling Cart-Daylight Savings 12:30 Mass and Communion (GP) With St. Pat's 3:00 Youth Broadway Show (C) 6:00 Mexican Train Dominoes (FL, L)	I0:30 Daily Devotion (L) I0:30 Massage with Annie, by appt. II:00 Theraband w/Powerback PT (GP) II:00 Balloon Toss (D) I:30 Mass & Communion (GP) With Fr. Paul From St. Pat's 3:00 Rummikub (GP) 6:00 Chicken Foot Dominoes (FL, L) 6:00 Poker Club (GP)	Election Day 8:30-10:00 Omelet Bar (C) 9:30 Therapy Dog Visit (CA) 12:30 Going to Vote (S) 1:00 Blood Pressure Check (D) 1:00 Weight Workout (GP) 2:00 Making a Thankful Tree (C) 3:30 Bingo (GP) 5:30 Therapy Dog Visit (C) 6:30 Prayer Group for Moms (L)	I 1:00 Protestant Service (GP) I 1:00 Having a Ball (D) I 2:30 Sit and Be Fit (GP) I:00 Walker Wash with PT (C) 2:00 Chair Volleyball (C) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP)	7 10:30 Daily Devotion (L) 11:00 Exercise w/Powerback PT (GP) 11:00 Shopping at Walmart (S) 12:30 Show and Share (GP) 2:00 Culinary Showcase (GP) 3:30 Happy Hour (C) Welcome New Neighbors 6:00 Bunco with St. Pat's (GP)	8 10:30 Massage with Annie, by appt. 11:00 Noodlecise (GP) 1:00 Signing Veteran's Cards (GP) 2:30 Chair Volleyball (C) 6:00 Chicken Foot Dominoes (FL,L) 6:00 Rummikub (GP) 6:00 Bridge Card Game (C)	9 11:00 Staying Fit (GP) 1:00 Afternoon Entertainment (C) Jerry Perrine 2:30 Freestyle Painting (CR) 2:30 Euchre Club (GP) 3:30 Men's Corn Hole (C) 6:00 Movie Madness (C) TBD
	I 1:00 Noodlecise & Weights (GP) 12:30 Kindness Card Crew (L) 1:00 Learn to Crochet (L) 2:30 Candy Bingo (GP) 6:00 Mexican Train Dominoes (FL, L)	Veteran's Day 10:30 Daily Devotion (L) 10:30 Massage with Annie, by appt. 11:00 Theraband w/Powerback PT (GP) 11:30 Shopping at Meijer (S) 12:00 Veteran's Lunch (GP) 1:30 Prayer & Communion (GP) With St. Pat's 3:00 Rummikub (L) 6:00 Chicken Foot Dominoes (FL, L) 6:00 Poker Club (GP)	9:30 Therapy Dog Visit (CA) 10:30 Train Your Brain (L) 10:30 Veteran's Ceremony (S) Lakeland High School 11:00 Weight Workout (GP) 12:45-2:30 Foot Care (GP) 1:00 Blood Pressure Check (D) 3:30 Bingo (GP) 5:30 Therapy Dog Visit (C) 6:30 Prayer Group for Moms (L)	I 1:00 Sit and Be Fit (GP) I 1:30 Lunch Outing (S)	10:30 Daily Devotion (L) 11:00 Exercise w/Powerback PT (GP) 12:00 Carry Out Lunch (GP) From Jets Pizza 2:00 Thanksgiving Craft (GP) 3:30 Happy Hour (C) Celebrating Birthdays 6:00 Mahjong (L)	10:30 Massage with Annie, by appt. 11:00 Bend and Stretch (GP) 12:30 Grab & Go Pumpkin Bread (C) 1:00 Detroit Institute of Arts (L) Ordinary People 2:30 Chair Volleyball (C) 6:00 Chicken Foot Dominoes (FL, L) 6:00 Rummikub (GP) 6:00 Bridge Card Game (C)	11:00 Weight Workout (GP) 1:00 Rummikub (GP) 2:30 Freestyle Painting (CR) 2:30 Euchre Club (GP) 3:30 Men's Corn Hole (C)
	11:00 Noodlecise & Weights (GP) 11:30 Brunch (EDR, MDR) Residents Only 12:00 Brunch (MDR) Residents and Guests 1:00 Learn to Crochet (L) 3:00 Youth Broadway Show (C) 6:00 Mexican Train Dominoes (FL, L)	10:30 Daily Devotion (L) 10:30 Massage with Annie, by appt. 11:00 Theraband w/Powerback PT (GP) 11:00 Balloon Toss (D) 11:30 Shopping at Kroger (S) 1:30 Prayer & Communion (GP) With St. Pat's 3:00 Rummikub (GP) 6:00 Chicken Foot Dominoes (FL, L) 6:00 Poker Club (GP)	9:30 Therapy Dog Visit (CA 11:00 Weight Workout (GP) 12:30 Hi-Tea, Scones & Shopping (C) 1:00 Blood Pressure Check (D) 3:30 Bingo (GP) 5:30 Evening Entertainment (C) Steve Kovich 6:30 Prayer Group for Moms (L)	II:00 Protestant Service (GP) II:00 Having a Ball (D) II:30 Lunch at Wixom Station (S) I2:30 Sit and Be Fit (GP) I:00 Cognitive Workshop (L) 2:00 Chair Volleyball (C) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP)	10:30 Daily Devotion (FL) 11:00 Exercise w/Powerback PT (GP) 12:30 Yahtzee Dice Game (L) 1:30 Friendsgiving Traveling Party 2:30 Open Forum (GP) 3:30 Happy Hour (C) Friendsgiving Celebration 4:00 Hearing Care (L) 6:00 Bunco with St. Pat's (GP)	8:30-10:00 Waffle Bar (C) 10:30 Massage with Annie, by appt. 12:30 Trip to the W.L. Library (S) 1:00 Reminiscing with Stephanie (GP) 2:30 Chair Volleyball (C) 6:00 Chicken Foot Dominoes (FL, L) 6:00 Rummikub (GP) 6:00 Bridge Card Game (C)	11:00 Staying Fit (GP) 1:00 Left, Right, Center (GP) Dice Game 2:30 Freestyle Painting (CR) 2:30 Euchre Club (C) 3:30 Men's Corn Hole (C) 6:00 Movie Madness (C) TBD
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	Calender Key: D – Den C – Café GP – Gathering Place	PDR – Private Dining Room	L – Library	TC – Traveling Cart S – Shuttle MC – Main Courtyard EC – Enhanced Courtyard			Independence Village SENIOR LIVING