

January

Life Enrichment Monthly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Happy New Year! 1 10:15-Chair Volley 10:45-Tea & Tunes 2:15-New Year Happy Hour 6:00-Puzzles	2 10:00-Seated Kickball 10:45-Hydration Station & Videos 2:15-Cup Pong 3:00-Music & Manicures 6:00-Match & Sort	3 10:00-Scenic Drive 10:45-Coffee & Conversation 2:15-Crafting-Snowman 3:00-Cardio Drumming 6:00-Movie & Popcorn	4 10:15-Morning Exercise 10:45-Daily Chronicles 2:15-Water Painting 3:00-Card Games 6:00-Movie Night & Popcorn
5 10:00-Daily Chronicle & Coffee 10:30-Catholic Mass-AL 2:00-Seated Kickball 6:00-Movie Night	6 10:15-Meditation & Yoga 10:45-Tea Talk 1:15-Jamie Miller-Guitar(AL) 3:00-Walking Club 6:00-Adult Coloring	7 10:15-Balloon Tennis 10:45-Juice Bar & Todays News 2:15-Target Practice 3:00-Floats & Facts 6:00-Hand Massages	8 10:15-Chair Volley 10:45-Tea & Tunes 2:15-Baking Club-Trail Mix 3:00-Wine Down Wednesday 6:00-Puzzles	9 10:00-Bible Study w/AGM 10:45-Hydration Station & Videos 2:15-Mobile Cart 3:00-Music & Manicures 6:00-Match & Sort	10 10:15-Bowling Club 10:45-Coffee & Conversation 2:15-Card BINGO 3:00-Happy Hour 6:00-Movie & Popcorn	11 10:15-Morning Exercise 10:45-Daily Chronicles 2:15-Music & Mocktails 3:00-Target Practice 6:00-Movie Night & Popcorn
12 10:00-Daily Chronicle & Coffee 10:30-Catholic Mass-AL 2:00-Ball Toss 6:00-Movie Night	13 10:15-Meditation & Yoga 10:45-Tea Talk 1:15-Anna Hagen-Harpist(AL) 3:00-Ball Toss 6:00-Adult Coloring	14 10:15-Balloon Tennis 10:45-Juice Bar & Todays News 2:30-Ed McKibbin-Guitar 6:00-Hand Massages	15 MLK Day 10:15-Chair Volley 10:45-Tea & Tunes 2:15-Baking Club-Sundaes 3:00-Strawberry Ice cream Social 6:00-Puzzles	16 10:00-Bible Study w/AGM 10:45-Hydration Station & Videos 2:15-Walking Club 3:00-Music & Manicures 6:00-Match & Sort	17 10:00-Scenic Drive 10:15-Coffee & Conversation 2:15-Crafting-Snowflakes 3:00-Cardio Drumming 6:00-Movie & Popcorn	18 10:15-Morning Exercise 10:45-Daily Chronicles 2:15-Water Painting 3:00-BINGO! 6:00-Movie Night & Popcorn
19 10:00-Daily Chronicle & Coffee 10:30-Catholic Mass-AL 2:00-Seated Kickball 6:00-Movie Night	20 MLK Day! 10:15-Meditation & Yoga 10:45-Tea Talk 1:15-Movie Hour-Theater 3:00-Walking Club 6:00-Adult Coloring	21 10:15-Balloon Tennis 10:45-Juice Bar & Todays News 2:15-Pet Therapy w/Dunes 3:00-Floats & Facts 6:00-Hand Massages	22 10:15-Chair Volley 10:45-Tea & Tunes 2:15-Baking Club- Strawberry Shortcake 3:00-Wine Down Wednesday 6:00-Puzzles	23 National Pie Day 10:00-Bible Study w/AGM 10:45-Hydration Station & Videos 2:15-Pie Social 3:00-Music & Manicures 6:00-Match & Sort	24 Peanut Butter Day! 10:15-Bowling Club 10:45-Cookies & Conversation 2:15-Walking Club 3:00-Glam Day! 6:00-Movie & Popcorn	25 10:15-Morning Exercise 10:45-Daily Chronicles 2:15-Music & Mocktails 3:00-Card Games 6:00-Movie Night & Popcorn
26 10:00-Daily Chronicle & Coffee 10:30-Catholic Mass-AL 2:00-Ball Toss 6:00-Movie Night	27 Chocolate Cake Day! 10:15-Meditation & Yoga 10:45-Tea Talk 1:15-Dune Country Band(AL) 3:00-Chocolate Cake Social 6:00-Adult Coloring	28 10:15-Balloon Tennis 10:45-Juice Bar & Todays News 1:15-Mike Alford-Guitar 3:00-Gon' Fishin' 6:00-Hand Massages	29 10:15-Chair Volley 10:45-Tea & Tunes 2:15-Baking Club- Banana Pudding 3:00-Wine Down Wednesday 6:00-Puzzles	30 10:15-Ball Toss 10:45-Hydration Station & Videos 2:15-Sledding Adventure 3:00-Music & Manicures 6:00-Match & Sort	31 Hot Chocolate Day! 10:15-Bowling Club 10:45-Coffee & Conversation 2:15-January Birthday Celebration! 3:00-Hot Chocolate Social 6:00-Movie & Popcorn	