

Independence Village of Carmel

Independent Living/ Assisted Living

# January 2025

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00 Cardio Drumming (CR) 10:30 Dominoes (SL) 11:00 New Years Reflective Questions (CR) 1:30 Bingo (CR) 6:30 Euchre (SL)	9:30 Aldi* 2 10:00 Exercise with Legacy (CR) 12:00 Resident Council (PDR) 1:30 Royal Jewelers Craft (SL) 3:30 Our Lady of MT. Carmel (CR3) 3:30 Mary Hare's Memorial Service (ALD)	10:00 Chair Yoga (CR) 3 10:30 Ambassador Meeting (L) 11:00 Book Club (ALB) 1:00 Bridge Cub (L) 1:15 Super Senior Bible Study (TH) 3:00 Happy Hour- (ALD) 6:30 Movie Night- Bella (TH)	10:00 Tai Chi (CR) 11:15 Bingo (CR) 1:30 Dominos (SL) 2:30 Painting with Keneihsa (CR)
9:00 Virtual Catholic Service (CR) 5 10:00 Virtual UMC Church (CR) 1:30 Scrabble (SL) 3:00 Sing Alongs (CR)	10:00 Exercise with Legacy (CR) 6 10:30 Morning Brew (ALB) 2:00 Bingo (CR) 3:30 Pictionary (CR) 6:30 Euchre (SL)	9:30 Kroger* 7 10:30 Diabetes Health Chat with Kerriann (CR) 11:00 Cardio Fitness (CR) 11:30 Show and Tell-Bring something you'd like to talk about (CR) 2:00 Dominoes (SL) 3:00 Afternoon Tea (CR) 6:30 Euchre (SL)	10:00 Cardio Drumming (CR) 8 10:30 Dominoes (SL) 11:00 Yogurt Parfait Bar (ALB) 1:30 Bingo (CR) 6:30 Euchre (SL)	9:30 Walmart* 9 10:00 Exercise with Legacy (CR) 10:30 Health Chat with Legacy (CR) 11:00 Perkins* 2:00 Townhall (ALD) 3:00 Denny Glander (ALB) 3:30 Our Lady of MT. Carmel (CR3)	10:00 Chair Yoga (CR) 10 11:00 Book Club (ALB) 1:00 Bridge Club (L) 1:30 Scrabble (SL) 3:00 Happy Hour-Charades (ALD) 6:30 Movie Night-The Water Horse (TH)	10:00 Tai Chi (CR) 11 11:15 Bingo (CR) 1:30 Dominos (SL) 3:00 Group Walk (meet in Lobby)
9:00 Virtual Catholic Service (CR) 12 10:00 Virtual UMC Church (CR) 1:30 Scrabble (SL) 3:00 Sing Alongs (CR)	10:00 Exercise with Legacy (CR) 13 10:30 Morning Brew (ALB) 2:00 BINGO! (CR) 3:30 9 Letter Squares-Word game(CR) 6:30 Euchre (SL)	9:30 Meijer* 14 11:00 Cardio Fitness (CR) 11:30 Fact or Fiction (CR) 1:00 Design Your Own Hat (CR) 2:00 Dominoes (SL) 3:00 Manicures* (CR) 6:30 Euchre (SL)	<b>Wear Your Hat Day</b> 15 10:00 Cardio Drumming (CR) 10:30 Dominoes (SL) 11:00 Wheel of Fortune (CR) 1:30 Bingo (CR) 3:10 Justin Monts (ALB) 6:30 Euchre (SL)	9:30 Dollar Tree* 16 10:00 Exercise with Legacy (CR) 11:00 Big Hoffas* 1:30 Royal Jewelers Craft (SL) 3:30 Our Lady of MT. Carmel (CR3)	10:00 Chair Yoga (CR) 17 10:30 Ambassador Meeting (L) 11:00 Book Club (ALB) 1:00 Bridge Club (L) 1:15 Super Senior Bible Study 3:00 Happy Hour-Popcorn Bar New Residents (ALD) 6:30 Movie Night- Pride and Prejudice Part 1 (TH)	10:00 Tai Chi (CR) 18 11:15 Bingo (CR) 1:30 Dominos (SL) 3:00 Group Walk (meet in Lobby)
9:00 Virtual Catholic Service (CR) 19 10:00 Virtual UMC Church (CR) 1:30 Scrabble (SL) 3:00 Sing Alongs (CR)	10:00 Exercise with Legacy (CR) 20 10:30 Morning Brew (CR) 1:00 Cheese Lover's Social (ILB) 2:00 BINGO! (CR) 3:30 Martin Luther King Documentary (CR) 6:30 Euchre (SL)	9:30 Aldi* 21 11:00 Cardio Fitness (CR) 1:30 In-house miniature golf (FL) 2:00 Dominoes (SL) 3:00 Afternoon Tea (CR) 6:30 Euchre (SL)	10:00 Cardio Drumming (CR) 22 10:30 Dominoes (SL) 11:00 Family Feud (CR) 1:30 Bingo (CR) 3:10 Sam Piercy (ALB) 6:30 Euchre (SL)	9:30 Rosie's Place-Breakfast* 23 10:00 Exercise with Legacy (CR) 1:00 Goodwill* 3:30 Our Lady of MT. Carmel (CR3)	10:00 Chair Yoga (CR) 24 11:00 Book Club (ALB) 1:00 Bridge Club (L) 1:30 Scrabble (SL) 3:00 Happy Hour Resident Birthdays (ALD) 6:30 Movie Night- Pride and Prejudice Part 2(TH)	10:00 Tai Chi (CR) 25 11:15 Bingo (CR) 1:30 Dominos (SL) 3:00 Group Walk (meet in Lobby)
9:00 Virtual Catholic Service (CR) 26 10:00 Virtual UMC Church (CR) 1:30 Scrabble (SL) 3:00 Sing Alongs (CR)	10:00 Exercise with Legacy (CR) 27 10:30 Morning Brew (ALB) 2:00 BINGO! (CR) 3:30 Higher or Lower Game (CR) 6:30 Euchre (SL)	9:30 Kroger* 28 11:00 Cardio Fitness (CR) 11:30 Mystery Trivia (CR) 2:00 Dominoes (SL) 3:00 Manicures* (CR) 6:30 Euchre (SL)	10:00 Cardio Drumming (CR) 29 10:30 Dominoes (SL) 11:00 Soup Cook-Off (CR) 1:30 Bingo (CR) 3:00 Sand Art (CR) 6:30 Euchre (SL)	9:30 Walmart* 30 10:00 Exercise with Legacy (CR) 11:00 Culvers* 1:30 Royal Jewelers Craft(SL) 3:30 Our Lady of MT. Carmel (CR3)	10:00 Chair Yoga (CR) 31 11:00 Book Club (ALB) 1:00 Bridge Club (L) 1:30 Scrabble (SL) 3:00 Happy Hour- Beating the Winter Blues(ALD) 6:30 Movie Night- Under The Tuscan Sun(TH)	

**Calendar Key:**  
CR- Community Room 2  
CR3- Community Room 3  
L- Library

ALD- Assisted Living Dining  
ILD- Independent Living Dining

ALB- Assisted Living Bistro  
ILB- Independent Living Bistro  
CY- Courtyard

FL- Front Lobby  
SL- Sky Lounge  
MC- Memory Care  
TH- Theater

\*Sign up in Red Binder