## January 2025 Life Enrichment Monthly Calendar

Independent Living

AA – Activity Area

A – Atrium CH – Chapel FY - Front Yard

Atrium

G&G – Grab & Go in the

P – Pub

hment Monthly Calendar Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
·	-	,	New Year's Day!	8:30 Outing: Breakfast at Cracker Barrell	3 11:00 Exercise with Powerback (AA)	4 11:00 Exercise Video -
			II:00 Communion (CH)	II:00 Exercise Video (AA)	1:30 Unique Snowflakes (AA)	Resident Led (AA)
			2:00 New Year, New Goals (A)	1:30 Regular Bingo (AA) 3:00 New Year Scavenger Hunt (A)	3:00 Activity Planning Meeting (AA)	2:00 Fireside Cocoa Hangs (DR)
			6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	(= 1 )
9:30 Church Service (CH)	I I:00 Balloon Volleyball (AA)	7 11:00 Exercise with Advisacare (AA)	I I:00 Exercise Video (AA)	I I:00 Exercise with Brittany (AA)	I 1:00 Exercise with Powerback (AA)	I I:00 Exercise Video -
11:00 Exercise Video -	2:00 Homemade Peppermint Patties (AA)	1:30 Quarter Bingo (AA)	II:00 Communion (CH)	11:30 Outing: Lunch Bunch: Asian Buffet	1:30 Give Back: Winter Hat Making	Resident Led (AA)
Resident Led (AA)	3:00 Christmas Decorations Take	2:30 Wii Bowling - Resident Led (CH) 3:00 Christmas Decorations Take Down	2:00 Musical Performance by David Lawston (A)	2:00 Ice Hotel Virtual Tour (AA)	(AA) 3:00 What's new in 2025? (A)	2:00 Step by Step Snowman
2:00 Tea Party (AA)	Down (A)	(A)	3:30 January Random Trivia (A)	3:30 Indoor Snowball fight (A) 6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	Canvas Painting (AA)
12	6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	` '	. ,	10
9:30 Church Service (CH)	I 1:00 Tai Chi (AA)	I I:00 Exercise with Advisacare (AA)	II:00 Exercise Video (AA)	10:00 Outing: Samaritan's Closet	17 11:00 Exercise with Powerback (AA)	I 1:00 Exercise Video -
11:00 Exercise Video -	2:00 Spa Day (AA)	1:30 Quarter Bingo (AA)	11:00 Communion (CH)	I:00 Exercise with Brittany (AA) I:00 Mens Group Outing: NorthPeak Brewery	1:30 Happy Birthday Betty White! (AA)	Resident Led (AA)
Resident Led (AA)	3:30 Idioms in Disguise Game (A)	2:30 Wii Bowling - Resident Led (CH)	2:00 Happy Hour: Jack Frost (P) 3:30 Snapchat Filters (AA)	I:30 Regular Bingo (AA)	3:00 Give Back: Tie-Blankets for	2:00 Fire side Cocoa Hangs
2:00 First to 25 Game (AA)	6:00 Resident Led Games (P)	3:30 Meditation with Anthony (CH)	6:00 Resident Led Games (P)	3:00 Ted Talk: Are Smartphones Ruining Childhood? (AA)	Animals (AA)	(DR)
		6:00 Resident Led Games (P)		6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	
9:30 Church Service (CH)	Inauguration & MLK 20 Day	2 I III:00 Exercise with Advisacare (AA)	II:00 Exercise Video (AA)	11:00 Exercise with Brittany (AA)	24 11:00 Exercise with Powerback (AA)	25 I I:00 Exercise Video -
11:00 Exercise Video -	I 1:00 Balloon Fly Swatters (AA) I:30 Support Group with Heather Muha	I:30 Quarter Bingo (AA)	II:00 Communion (CH)	1:30 Outing: Dennos Museum	2:00 Staff Soup Contest (AA)	Resident Led (AA)
Resident Led (AA)	(PDR)	2:30 Wii Bowling - Resident Led (CH)	1:30 Resident Forum (AA)	3:30 Name that Country Artist (A)	3:00 National Compliment Day (AA)	2:00 Craft: Mini Snowglobes
2:00 Popcorn Bar (A)	3:00 Martin Luther King Jr. : A Crusader for Liberation (AA)	3:30 Team Trivia (A)	3:30 S'no Jokin' (A) 6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	(AA)
	6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	, ,			
9:30 Church Service (CH)	27 11:00 Stretching & Deep Breathing (AA)	11:00 Exercise with Advisacare (AA)	Chinese New Year 11:00 Exercise Video (AA)	I I:00 Exercise Video(AA)	3 I 11:00 Exercise with Powerback (AA)	
11:00 Exercise Video -	1:30 January Birthday Celebration (AA)	1:30 Quarter Bingo (AA)	II:00 Communion (CH)	I I:00 Lunch Bunch: Joe's Friendly Tavern	2:00 DIY Glitter Snowman (AA)	
Resident Led (AA)	3:30 Ted Talk: The Joyful Tradition of Mountain Music (AA)	2:30 Wii Bowling - Resident Led (CH)	2:00 Musical Performance by Rick Hilleary (A)	1:30 Regular Bingo (AA)	3:00 Snowflake Scavenger Hunt (A)	
2:00 Happy Birthday Michigan	6:00 Resident Led Games (P)	3:30 New Resident Welcome Meeting (AA)	3:30 Chinese New Year Fun (AA)	3:00 Veteran Meeting (CH) 6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	
(AA)		6:00 Resident Led Games (P)	6:00 Resident Led Games (P)	300 (1)		
Calender Key:	DR – Dining Room	L – Library				

Independence Village SENIOR LIVING