B-IL Bistro

P-IL Parlor

MR-Meditation Room

Independent Living | Assisted Living

January 2025
Life Enrichment Monthly Calendar

Activities are subject to change

	independent Living   76333ced	· · · · · · · · · · · · · · · · · · ·	Life Enrichment Floridity Calendar Activity				divides are subject to change
表	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				New Year's Day  10:00 Choir: Straight No Chaser (T) 10:30 Pet Therapy w/ Dodger 1:00 Euchre Club (SL) 1:00 Movie: New Years Resolution (T) 2:00 Health Talk w/ Legacy: Preventing Falls (CR) 2:30 Feeling Fit w/ Legacy (CR) 3:15 Bible Study w/ Stonybrook - all welcome (SL) 5:00 The Rose Bowl: OSU v. Oregon (T)	10:00 Balloon Volleyball League (EDR) 10:30 Christmas Pack Up Party - sign up 1:00 Food Critics Club: Chocolate Chip Cookies - sign up (CR) 2:00 Zumba w/ Kimberly (MC) 3:00 Dominoes (SL)	10:00 Chair Yoga w/ Barbara (CR) 11:00 Last Month on Facebook (T) 1:00 Crazy Bingo (EDR) 2:30 Happy Hour with Music by Mike Hale (EDR)	9:30 Brain Fitness Activity Packets (LT) 10:00 Exercise Video: Sit & Be Fit (T) 2:00 Movie Matinee: Under the Tuscan Sun (T) 3:00 Quarter Bingo (EDR) 7:00 Movie Rewind: Under the Tuscan Sun (T)
	10:00 Church Transports-Sign Up 10:15 Catholic Communion Service (CR) 10:15 Washington Nat'l Cathedral Virtual Church service (T) 1:00-3:00 Tech Help (P-IL) 2:00 Bridge Club - resident led (SL) 2:00 Movie: A New Year's Resolution (T) 2:00 Movement Class w/ Danielle (MR) 7:00 Movie: Man On The Inside - Ep. I (T)	9:30 Weekly Chronicles (LT) 9:30 Shopping Trip: Fresh Thyme-sign up (LT) 10:00 Drum Circle (MR) 10:30 Craft Corner (CR) 1:00 The Knitwits (CR) 1:00 Pet Therapy w/ Dodger 2:00 Classic Bingo (EDR) 3:00 Curiosity University - Come and see what we will learn about (T)	9:30 Bible Study w/ Crosspoint Church (CR) 10:00 Chair Tai Chi (MR) 11:00 Chat w/ Brittany, ED & Casey (P-IL) 1:00 Grocery Shopping Order(LEO) 2:00 Poker Club - resident led (SL) 3:00 Book Club - meet to discuss latest book (Library)	10:15 Choir Club (EDR) 10:30 Pet Therapy w/ Dodger 1:00 Garden Club - Let's clean up the Greenhouse! (GH) 1:00 Euchre Club (SL) 2:00 Shuttle Service - sign up (LT) 2:30 Feeling Fit w/ Legacy (CR) 3:00 Happy 90th Birthday, Elvis! (CR) 7:00 Movie: Alice in Wonderland (2010) (T)	10:00 Balloon Volleyball League (EDR) 10:30 Ukulele Class (CR) 11:00 Health Chat w/ Curtis & Jacob from CorsoCare (P-IL) 12:30 Pet Therapy w/ Cassie 1:00 AL Resident Council Meeting (P-AL) 2:00 Zumba w/ Kimberly (CR) 2:00 Hot Chocolate Bar with Allison from Summit (P-IL)	10:00 Chair Yoga w/ Barbara (CR) 10:30 Lunch Outing: Watts (Utica, OH)- Sign up (LT) 1:00 Crazy Bingo (EDR) 2:30 January Birthday Luau with Music by Scott Brooks (EDR)	9:30 Brain Fitness Activity Packets (LT) 10:00 Exercise Video: Sit & Be Fit (T) 2:00 Movie Matinee: The Sting (T) 3:00 Uno - resident led (SL) 7:00 Movie Rewind: The Sting (T)
2	12	13	14	15	16	17	18
拉	10:00 Church Transports - Sign Up 10:15 Catholic Communion Service (CR) 10:15 Washington Nat'l Cathedral Virtual Church service (T) 2:00 Bridge Club - resident led (SL) 2:00 Movie: Alice in Wonderland (T) 1:00-3:00 Tech Help (P-IL) 2:00 Movement Class w/ Danielle (MR) 7:00 Movie: Man On The Inside - Ep. 2(T)	9:30 Weekly Chronicles (LT) 9:30 Shopping Trip: Giant Eagle -sign up (LT) 10:00 Chair Yoga Dance (MR) 1:00 Blood Pressure Clinic w/ Laurus (MR) 1:00 The Knitwits (CR) 1:00 Pet Therapy w/ Dodger 2:00 Classic Bingo (EDR) 3:00 Henry Ford's Innovation Nation (T)	10:00 Chair Tai Chi (MR) 10:00 Craft Corner (CR) 10:30 Culinary Showcase (EDR) 11:00 Chat with Brittany, ED (P-IL) 1:00 Grocery Shopping Order (LEO) 1:00 Tech Tuesday - Sign Up (LT) 2:00 Self-Defense Class w/ Officer Blair (EDR) 2:00 Poker Club - resident led (SL) 3:00 Kitchen Adventures (CR)	10:15 Choir Club (EDR) 10:30 Pet Therapy w/ Dodger 11:00 Outing: Scioto Downs Casino -sign up (LT) 1:00 Euchre Club (SL) 1:00 Trumpet Music w/ Mike Meyers(EDR) 