

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Black History Month American Heart Health Month</p>	<p>February Birthdays! Lawrence J. 2/6 Mary W. 2/24 Rebecca M. 2/24 Sarah R. 2/27</p>					<p>Daily Chronicle Walk with Wellness Hand Massages Word Puzzles Movie Matinee</p>
<p>Groundhog Day! 2 Daily Chronicle Walk with Wellness Interactive Environments Word Puzzles</p>	<p>3 Daily Chronicle Chair Yoga Groundhog Day Discussion Name That Tune Word Puzzles Cookie Decorating</p>	<p>4 Daily Chronicle Chair Zumba Black History Discussion & Video Snowball Fight BINGO</p>	<p>5 Daily Chronicle Catholic Communion @10:30 AM Walk with Wellness Wednesday Darts Movie Matinee</p>	<p>6 Daily Chronicle & Donuts Chair Yoga Valentines Day Card Craft for Elementary Students Arts with a Purpose @ 3PM Snacks & Social with IL</p>	<p>7 Daily Chronicle Chair Zumba Checkers Neighborhood Superbowl Party Music by Dennis Glander @ 2PM Family Engagement Night @ 6PM</p>	<p>8 Daily Chronicle Chair Yoga Manicures Word Puzzles Pet Visit w/ Ellie Outing: Scenic Drive</p>
<p>Super Bowl Sunday! 9 Daily Chronicle Walk with Wellness Puzzles UNO</p>	<p>10 Daily Chronicle Heart Healthy Sit & Fit Paper Bag Heart Craft Fishing for Friends Pudding & Painting Jump for Joy with Mic</p>	<p>11 Daily Chronicle Meditation & Relaxation Balloon Volleyball Interactive Kitchen: Rice Krispy Treats Mosaic Arts & Crafts Word Puzzles</p>	<p>12 Wear Red Day Daily Chronicle Catholic Communion @10:30 AM Walk with Wellness Wednesday Veterans Lunch @ 11:30 Coloring Hour with Ashley Music w/ Drew Davenport @ 3:30PM</p>	<p>13 Daily Chronicle & Donuts Heart Healthy Sit & Fit Giant Jenga Movie & Popcorn Pet Visit w/ Ellie Manicures</p>	<p>14 Daily Chronicle Cardio Drumming Do-A-Dot Arts & Crafts Karaoke Valentines Day Social</p>	<p>15 Daily Chronicle Walk with Wellness Hand Massages Checkers Movie Matinee</p>
<p>16 Daily Chronicle Walk with Wellness Puzzles Giant Jenga Word Puzzles</p>	<p>17 Alzheimer's and Dementia Education Week/President's Day Daily Chronicle Chair Yoga Nutritional Hangman Karaoke Movie Matinee</p>	<p>18 Alzheimer's and Dementia Education Week Daily Chronicle Chair Zumba Fishing for Friends Ring Toss Chef's Demo @ 2:30 PM</p>	<p>19 Alzheimer's and Dementia Education Week Daily Chronicle Catholic Communion @10:30 AM Walk with Wellness Wednesday Scavenger Hunt Whack-a-Mole</p>	<p>20 Alzheimer's and Dementia Education Week Daily Chronicle Chair Yoga Sam Piercy - Music 1:30PM Trivia Cookies & Conversation Arts with a Purpose @ 3PM</p>	<p>21 Alzheimer's and Dementia Education Week Daily Chronicle First Responders Friday @ 8AM Chair Zumba Rainbow Painting Heart Healthy Happy Hour</p>	<p>22 Daily Chronicle YouTube Yoga Pet Visit w/ Ellie & Ashley Manicures Word Puzzles Outing: Scenic Drive</p>
<p>23 Daily Chronicle Walk with Wellness Puzzles Movie Matinee Checkers</p>	<p>24 Wear Purple Daily Chronicle Heart Healthy Sit & Fit Fishing for Friends Word Puzzles Ashley Nicole-Love Song Show @ 2:00 PM - 4PM</p>	<p>25 Hat Day Daily Chronicle Meditation & Relaxation Pet Visit w/ Ellie Sticky Ball Cupcake Painting Bowling</p>	<p>26 Beach Day Daily Chronicle Catholic Communion @10:30 AM Resident Council Walk with Wellness Wednesday Interactive Kitchen: Mini Sub Sandwich Station</p>	<p>27 Decade Day Daily Chronicle Heart Healthy Sit & Fit Balloon Volleyball Hand Massages Music w/ Drew Davenport @ 3PM</p>	<p>28 Pajama Day Daily Chronicle Meditation & Relaxation Manicures Clay Art Neighborhood Birthday Happy Hour</p>	<p>29 Daily Chronicle Walk with Wellness Movie Matinee Word Puzzles UNO</p>

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