

**Woodlawn Meadows**

Assisted Living

# March 2025

Life Enrichment Monthly Calendar

Activities are subject to change

| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|--|--|--|--|---|---|---|
| <p><b>2</b></p> <p>10:30am Cranium Crunches &amp; Word Puzzles (SL/GNG)<br/>2:00pm Card Games (D/RL)<br/>6:00pm Read &amp; Relax (SL)</p>                                | <p><b>3</b></p> <p>10:30am Chair Exercises (D)<br/>1:00pm Wii Bowling (A)<br/>1:45pm Painting Nails (D)<br/>3:00pm Google Maps Search<br/>*Bring List of Addresses* (A)</p>                                      | <p><b>MARDI GRAS/ FAT TUESDAY 4</b></p> <p><b>9:30am Men's Group (A)</b><br/>10:30am MARDI Bingo (D)<br/>1:45pm Coin Toss Game (D)<br/><b>2:30pm Mardi Gras Social (D)</b></p>   | <p><b>5</b></p> <p>8:30am Beauty Shop (S)<br/>10:30am Chair Exercises (D)<br/>1:30pm Church Service with United Methodist (D)<br/>3:30pm Brain Train/Trivia (A)</p>                  | <p><b>6</b></p> <p>9:45am Prayer Service (D)<br/>10:45am Stand &amp; Stretch Exercises (D)<br/>1:45pm Welcoming March Monthly Gazette Reading &amp; Discussion (A)<br/>2:30pm Candy Bingo (D)</p> | <p><b>7</b></p> <p>INT'L WOMENS DAY</p> <p>9:30am Ladies Group Tea &amp; Talks (D)<br/>10:30am Chair Exercises (D)<br/>1:00pm Wii Bowling (A)<br/><b>2:30pm Piano by Norm (D)</b></p> | <p><b>1</b></p> <p>10:30am Walking Group (RL)<br/>2:00pm Card Games (D/RL)<br/>6:00pm Jigsaw Puzzles (SL)</p> <p><b>8</b></p> <p>10:30am Walking Group (RL)<br/>2:00pm Card Games (D/RL)<br/>6:00pm Jigsaw Puzzles (SL)</p> |
| <p><b>9</b></p> <p>DAYLIGHT SAVINGS BEGINS</p> <p>10:30am Cranium Crunches &amp; Word Puzzles (SL/GNG)<br/>2:00pm Card Games (D/RL)<br/>6:00pm Read &amp; Relax (SL)</p> | <p><b>10</b></p> <p>10:30am Chair Exercises (D)<br/>1:00pm Wii Bowling (A)<br/>1:45pm Painting Nails (D)<br/><b>3:00pm Entertainment by Gary Mcourry (D)</b></p>   | <p><b>11</b></p> <p><b>9:30am Gordon's Group (A)</b><br/>10:30am Chair Exercises (D)<br/><b>1:30pm Culinary Conversations (A)</b><br/>2:30pm Raffle Ticket Bingo (D)</p>   | <p><b>12</b></p> <p>8:30am Beauty Shop (S)<br/>10:30am Chair Exercises (D)<br/>1:30pm Church Service with United Methodist (D)<br/>3:30pm Brain Train/Trivia (A)</p>                 | <p><b>13</b></p> <p>QUINCY'S BIRTHDAY</p> <p>9:45am Prayer Service (D)<br/>10:45am Stand &amp; Stretch Exercises (D)<br/>2:00pm Soda Sips (D)<br/>2:30pm Candy Bingo (D)</p>                      | <p><b>14</b></p> <p>9:30am Technology/Electronics Help Hour (A)<br/>10:30am Chair Exercises (D)<br/>1:00pm Wii Bowling (A)<br/>2:30pm Crafters Corner (D)</p>                         | <p><b>15</b></p> <p>10:30am Walking Group (RL)<br/>2:00pm Card Games (D/RL)<br/>6:00pm Jigsaw Puzzles (SL)</p>  |
