

Independence Village of Carmel

Memory Care- Connection Point Neighborhood

December 2024

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:00 Daily Chronicles 10:30 Walk with Wellness 11:00 Bingo 3:00 Hand Massage</p>	<p>2</p> <p>10:00 Music Therapy 11:00 Daily Chronicles/ Hello December 11:30 Chair Exercise 1:15 Decorate the Neighborhood 5:30 Christmas Movie</p>	<p>3</p> <p>10:00 Daily Chronicles 10:30 Zumba 11:00 Ring Toss 1:15 December Trivia 2:00 Tea& Conversations 3:00 Balloon Volleyball 5:30 Calming Music</p>	<p>4</p> <p>10:00 Daily Chronicles 10:30 Chair Exercises 11:00 Axe Throwing 1:15 Whiteboard games 3:00 Stories with Brad 5:30 Aromatherapy and Relaxing Music</p>	<p>5</p> <p>10:00 Daily Chronicles 10:30 Sit N' Fit 11:00 Bermuda Triangle Day 2:00 Caroles & Views Outing 3:30 Lady of Mt Carmel (CR3) 5:30 60's TV Shows</p>	<p>6</p> <p>10:00 Visit with Brad and Dory 10:30 Chair Yoga 11:00 Daily Chronicles 1:30 Pearl Harbor Discussion 3:00 Happy Hour 5:30 Adult Coloring</p>	<p>7</p> <p>10:00 Daily Chronicles 10:30 Walk with Wellness 11:00 Board Games 1:00 Adult Coloring & Meditation 3:00 Sensory Hour</p>
<p>8</p> <p>10:00 Daily Chronicles 10:30 Walk with Wellness 11:00 Bingo 3:00 Hand Massage</p>	<p>9</p> <p>10:00 Daily Chronicles 10:30 Chair Exercises 11:00 Balloon Volleyball 1:15 Manicure Monday 3:30 Brownie Troop and Cookies 5:30 Christmas Movie</p>	<p>10</p> <p>10:00 Daily Chronicles 10:30 Zumba 11:00 Scenic Drive 1:15 Christmas Cards 5:30 Calming Music</p>	<p>11</p> <p>10:00 Daily Chronicles 10:30 Chair Exercises 11:00 Music Therapy 1:15 Bingo 5:30 Aromatherapy and Relaxing Music</p>	<p>12</p> <p>10:00 Daily Chronicles 10:30 Sit N' Fit 11:00 Guess that Price 1:15 Santa's Pant's Centerpieces Craft 3:00 Denny Glander 3:30 Lady of Mt Carmel (CR3) 5:30 60's TV Shows</p>	<p>13</p> <p>10:00 Visit with Brad and Dory 10:30 Chair Yoga 11:00 Daily Chronicles 11:30 Mona Lisa Returned 2:00 Sentimental Sounds Performance 3:00 Happy Hour 5:30 Adult Coloring</p>	<p>14</p> <p>10:00 Daily Chronicles 10:30 Walk with Wellness 12:00-4:00 Christmas Open House</p>
<p>15</p> <p>10:00 Daily Chronicles 10:30 Walk with Wellness 11:00 Bingo 3:00 Hand Massage 4:00 Carol's with Brownie Troop</p>	<p>16</p> <p>10:00 Music Therapy 11:00 Chair Exercise 11:30 Daily Chronicles 1:15 Scrabble Letter Ornaments 5:30 Christmas Movie</p>	<p>17</p> <p>10:00 Daily Chronicles 10:30 Zumba 11:00 Christmas Reminiscing 2:00 Hot Chocolate Bar 3:00 Axe Throwing 5:30 Calming Music</p>	<p>18</p> <p>10:00 Daily Chronicles 10:30 Chair Exercises 11:00 Basketball 2:00 Justin Monts 3:00 Stories with Brad 5:30 Aromatherapy and Relaxing Music</p>	<p>19</p> <p>10:00 Daily Chronicles 10:30 Sit N' Fit 11:00 Family Feud 1:30 Holiday Craft 3:30 Lady of Mt Carmel (CR3) 6:00 Christmas Lights at the Fairgrounds</p>	<p>20</p> <p>10:00 Visit with Brad & Dory 10:30 Chair Yoga 11:00 Daily Chronicles 3:00 Happy Hour- Ugly Sweater 5:30 Adult Coloring</p>	<p>21</p> <p>10:00 Daily Chronicles 10:30 Walk with Wellness 11:00 Board Games 1:00 Adult Coloring & Meditation 3:00 Sensory Hour</p>
<p>22</p> <p>10:00 Daily Chronicles 10:30 Walk with Wellness 11:00 Bingo 3:00 Hand Massage</p>	<p>23</p> <p>10:00 Daily Chronicles 10:30 Chair Exercises 11:00 Conversation Cards 1:15 Manicure Monday 5:30 Christmas Movie</p>	<p>24</p> <p>Christmas Eve 10:00 Daily Chronicles 10:30 Zumba 11:00 Name that Carole 1:30 OUTING 4:00-6:00 Christmas Dinner</p>	<p>25</p> <p>Christmas/Hanukkah Begins 10:00 Daily Chronicles 10:30 Chair Exercises 11:00 Christmas Sing Along 5:30 Christmas Movie</p>	<p>26</p> <p>Kwanza Begins 10:00 Daily Chronicles 10:30 Sit N' Fit 11:00 Bingo 3:30 Lady of Mt Carmel (CR3) 5:30 60's TV Shows</p>	<p>27</p> <p>10:00 Visit with Brad & Dory 10:30 Chair Yoga 11:00 Daily Chronicles 3:00 Happy Hour 5:30Adult Coloring</p>	<p>28</p> <p>10:00 Daily Chronicles 10:30 Walk with Wellness 11:00 Board Games 1:00 Adult Coloring & Meditation 3:00 Sensory Hour</p>
<p>29</p> <p>10:00 Daily Chronicles 10:30 Walk with Wellness 11:00 Bingo 3:00 Hand Massage</p>	<p>30</p> <p>10:00 Music Therapy 11:00 Chair Exercises 11:30 Daily Chronicles 2:00 Tea and Conversations 5:30 Christmas Movie</p>	<p>31</p> <p>10:00 Daily Chronicles 10:30 Zumba 11:00 Balloon Volleyball 1:15 New Years Traditions 3:00 Bingo 5:30 Calming Music</p>				

Calendar Key:
A – Atrium
C – Café
CP – Corner Pocket

CY – Courtyard
FL – Front Lobby
GP – Gathering Place
HL – Harbor Lobby

HYC – Harbor Courtyard
L – Library