

Grand Village

Memory Care

January 2025

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			New Year's Day 1 10:30 Exercise CR Undecorate the Tree MC 2:00 Uno CR	2 10:30 Exercise CR 12:30 Chicken Soup Short Stories MC 2:00 Target Practice CR 3:00 Undecorate the Tree CR 4:00 Happy Hour FL	3 10:30 Exercise CR 1:00 Seated Fitness with Grandville Middle School Dance Team CR <u>2:00 Performance with Erica Mertz FL</u>	4 10:30 Exercise CR Conversation Cards with Caregivers 2:00 Food Art with Nikki CR
5 10:00 Catholic Mass on Channel 5 Sort and Match Activities 2:00 Clay Creations CR	6 10:30 Exercise CR 12:30 Q-Tip Snowflake Art MC 2:00 Bounce Ball Game CR 3:00 New York Times Puzzles CR	7 10:30 Exercise CR 12:30 Nail Care MC 2:00 Family Feud CR 4:00 Happy Hour FL	8 10:30 Exercise CR 12:30 Hymn Sing Along MC 2:00 Bowling CR 5:30 Tea Time with Short Stories MC	9 10:30 Exercise CR 12:30 Beach Ball Pong MC 2:00 Snowflake Scavenger Hunt FL 4:00 Happy Hour FL 6:00 Baking Snickerdoodle Cookies CR	10 10:30 Exercise 12:30 Indoor Snowball Fight MC 2:00 Cardo Bingo CR <u>6:00 Family Holiday Gathering FL</u>	11 10:30 Exercise CR Dice Game with Caregivers 2:00 Wii Bowling FL
Happy Birthday David K! 12 10:00 Catholic Mass on Channel 5 12:30 Nail Care MC 2:00 Pipe Cleaner Flower Art CR	National Rubber Ducky Day 13 10:30 Exercise CR 12:30 Rubber Duck Facts and Fun MC 2:00 Snowflake Art CR 3:00 Have You Ever... FL	Happy Birthday Bonnie R! 14 10:30 Exercise CR 12:30 Baking Cupcakes MC <u>2:00 Piano Performance: Stuart Leitch FL</u> 4:00 Happy Hour FL	Fresh Squeezed Juice Day 15 10:30 Exercise CR Juice Tasting After Exercise 12:30 Balloon Volleyball MC 2:00 Tattoos and Brews CR 5:30 Musical Reminiscing MC	16 10:30 Exercise CR 12:30 "I Love Lucy" MC 2:00 Resident Corner: Travelogue to the Virgin Islands CR 3:00 Culinary Conversations CR 4:00 Happy Hour FL 6:00 Chair Yoga CR	17 10:30 Exercise CR 12:30 Creative Coloring MC 2:00 Bingo CR	National Maintenance Day 18 National Michigan Day 10:30 Exercise CR Word Games with Caregivers 2:00 Michigan Trivia and Treats CR
National Popcorn Day 19 10:00 Catholic Mass on Channel 5 12:00 Michigan State Basketball Watch Party MC 2:00 Popcorn Facts and Tasting CR	Martin Luther King Jr. Day 20 10:30 Exercise CR 12:30 Bird Seed Project MC <u>2:00 Performance with Jose CR</u>	National Hug Day 21 10:30 Exercise CR 11:00 Lunch Outing: Florentine's 12:30 Uno MC <u>2:00 Women's Group: Spa Day CR</u> 4:00 Happy Hour FL	22 10:30 Exercise CR 12:30 Custom Water Bottles MC 2:00 Polka History CR 3:00 Baking Blonde Brownies CR 5:30 Magazine Scavenger Search MC	23 10:30 Exercise CR 12:30 Nerf Gun Target Practice MC 2:00 Travelogue: Dubai CR 3:00 Puppy Play Time CR 4:00 Happy Hour FL 6:00 Movie Night: Grumpy Old Men CR	National Activity Professionals Day 24 10:30 Exercise CR 12:30 Fresh Baked Soft Pretzels MC 2:00 Bingo CR 3:00 Activity Planning Chat CR	25 10:30 Exercise CR 1:30 Michigan State Basketball on TV MC 2:00 Winter Door Decorations CR
National Spouses Day 26 10:00 Catholic Mass on Channel 5 12:30 Ladderball MC 2:00 Manicures CR	27 10:30 Exercise CR 12:30 Paint and Sip MC 2:00 Customize Your Own Snowman CR 3:00 New York Times Puzzles CR	28 10:30 Exercise CR 12:30 Hymn Sing Along MC <u>12:00 Men's Lunch: Men's Mexican Fiesta Lunch CR</u> 2:00 Snowman Derby CR 4:00 Happy Hour FL	Chinese New Year 29 10:30 Exercise CR 12:30 Winter Tea Party MC 2:00 Chinese New Year Celebration CR 5:30 Indoor Star Gazing MC	Beach Day! 30 10:30 Exercise CR 12:30 Tropical Drink Tasting and Sand Sensory MC 2:00 "Life's a Beach" Party CR 3:00 Culinary Showcase CR 6:00 Family Ice Cream Social CR	Happy Birthday Cindy B! 31 10:30 Exercise CR 12:30 Silk Flower Arranging MC 2:00 The Price is Right: 1950's to Now CR	

Calendar Key:

CR = Community Room

FL = Front Lobby

MC = Memory Care