| <p><b>16</b></p> <p>MERYL'S BIRTHDAY</p> <p>10:30am Cranium Crunches &amp; Word Puzzles (SL/GNG)<br/>2:00pm Card Games (D/RL)<br/>6:00pm Read &amp; Relax (SL)</p>       | <p><b>17</b></p> <p>ST. PATRICKS DAY</p> <p>10:30am Chair Exercises (D)<br/>1:00pm Wii Bowling (A)<br/><b>12:00pm St. Patrick's Day Lunch (D)</b><br/>1:30pm Leprechaun Hunt<br/>2:30pm Shamrock Soda Floats</p> | <p><b>18</b></p> <p><b>9:30am Veteran's Group (A)</b><br/>10:30am Chair Exercises (D)<br/><b>1:30pm Hearing Aid Cleanings by Arnold Audiology (S)</b><br/>2:30pm Raffle Ticket Bingo (D)</p>                             | <p><b>19</b></p> <p>8:30am Beauty Shop (S)<br/>10:30am Chair Exercises (D)<br/>1:30pm Church Service with United Methodist (D)<br/>3:30pm Brain Train/Trivia (A)</p>                 | <p><b>20</b></p> <p>1ST DAY OF SPRING</p> <p>9:45am Prayer Service (D)<br/>10:45am Stand &amp; Stretch Exercises (D)<br/>1:45pm Spring Scattegories(A)<br/>2:30pm Candy Bingo (D)</p>             | <p><b>21</b></p> <p>10:30am Chair Exercises (D)<br/>1:00pm Wii Bowling (A)<br/>1:45pm Friendly Feud(D)<br/>3:00pm 30-min Penny Bingo(D)</p>   | <p><b>22</b></p> <p>10:30am Walking Group (RL)<br/>2:00pm Card Games (D/RL)<br/>6:00pm Jigsaw Puzzles (SL)</p>  |
| <p><b>23</b></p> <p>10:30am Cranium Crunches &amp; Word Puzzles (SL/GNG)<br/>2:00pm Card Games (D/RL)<br/>6:00pm Read &amp; Relax (SL)</p>                               | <p><b>24</b></p> <p>10:30am Chair Exercises (D)<br/>1:00pm Wii Bowling (A)<br/>1:45pm Painting Nails (D)<br/><b>3:00pm Menu Tasting Event</b></p>  | <p><b>25</b></p> <p>VAL'S BIRTHDAY</p> <p>10:30am Chair Exercises (D)<br/><b>11:15am "Edge of Memory" Book Reading with Author Jan Devos</b><br/><b>1:45pm Jami's Journey (D)</b><br/>2:30pm Raffle Ticket Bingo (D)</p> | <p><b>26</b></p> <p>GLORIA'S &amp; MACKENZIE'S BIRTHDAY</p> <p>10:30am Chair Exercises (D)<br/>1:30pm Church Service with United Methodist (D)<br/>3:30pm Brain Train/Trivia (A)</p> | <p><b>27</b></p> <p>9:45am Prayer Service (D)<br/>10:45am Stand &amp; Stretch Exercises (D)<br/><b>1:45pm Resident Council (D)</b><br/><b>2:30pm Candy Bingo (D)</b></p>                          | <p><b>28</b></p> <p>10:30am Chair Exercises (D)<br/><b>11:15am Cheyenne's Corner</b><br/>1:00pm Wii Bowling (A)<br/><b>2:30pm Conversation Cards Social (D)</b></p>                   | <p><b>29</b></p> <p>10:30am Walking Group (RL)<br/>2:00pm Card Games (D/RL)<br/>6:00pm Jigsaw Puzzles (SL)</p>  |
| <p><b>30</b></p> <p>10:30am Cranium Crunches &amp; Word Puzzles (SL/GNG)<br/>2:00pm Card Games (D/RL)<br/>6:00pm Read &amp; Relax (SL)</p>                               | <p><b>31</b></p> <p>10:30am Chair Exercises (D)<br/>1:00pm Wii Bowling (A)<br/>1:45pm Penny Auction(D)<br/><b>3:15pm Resident Birthday Party (D)</b></p>   | <p><b>MARCH BIRTHDAYS:</b><br/><b>03/16 MERYL &amp; 03/26 GLORIA</b></p>   |  |   |   |   |

**Location Key:** (GNG) Grab and Go Wall File by Activity Room; (SL) Self Led; (RL) Resident Led; (D) Dining Room; (A) Activity Room; (O) Off-site; (M/C) Individual Apartments or Mobile Cart that goes apartment to apartment / around common areas