2:30 Feeling Fit w/ Legacy (CR) 3:15 Bible Study w/ Stonybrook Church - all welcome (SL) 7:00 Movie Night: Space Cowboys (T)	10:00 Balloon Volleyball League (EDR) 10:30 - 3:30 Outing: StoryPoint Pickerington w/ Euchre Club - sign up (LT) 11:00 Fireside Chat: What Am I (P-IL) 2:00 Zumba w/ Kimberly (MC) 3:00 New Friend Meet & Greet (EDR) 6:45 Music with Bill Gavin (EDR)	10:00 Chair Yoga w/ Barbara (CR) 10:00 Rummikub w/ Brittany (EDR) 10:30 Spa Cart - sign up 1:00 Crazy Bingo (EDR) 2:30 Happy Hour with Line Dancing with M.O.C.A. (EDR)	9:30 Brain Fitness Activity Packets (LT) 10:00 Exercise Video: Sit & Be Fit (T) 2:00 Movie Matinee: The Notebook (T) 3:00 Quarter Bingo (EDR) 3:00 Rummikub - resident led (SL) 7:00 Movie Rewind: The Notebook (T)
	19	Martin Luther King 20	21	10:15 Choir Club (EDR) <b>22</b>	23	24	25
	10:00 Church Transports-Sign Up 10:15 Catholic Communion Service w/ St. Matthew (CR) 10:15 Washington Nat'l Cathedral Virtual Church Service (T) 1:00-3:00 Tech Help (P-IL) 2:00 Movie: Space Cowboys (T) 2:00 Bridge Club - resident led (SL) 2:00 Movement Class w/ Danielle (MR) 7:00 Movie: Man On The Inside - Ep. 3(T)	9:30 Weekly Chronicles (LT) 9:30 Shopping Trip: Meijer-sign up (LT) 10:00 Drum Circle (MR) 1:00 Pet Therapy w/ Dodger 1:00 The Knitwits (CR) 2:00 Classic Bingo (EDR) 3:00 Martin Luther King Presentation (EDR)	10:00 Chair Tai Chi (MR) 11:00 Chat with Brittany, ED (P-IL) 1:00 Grocery Shopping Orders (LEO) 1:00 Tech Tuesday - Sign Up (LT) 2:00 Poker Club - resident led (SL) 3:00 Jeopardy (EDR)	10:30 Pet Therapy w/ Dodger 12:00 Storypoint Ambassador Lunch (CR) 1:00 Euchre Club (SL) 2:00 Shuttle Service - sign up (LT) 2:00 Hymn Sing-Along (EDR) 2:30 Feeling Fit w/ Legacy (CR) 2:30 Communion Service - all welcome (EDR) 7:00 Family/Staff/Resident Bingo Bonanza (EDR)	6:30 Movie Night w/ Laurus (T)	10:00 Chair Yoga w/ Barbara (CR) 11:00 Lunch Outing: High Bank Distillerysign up (LT) 1:00 Crazy Bingo (EDR) 2:30 Happy Hour w/ Music by Roger Dearwester (EDR)	9:30 Brain Fitness Activity Packets (LT) 10:00 Exercise Video: Sit & Be Fit (T) 2:00 Movie Matinee: Get Low (T) 3:00 Kings In the Corner - resident led (SL) 7:00 Movie Rewind: Get Low (T)
	26	27	Resident Forum 28	Chinese New Year 29	30	31	
14(1)))	2:00 Bridge Club - resident led (SL) 7:00 Movie: Man On The Inside - Ep. 4 (T)	9:30 Weekly Chronicles (LT) 9:30 Shopping Trip: Kroger-sign up (LT) 10:00 Chair Yoga Dance (MR) 10:30 Mozart and Muffins (CR) 1:00 Blood Pressure Clinic w/ Laurus (MR) 1:00 The Knitwits (CR) 1:00 Pet Therapy w/ Dodger 2:00 Classic Bingo (EDR) 3:00 Curiosity University (T)	10:00 Chair Tai Chi (M) 11:00 Chat with Brittany, ED (P-IL) 11:00 Grocery Shopping Orders (LEO) 1:00 Tech Tuesday - Sign Up (LT) 1:00 Calendar Folding (EDR) 2:00 Resident Forum (EDR) 3:00 Activity Brainstorm (EDR)	10:00 Seamstress Barbara Dossett here (P-IL) 10:15 Choir Club (EDR) 10:30 Pet Therapy w/ Dodger 1:00 Staff v. Resident Euchre Tournament (SL & CR) 1:00 Columbus Mobile Library (P-IL) 2:30 Feeling Fit w/ Legacy (MR) 3:15 Prayer Chain Ministry Meeting (SL) 7:00 Movie Night: Second Hand Lions (T)	I0:00 Balloon Volleyball League (EDR) I0:30 Ukulele Class (CR) I:00 Calendar Cart I:00 Craft Corner (CR) 2:00 Zumba w/ Kimberly (CR) 3:00 Chinese New Year Educational Program (T)	9:15 Outing: Columbus Symphony - sign up (LT) 10:00 Chair Yoga w/ Barbara (CR) 10:00 Rummikub w/ Brittany (EDR) 1:00 Crazy Bingo (EDR) 2:30 Happy Hour w/ Music by Matt Tolentino (EDR)	**** The OSU Football Games will take precedence over Saturday afternoon and evening movies.
	Calender Key:	T-Theater	· · · · · · · · · · · · · · · · · · ·	SD-Sky Deck			C D
	CR-Community Room	EDR-East Dining Room	•	MDR-Main Dining Room		5435 Morse Rd.	STORYPOINT*
	SL-Sky Lounge	GH-Green House	RC-Resident's Club	MC-Memory Care	Life Enrichment Director	Gahanna, OH 43230	Senior Living

LT-Life Enrichment Table

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