

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|---|--|
| | | | | | | <p style="text-align: right;">2</p> <p>*10:00 Illusionist Josh Farley in AL Dining Room 11:30 Kickball 1:30 The Perk 2:00 Puzzle Pals 3:00 Junk Drawer Detective 6:00 Classic TV: "Andy Griffith"</p> |
| <p style="text-align: right;">2</p> <p>10:30 Spiritual Eldercare Video Church Service 11:45 Groundhog Race 1:45 The Perk 2:15 Scrambled Words 3:00 Dot Art 4:15 Travelogue: France 6:00 Name that Tune</p> | <p style="text-align: right;">3</p> <p>10:30 Monday Music 11:00 Hearthside Book Club 1:45 The Perk 2:15 Photo Reminiscing 3:00 Balloon Bop Afternoon: Manicures 4:30 Keep It Moving 6:30 Winter Dot Art</p> | <p style="text-align: right;">4</p> <p>10:30 Word Game 11:00 Bridgetown Music and Movement 1:45 The Perk 2:15 Bean Bag Toss 3:00 Bible Study 3:30 Finish the Phrase 6:00 Table Top Balloon Bop</p> | <p style="text-align: right;">5</p> <p>10:30 Trivia Challenge 11:00 Exercise with Lauryn from Total Care Therapy 1:45 The Perk 2:15 Table Top Corn Hole 3:30 Bingo 6:00 1950s Music</p> | <p style="text-align: right;">6</p> <p>10:30 Match Up Cards 10:30 Interactive Music Session with Senior Music Connection 1:45 The Perk 2:15 Uno Card Game 3:00 Thirsty Thursday: Birthday Celebrations 4:30 Pondering Prompts Afternoon: Manicures</p> | <p style="text-align: right;">7</p> <p>10:30 Danbury Drummers Cardio Exercise *11:00 Brukner Nature Center Live Animal Program in AL 1:45 The Perk 2:15 Hot Chocolate Cart 3:15 Chicken Soup Story 4:00 Country Sing Along</p> | <p style="text-align: right;">8</p> <p>11:00 Saturday Stretches 11:30 Kickball 1:30 The Perk 2:00 Finish the Phrase 3:00 Craft Time 6:00 Classic TV: "Gilligan's Island"</p> |
| <p style="text-align: right;">9</p> <p>Super Bowl Sunday 10:30 Spiritual Eldercare Video Church Service 11:45 Football Toss Game 1:45 The Perk 2:15 Tea Tasting 3:00 Puzzle Pals 6:30 Super Bowl! (on Fox TV)</p> | <p style="text-align: right;">10</p> <p>10:30 Monday Music 11:00 Hearthside Book Club 1:45 The Perk 2:15 Photo Reminiscing 3:00 Keep it Moving Afternoon: Manicures 4:30 Noodle Ball 6:30 Balloon Bop</p> | <p style="text-align: right;">11</p> <p>10:30 Name Five 11:00 Bridgetown Music and Movement 1:45 The Perk 2:15 Valentine Craft 3:00 Bible Study 3:30 Bean Bag Toss 6:00 Table Top Balloon Bop</p> | <p style="text-align: right;">12</p> <p>10:30 Three Clues Trivia 11:00 Exercise with Lauryn from Total Care Therapy 1:45 The Perk 2:15 Table Top Corn Hole 3:00 Bingo 6:00 1940s Music</p> | <p style="text-align: right;">13</p> <p>10:30 Famous Pairs 11:00 Swat the Fly 1:30 Coffee Outing 1:45 The Perk 3:00 Thirsty Thursday Lemonade Tea 4:30 Pondering Prompts</p> | <p style="text-align: right;">14</p> <p>10:30 Danbury Drummers Cardio Exercise 11:15 Fill in the Blank 1:45 The Perk 2:30 Valentine's Day Party! 4:00 50s Sing Along</p> | <p style="text-align: right;">15</p> <p>11:00 Saturday Stretches 11:30 Kickball 1:30 The Perk 2:00 Golf Putter Game 3:00 Junk Drawer Detective 6:00 Classic TV: "I Love Lucy"</p> |
| <p style="text-align: right;">16</p> <p>10:30 Spiritual Eldercare Video Church Service 11:45 Craft Time 1:45 The Perk 2:15 Dot Art 3:00 Finish the Phrase 6:00 Movie</p> | <p style="text-align: right;">17</p> <p>10:30 Monday Music 11:00 Hearthside Book Club 1:45 The Perk 2:15 Photo Reminiscing 3:00 Balloon Bop Afternoon: Manicures 4:30 Chicken Soup Story 6:30 Keep it Moving</p> | <p style="text-align: right;">18</p> <p>11:00 Bridgetown Music and Movement 1:30 Bus Ride Outing 1:45 The Perk 3:00 Bible Study 3:30 Golf Putter Game 6:00 Table Top Balloon Bop</p> | <p style="text-align: right;">19</p> <p>10:30 Name the Pairs 11:00 Exercise with Lauryn from Total Care Therapy 1:45 The Perk 2:15 Table Top Corn Hole 3:00 Bingo 6:00 Country Music</p> | <p style="text-align: right;">20</p> <p>10:30 Interactive Music Session with Senior Music Connection 1:45 The Perk 2:15 Sequencing Cards 3:00 Thirsty Thursday: Cranberry Spritzer Afternoon: Manicures</p> | <p style="text-align: right;">21</p> <p>10:30 Danbury Drummers Cardio Exercise 11:15 Finish the Phrase 1:45 The Perk 2:15 Adult Coloring 3:00 Balloon Bop Game 4:00 Hymns Sing Along</p> | <p style="text-align: right;">22</p> <p>11:00 Saturday Stretches 11:30 Kickball 1:30 The Perk 2:00 Craft Time 3:00 Puzzle Pals 6:00 Classic TV: "Gomer Pyle"</p> |
| <p style="text-align: right;">23</p> <p>10:30 Spiritual Eldercare Video Church Service 11:45 Winter Poetry 1:45 The Perk 2:15 Keep It Moving 3:00 Painting 6:00 Musical Memories</p> | <p style="text-align: right;">24</p> <p>10:30 Monday Music 11:00 Hearthside Book Club 1:45 The Perk 2:15 Photo Reminiscing 4:30 Golf Putter Game Afternoon: Manicures 6:30 Adult Coloring</p> | <p style="text-align: right;">25</p> <p>10:30 Name Five 11:00 Bridgetown Music and Movement 1:45 The Perk 2:15 Travel Maps 3:00 Bible Study 3:30 Keep It Moving 6:00 Table Top Balloon Bop</p> | <p style="text-align: right;">26</p> <p>10:30 Animal Trivia 11:00 Exercise with Lauryn from Total Care Therapy 1:45 The Perk 2:15 Table Top Corn Hole 3:00 Bingo 6:00 Rat Pack Music</p> | <p style="text-align: right;">27</p> <p>10:30 Match Up Cards 11:00 Swat the Fly 1:45 The Perk 2:15 Chicken Soup Story 3:00 Thirsty Thursday: Coke Floats 4:30 Pondering Prompts Afternoon: Manicures</p> | <p style="text-align: right;">28</p> <p>10:30 Danbury Drummers Cardio Exercise 11:15 Fill in the Blank 1:45 The Perk 2:15 Winter Memories 3:00 Uno Card Game 4:00 Classics Sing Along</p> | |

Calendar Key:
 *Activities listed as "in AL" take place in the other side of the building. If you would

like to attend these events, please let a staff member know so we can make arrangements as needed.

*Therapy Dog visits occur 2-3x per month.