

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>New Year's Day 1</b> 10:15 Wednesday Morning Stretch- MC 11:00 Exercise w/ George- LR 1:00 New Year's Reminiscing- MC 2:00 What's New in the New Year- LR	<b>National Cream Puff Day! 2</b> 10:15 January Modern Trivia! - LR 10:15 Nail Detail- MC 11:00 Bible Study- SR 1:00 Exercise w/ Lori- LR 2:00 Thursday Bingo! - DR 3:30 Finish the Pairs- MC 4:00 Jewelry Making- SR	<b>Chocolate Covered Cherry Day! 3</b> 10:15 <a href="#">Men's Club: Sports Trivia!</a> - SR 10:15 Finish Lines- MC 11:00 "CABY" Exercise- LR 1:00 Don't Break the Ice Game! - MC 2:00 <a href="#">Chocolate Covered EVERYTHING Happy Hour!</a> - DR 3:30 Reminisce Circle- MC 4:00 YOU Be the Judge! - SR  <a href="#">Happy Birthday Tom!!</a>	<b>Trivia Day! 4</b> 10:15 Balloon Volley- MC 11:00 Exercise w/ Terri- LR 1:00 First Time for Everything Trivia- MC 2:00 Nail Detail- LR 4:00 Puzzles in MC 6:00 Saturday Night Movie!
<b>National Bird Day 5</b> 9:30 Live Stream Church Service- LR 10:00 Exercise w/ George- LR 11:00 Sunday Morning Yoga- MC 1:00 Crafter's Circle- MC 3:00 Phase 10- LR	<b>Exercise w/ Morgan! 6</b> 10:00 Memory Magic Game- MC 11:00 Movin' on Mondays- LR 1:00 <a href="#">Exercise w/ Morgan!</a> - MC 2:00 Monday Bingo! - DR 3:30 Sorting Circle- MC 4:00 Cranium Crunches- LR	<b>Entertainment Today 7</b> 10:15 Let's Discuss: Mozart- MC 10:30 VLC Church Service- SR 1:00 Chair Chi- LR 1:00 A-Z Trivia- MC 2:00 <a href="#">Entertainment w/ Larry Altop!</a> - DR 3:30 Tidy Tuesday- MC 4:00 Author of the Week: William Shakespeare- SR	<b>Elvis Presley's Birthday! 8</b> 10:15 Blue Suede Shoes Game! - MC 11:00 <a href="#">Lunch at Bob Evans!</a> 1:00 Choir at Independent Living! 1:00 Where am I?: Graceland- MC 2:00 Strength Training- LR 3:30 Hand Massages- MC 4:00 Let's Discuss: Elvis Presley- SR	<b>Poetry at Work Day 9</b> 10:15 What's in a Word? - LR 10:15 Finish the Pairs! - MC 11:00 Bible Study- SR 1:00 Exercise w/ Lori- LR 2:00 Jewelry Making w/ Terri- SR 3:30 5 Card Flip- MC 4:00 Ax Throwing- LR	<b>Birthday Party Today! 10</b> 10:15 Name that Houseplant! - LR 10:15 Painting Planters! - MC 11:00 "CABY" Exercise- LR 1:00 Over or Under Game! - MC 2:00 <a href="#">January Birthday Party!</a> - DR 3:30 Reminisce Circle- MC 4:00 Let's Discuss: Famous January Birthdays! - SR	<b>Vision Board Day 11</b> 10:15 Crafting w/ Terri- MC 11:00 Exercise w/ Terri- LR 1:00 Table-top Bowling! - MC 1:45 Saturday Bingo! - DR 3:00 Puzzles in MC 6:00 Saturday Night Movie!
<b>National Hot Tea Day 12</b> 9:30 Live Stream Church Service- LR 10:00 Exercise w/ George- LR 11:00 Sunday Morning Yoga- MC 1:00 Crafter's Circle- MC 3:00 Phase 10- LR	<b>Music Therapy! 13</b> 10:15 Finish Lines- MC 11:00 Movin' on Mondays- LR 1:00 <a href="#">Tap Dancing w/ Shannon!</a> - LR 1:00 <a href="#">Music Therapy-</a> MC 2:00 Monday Bingo- DR 3:30 Hand Massages- MC 4:00 YOU Be the Judge- LR	<b>Dress up Your Pet Day 14</b> 10:15 Junk Drawer Detective- MC 11:00 Chair Chi- LR 1:00 Name that Pet! - MC 1:30 Catholic Communion- F 2:00 Paint Pouring! - SR 3:30 Tidy Tuesday- MC 4:00 Author of the Week: Jane Austen- SR	<b>Dollar Tree Today! 15</b> 10:15 Cooking Club! - MC 11:00 Strength Training- LR 1:00 Choir at Independent Living! 2:00 <a href="#">Shopping at Dollar Tree!</a> 4:00 Let's Learn: Zentangle Art- SR	<b>Exercise w/ Morgan! 16</b> 10:15 January Random Trivia- LR 10:15 Nail Detail- MC 11:00 Bible Study- SR 1:00 Exercise w/ Lori- LR 1:00 <a href="#">Exercise w/ Morgan!</a> - MC 2:00 Thursday Bingo! - DR 3:30 <a href="#">BINGO STORE!</a> - LR	<b>Celebrating Popcorn Day! 17</b> 10:15 Nail Detail- LR 10:15 Chair FUN Chi! - MC 11:00 "CABY" Exercise- LR 1:00 Gummy Bear Bowling! - MC 2:00 <a href="#">Popcorn Lovers Happy Hour!</a> - DR 3:30 Reminisce Circle- MC 4:00 The History of Popcorn! - SR	<b>National Maintenance Day 18</b> 10:15 Memory Magic Game- MC 11:00 Exercise w/ Terri- LR 1:00 Bracelet Making- MC 2:00 <a href="#">Entertainment w/ Curtis Chamberlain!</a> - DR 3:00 Puzzles in MC 6:00 Saturday Night Movie!
