

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 11:00 Saturday Stretches 11:30 Kickball 1:30 The Perk 2:00 Tabletop Corn Hole 3:00 Junk Drawer Detective 6:00 Classic TV: "MASH"
2 10:30 Spiritual Eldercare Video Church Service 11:45 Swat the Fly 2:00 The Perk 2:15 Scrambled Words 3:00 Puzzle Pals 6:00 Name that Tune	3 10:30 Monday Music 11:00 Hearthside Book Club 1:45 The Perk 2:15 Redecorate the Seasonal Tree 3:00 Balloon Bop 4:30 Keep It Moving 6:30 Golf Putter Game	4 <b>Mardi Gras</b> 10:30 Mardi Gras Jazz Music 11:00 Bridgetown Music and Movement 1:45 The Perk <b>2:15 Mardi Gras Parade, Jazz Music &amp; Treats!</b> 6:00 Travelogue: Mardi Gras	5 <b>Ash Wednesday</b> <small>*10am Ash Wednesday Service in AL with Deacon Rusty Baldwin</small> 10:30 Bible Trivia 11:00 Exercise with Lauryn from Total Care Therapy 1:45 The Perk 2:15 Table Top Corn Hole 3:30 Bingo 6:00 "Stations of the Cross"	6 10:30 Match Up Cards <b>10:30 Interactive Music Session with Senior Music Connection</b> 1:45 The Perk 2:15 Shamrock Craft <b>3:00 Thirsty Thursday: Birthday Celebrations</b> 4:30 Pondering Prompts Afternoon: Manicures	7 10:30 Danbury Drummers Cardio Exercise 11:30 Who am I? 1:45 The Perk 2:15 Name that Tune 3:15 Chicken Soup Story 4:00 Funny Baby Videos	8 11:00 Saturday Stretches 11:30 Noodle Ball 1:30 The Perk 2:00 Finish the Phrase 3:00 Craft Time 6:00 Classic TV: "Laverne & Shirley"
9 10:30 Spiritual Eldercare Video Church Service 11:45 Tabletop Corn Hole 2:00 The Perk 2:15 Tea Tasting 3:00 Match the Pairs 6:00 Sing Along	10 10:30 Monday Music 11:00 Hearthside Book Club 1:45 The Perk 2:15 Shamrock Craft 3:00 Keep it Moving Afternoon: Manicures 4:30 Noodle Ball 6:30 Balloon Bop	11 10:30 Name Five 11:00 Bridgetown Music and Movement: Irish Tunes 1:45 The Perk 3:00 Bible Study 3:30 Painting Suncatchers 6:00 Brat Pack Music	12 10:30 Famous Faces 11:00 Exercise with Lauryn from Total Care Therapy 1:45 The Perk 2:15 Table Top Corn Hole 3:00 Bingo <b>4:30 Family Support Group: Dementia/ Communication- AL</b> 6:00 Table Top Balloon Bop	13 10:30 Famous Pairs 11:00 Swat the Fly 1:45 The Perk 2:15 Sequencing Cards 3:00 Thirsty Thursday Mocktails 4:30 Pondering Prompts	14 10:30 Danbury Drummers Cardio Exercise <small>*11:00 Brukner Nature Center Live Animal Program in AL</small> 11:30 Fill in the Blank 1:45 The Perk 2:15 Hoy! Card Game 4:00 50s Sing Along	15 11:00 Saturday Stretches 11:30 Kickball 1:30 The Perk 2:00 Painting Craft 3:00 Toss Games 6:00 Classic TV: "Andy Griffith"
16 10:30 Spiritual Eldercare Video Church Service 11:45 Basketball Toss 1:45 The Perk 2:15 Adult Coloring: St Pat's 3:00 Finish the Phrase <small>6:00 Selection Sunday- ESPN tv NCAA College Basketball</small>	17 <b>St. Patrick's Day</b> 10:30 Monday Music 11:00 Hidden Leprechauns 1:15 Travelogue: Ireland <b>3:15 Green Treats!</b> 4:00 The Perk Afternoon: Manicures 4:30 Irish Tales 6:30 Shamrock Sing Along	18 10:30 Finish the Phrase 11:00 Bridgetown Music and Movement: St. Patrick's Day <b>1:15 Bus Ride Outing</b> 2:45 The Perk 3:00 Bible Study 3:30 Golf Putter Game 6:00 Table Top Balloon Bop <small>First Four NCAA Basketball Games at UD on TV today- times TBA</small>	19 10:30 Name the Pairs 11:00 Exercise with Lauryn from Total Care Therapy 1:45 The Perk 2:15 Fill Easter Eggs for Children 3:00 Bingo 6:00 Patsy Cline music <small>First Four NCAA Basketball Games at UD on TV today- times TBA</small>	20 <b>First Day of Spring</b> <b>10:30 Interactive Music Session with Senior Music Connection</b> 1:45 The Perk 2:15 Planting Easter Grass 3:00 Thirsty Thursday: Spring Punch Afternoon: Manicures	21 10:30 Danbury Drummers Cardio Exercise 11:30 Finish the Phrase 1:45 The Perk 2:15 Adult Coloring 3:00 Balloon Bop Game 4:00 Spring Animal Videos	22 11:00 Saturday Stretches 11:30 Noodle Ball 1:30 The Perk 2:00 Dot Art 3:00 Bean Bag Toss 6:00 Classic TV: "Bonanza"
23 10:30 Spiritual Eldercare Video Church Service 11:45 Spring Poetry 1:45 The Perk 2:15 Painting Craft 3:00 Keep It Moving 6:00 Musical Memories <b>30th will appear on April</b>	24 10:30 Monday Music 11:00 Hearthside Book Club 1:45 The Perk 2:15 Photo Reminiscing 4:30 Golf Putter Game Afternoon: Manicures 6:30 Adult Coloring <b>31st will appear on April</b>	25 10:30 Name Five 11:00 Bridgetown Music and Movement: Spring 1:45 The Perk 2:15 Travel Maps 3:00 Bible Study 3:30 Keep It Moving 6:00 Elvis Music	26 10:30 Animal Trivia 11:00 Exercise with Lauryn from Total Care Therapy 1:45 The Perk 2:15 Table Top Corn Hole 3:00 Bingo 6:00 Table Top Balloon Bop	27 10:30 Match Up Cards 11:00 Swat the Fly 1:45 The Perk 2:15 Chicken Soup Story 3:00 Thirsty Thursday: Strawberry Cooler 4:30 Pondering Prompts Afternoon: Manicures	28 10:30 Danbury Drummers Cardio Exercise 11:15 Fill in the Blank 1:45 The Perk 2:15 Winter Memories 3:00 Uno Card Game 4:00 Classics Sing Along	29 11:00 Saturday Stretches 11:30 Kickball 1:30 The Perk 2:00 Tabletop Corn Hole 3:00 Junk Drawer Detective 6:00 Classic TV: "Carol Burnett"

**Calendar Key:**  
\*Activities listed as "in AL"  
take place in the other side  
of the building. If you would

like to attend these events,  
please let a staff member  
know so we can make  
arrangements as needed.

\*Therapy Dog visits  
occur 2-3x per month.