

# Heritage Hill Assisted Living & Memory Care

Assisted Living

# March 2025

Life Enrichment Monthly Calendar

Activities are subject to change

| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday  |
|---|--|---|---|--|---|---|
|   |  |   |   |  |   | 10:30 Horseshoes (CR) <b>1</b><br>1:30 Bingo (AL)<br>2:45 Hangman (MC)<br>3:00 Mail Call                        |
| 10:30 Kickball (CR) <b>2</b><br>1:30 Yahtzee (AL)<br>2:45 Decorate For St. Patrick's Day (AL+MC)                              | 10:30 Ladder Ball (AL) <b>3</b><br>1:30 Gwen Piano (AL)<br>2:45 Baking With Friends (MC)<br>3:00 Mail Call   | <b>Mardi Gras 4</b><br>10:30 Chair Exercises (AL)<br>1:30 Bingo (AL)<br>2:45 Mardi Gras Happy Hour (AL)<br>3:00 Mail Call<br>4:30 Puzzle Time (MC)<br>6:30 Uno (AL)                 | <b>Ash Wednesday 5</b><br>10:30 Resident Council (CR)<br>1:30 Corn Hole (AL)<br>2:45 Manicures (MC)<br>3:00 Mail Call             | 10:30 Chair Exercises (AL) <b>6</b><br>1:30 Shamrock Sun Catchers (AL)<br>2:45 St. Patrick's Day Jello Cups (CR)<br>3:00 Mail Call                                   | 10:30 Taste The Rainbow Science Experiment (CR) <b>7</b><br>1:30 Volleyball (AL)<br>2:45 Bible Study (LR)<br>3:00 Mail Call                       | 10:30 Bowling (MC) <b>8</b><br>1:30 Bingo (AL)<br>2:45 Pot Of Gold Painting (CR)<br>3:00 Mail Call              |
| 10:30 Kickball (CR) <b>9</b><br>1:30 Chicken Soup For The Soul Story Time (MC)<br>2:45 Decorate For St. Patrick's Day (AL+MC) | 10:30 Chair Exercises (AL) <b>10</b><br>1:30 Baking With Friends - Cookies For Police Station (MC)<br>2:45 Book Cart (AL+MC)<br>3:00 Mail Call                     | 10:30 ED Led Activity (AL) <b>11</b><br>1:30 Bingo (AL)<br>2:45 Happy Hour (AL)<br>3:00 Mail Call<br>4:30 Basketball (MC)<br>6:30 Movie & Popcorn(MC)                               | 10:30 Event Committee (CR) <b>12</b><br>1:30 Corn Hole (AL)<br>2:45 Manicures (MC)<br>3:00 Mail Call                              | <b>Guest Speaker 13</b><br>10:30 Chair Exercises (AL)<br>1:30 Trooper Andrew Pastue - Fraud & Scam Protection (AL)<br>2:45 Men & Women's Club (CR)<br>3:00 Mail Call | <b>Pi Day 14</b><br>10:30 Coffee With The Team (AL)<br>1:30 Volleyball (AL)<br>2:45 Pie The Staff (AL)<br>3:00 Mail Call<br>3:00-5:00 Dr. Mahmood | 10:30 Hockey (AL) <b>15</b><br>1:30 Bingo (AL)<br>2:45 Bible Study (LR)<br>3:00 Mail Call                       |
| 10:30 Kickball (CR) <b>16</b><br>1:30 Hot Tea Social (MC)<br>2:45 Pastor Richard (AL)   | <b>St. Patrick's Day 17</b><br>10:30 Horseshoes (AL)<br>1:30 St. Patrick's Day Party - Spoon Man (AL)<br>3:00 Mail Call  | 10:30 Chair Exercises (AL) <b>18</b><br>1:30 Bingo (AL)<br>2:45 Culinary Showcase & Happy Hour (AL)<br>3:00 Mail Call<br>4:30 Watercolor Painting (MC)<br>6:30 Movie & Popcorn (MC) | 10:30 Euchre (AL) <b>19</b><br>1:30 Corn Hole (AL)<br>2:45 Manicures (MC)<br>3:00 Mail Call                                       | <b>First Day of Spring 20</b><br>10:30 Chair Exercises (AL)<br>1:30 Baking With Friends (MC)<br>2:45 Flower Shrinky Dinks (MC)<br>3:00 Mail Call                     | 10:30 Sweatin To The Oldies(CR) <b>21</b><br>1:30 Volleyball (AL)<br>2:45 Bible Study (LR)<br>3:00 Mail Call                                      | 10:30 Ladder Ball (MC) <b>22</b><br>1:30 Bingo (AL)<br>2:45 Springtime Puzzle Pack (AL)<br>3:00 Mail Call       |
| 10:30 Kickball (CR) <b>23</b><br>1:30 Planting Indoor Herb Garden (AL)  | <b>Memory Care Family Night 24</b><br>1:30 Baking With Friends (MC)<br>2:45 Book Cart (AL+MC)<br>3:00 Mail Call<br>6:00 Memory Care Family Night - Game Night (MC) | 10:30 Chair Exercises (AL) <b>25</b><br>1:30 Bingo (AL)<br>2:45 Happy Hour (AL)<br>3:00 Mail Call<br>4:30 Connect Four (MC)<br>6:30 Smoothie Cart (AL+MC)                           | <b>Birthday Party 26</b><br>10:30 Corn Hole (AL)<br>1:30 Set Up For Bday Party (AL)<br>2:45 Birthday Party (AL)<br>3:00 Mail Call | <b>Brentwood Bowling 27</b><br>11:30 Bus Will Be Here (AL)<br>12:00 Lunch at Brentwood<br>2:30 Return To Community<br>3:00 Mail Call                                 | 10:30 Bingo Store (CR) <b>28</b><br>1:30 Volleyball (AL)<br>2:45 Bible Study (LR)<br>3:00 Mail Call   | 10:30 Springtime Rock Painting (AL) <b>29</b><br>1:30 Bingo (AL)<br>2:45 Popcorn Cart (AL+MC)<br>3:00 Mail Call |

The 30th and 31st activities will be on the April Calendar

**Calendar Key:**  
AL - Assisted Living  
MC - Memory Care  
CR - Community Room

CY - Courtyard  
LR - Living Room  
P - Patio  
O - Outing

Check TV In Dining Room  
For Better Accuracy Of  
Daily Activities, Location,  
Times, And Any Changes.