<b>National Popcorn Day 19</b> 9:30 Live Stream Church Service- LR 10:00 Exercise w/ George- LR 11:00 Sunday Morning Yoga- MC 1:00 Crafter's Circle- MC 3:00 Phase 10- LR	<b>Martin Luther King Day 20</b> 10:15 All About MLK Day- MC 11:00 Exercise w/ George- LR 1:00 <a href="#">Exercise w/ Morgan!</a> - MC 2:00 Card Game of Choice- LR 3:30 Sorting Circle- MC	<b>Crafters Makers Day 21</b> 10:15 A-Z Trivia- MC 10:30 VLC Church Service- SR 1:00 Hand Strength Squeezer Craft- MC 2:00 Tuesday Bingo! - DR 3:30 Tidy Tuesday- MC 4:00 Chair Chi- LR	<b>Lunch at Rocknes! 22</b> 10:15 Bracelet Making- MC 11:00 <a href="#">Lunch at Rocknes!</a> 1:00 Choir at Independent Living! 2:00 Strength Training- LR 3:30 Hand Massages- MC 4:00 Author of the Week: Ernest Hemingway- SR  <a href="#">Happy Birthday Nancy R.!!</a>	<b>Clashing Clothes Day 23</b> 10:15 What's in a Word? - LR 10:15 Finish the Pairs! - MC 11:00 Bible Study- SR 1:00 Exercise w/ Lori- LR 2:00 Painting w/ Terri! - SR 3:30 Ax Throwing- MC 4:00 Cranium Crunches- LR  <a href="#">Happy Birthday Nancy A.!!</a>	<b>Activities Professionals Day! 24</b> 10:15 Cooking Club! - MC 10:15 Memory Magic Game- MC 11:00 "CABY" Exercise- LR 1:00 I Spy Game! - MC 2:00 <a href="#">Brews and Tattoos Happy Hour!</a> - DR 3:30 Reminisce Circle- MC 4:00 Mini-Golf- LR	<b>Opposite Day 25</b> 10:15 Opposites Trivia! - MC 11:00 Exercise w/ Terri- LR 1:00 Balloon Volley- MC 1:45 Saturday Bingo! - DR 3:00 Puzzles in MC 6:00 Saturday Night Movie!
<b>Spouse's Day 26</b> 9:30 Live Stream Church Service- LR 10:00 Exercise w/ George- LR 11:00 Sunday Morning Yoga- MC 1:00 Crafter's Circle- MC 3:00 Phase 10- LR	<b>Food Discussions Today 27</b> 10:15 <a href="#">Food Discussions w/ Joyce-</a> DR 11:00 Movin' on Mondays- LR 1:00 <a href="#">Music Therapy-</a> MC 2:00 Monday Bingo- DR 3:30 Sorting Circle- MC 4:00 Chinese Checkers- LR	<b>Pop Art Day 28</b> 10:15 Drawing w/ Heather! - MC 11:00 Chair Chi- LR 1:00 All About: Pop Art! - MC 1:30 Catholic Communion- F 2:00 <a href="#">Resident Council-</a> DR 3:30 Tidy Tuesday- MC 4:00 Author of the Week: Margaret Atwood- SR	<b>Chinese New Year 29</b> 10:15 Junk Drawer Detective- MC 11:00 Strength Training- LR 1:00 Choir at Independent Living! 1:00 Chinese New Year Craft! - MC 2:00 <a href="#">Shopping at Target!</a> 4:00 Let's Learn: Chinese New Year- SR	<b>National Draw a Dinosaur Day 30</b> 10:15 Hangman- LR 10:15 Nail Detail- MC 11:00 Bible Study- SR 1:00 Exercise w/ Lori- LR 2:00 Thursday Bingo! - DR 3:30 5 Card Flip- MC 4:00 Jewelry Making- SR	<b>National Hot Chocolate Day! 31</b> 10:15 Nail Detail- LR 10:15 Hot Cocoa Craft- MC 11:00 "CABY" Exercise- LR 1:00 Over or Under Game! - MC 2:00 <a href="#">Hot Cocoa Bar!</a> - DR 3:30 Reminisce Circle- MC 4:00 Ax Throwing- LR	

**Calendar Key:**  
 F- Facility Wide  
 SR- Sunroom  
 A- Aviaries

MC- Memory Care  
 P- Patio  
 LR- Living Room  
 DR- Dining Room

I- Independent Activity  
 PL- Parking Lot  
 IL- Independent Living Building

Happy January Birthday to the Following Residents:

Tom A. 1/3  
 Nancy R. 1/22  
 Nancy A. 1/23

