

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p><b>1</b></p> <p>9:00 Daily Chronicle 10:00 Chair Yoga 11:00 Window Washing 2:00 Bowling 3:00 Saturday Strolls 6:00 Easy Listening/ Our Universe - Netflix</p>
<p><b>2</b></p> <p>9:00 Daily Chronicle 10:00 Chair Zumba 11:00 Church Services 1:30 Clay Play 3:30 Walkie Talkie 6:00 Coloring/Relaxing Sounds</p>	<p><b>3</b></p> <p>9:00 Daily Chronicle 10:00 Marching Madness 10:30 First Presbyterian Visit 1:30 Time to Sparkle &amp; Shine 2:00 Let's Decorate 3:00 Manicure Monday 6:00 Sensory Activity/ Warming Blankets</p>	<p><b>4</b></p> <p>9:00 Daily Chronicle 10:30 Upper Body Exercise 11:00 Let's Set the Table 1:30 Mark Hoffman Performs 2:00 St. Lawrence Church 3:00 Board Games 6:00 Essential Oils/Name That Tune</p>	<p><b>5</b></p> <p>9:00 Daily Chronicle 10:30 Move to the Music 11:00 Office Helpers 1:30 Dragon Fruit Lemonade 2:30 Make Heart Glitter Jars 4:00 BINGO 6:00 Nature Landscapes/ Warming Blankets</p>	<p><b>6</b></p> <p>9:00 Daily Chronicle 10:00 Improve Your Flexibility 11:00 Counting Coins 1:30 Heather Performing 3:00 Let's Get Crafty 4:00 Valentine Candy Game 6:00 Puzzles/Arm Chair Travels</p>	<p><b>7</b></p> <p>9:00 Daily Chronicle 10:00 Balance in Action 11:00 St. Joseph Church 1:30 Matching Socks 2:00 Yan Performing 3:00 Super Bowl Happy Hour 6:00 Friday Night Movie &amp; Snacks</p>	<p><b>8</b></p> <p>9:00 Daily Chronicle 10:00 Parachute 11:00 Closet Organizing 2:00 Water Colors 3:00 Sing Along with Brad 4:00 Let's Explore 6:00 Saturday Night Movie</p>
<p><b>9</b></p> <p>9:00 Daily Chronicle 10:00 Noodle Exercises 11:00 Church Services 1:00 Bowling 2:30 Old TV Shows 6:00 Construct a Puzzle/ Shoulder Massages</p>	<p><b>10</b></p> <p>9:00 Daily Chronicle 10:00 Seated Core Exercises 11:00 Polishing Silverware 1:30 Manicures &amp; Warming Towels 3:00 Train Your Brain 5:00 Horse Racing 6:00 Monday Night Movie/ Warming Blankets</p>	<p><b>11</b></p> <p>9:00 Daily Chronicle 10:00 Sit to be Fit 11:00 Tuesday Tidy 1:30 Hot Tea Cart 2:00 This &amp; That 3:00 Bean Bag Toss 6:00 Deep Breathing/Great Art Explained</p>	<p><b>12</b></p> <p>9:00 Daily Chronicle 10:30 Movement in Balance 11:00 Cookies &amp; Cream Hot Cocoa 1:30 Painting with Susie 2:30 Galentine's Photo Shoot 4:00 Candy Dice Game 6:00 Coloring/Warming Towels</p>	<p><b>13</b></p> <p>9:00 Daily Chronicle 10:00 Stretching &amp; Balancing 11:00 Reducing Dust 1:30 Ring Toss 2:00 Chef Demo 3:30 Making Strawberry Valentine's Chex Mix 5:00 Black Jack 6:00 Mediation &amp; Relaxation</p>	<p><b>14</b></p> <p>9:00 Daily Chronicle 10:00 Scarf Exercises 11:00 Folding Towels 1:30 Wipe Out Game 2:00 Puzzle Time 3:00 Valentine's Day Happy Hour 6:00 Friday Flick/Warming Blankets</p>	<p><b>15</b></p> <p>9:00 Daily Chronicle 10:00 Coffee Time 11:00 Let's Set the Table 1:30 Cards - War 2:00 Raid the Pantry 3:00 Neighborhood Walk 6:00 Aromatherapy/ Sensory Activity</p>
<p><b>16</b></p> <p>9:00 Daily Chronicle 10:00 Chair Yoga 11:00 Church Services 2:00 Old Shows 3:00 Water Colors 6:00 Nature Landscapes/ Essential Oils</p>	<p><b>17</b></p> <p>9:00 Daily Chronicle 10:00 Drum Circle with Lucas 11:00 Coupon Clipping 1:30 Making Glitter Jars 3:00 Manicures &amp; Hand Massages 5:00 Tug of War 6:00 Audio Book/Shoulder Massages</p>	<p><b>18</b></p> <p>9:00 Daily Chronicle 10:00 Chair Fitness 11:00 10 Minute Tidy 1:00 Mini Muffins Cart 2:00 Janet &amp; Grant Performing 3:30 Rock the Block 6:00 Name That Tune/ Warming Towels</p>	<p><b>19</b></p> <p>9:00 Daily Chronicle 10:30 Tai Chi with Sharon 11:00 Coffee &amp; Chat 1:30 Orange Creamsicle Punch 2:30 Fidgets 6:00 Arm Chair Travels/ Warming Blankets</p>	<p><b>20</b></p> <p>9:00 Daily Chronicle 10:00 Rise &amp; Shine Exercises 11:00 All SORTS of Fun 1:00 Blender Bliss - Shakes 1:30 Kitchen Cleanup 2:30 Riddle Me This 3:30 BINGO 6:00 Essential Oils/Throwback Thursday</p>	<p><b>21</b></p> <p>9:00 Daily Chronicle 10:00 Let's Get Physical 11:00 Laundry Time 1:30 Slam Game 2:00 Joe Senior Moments 3:00 Happy Hour 6:00 Movie &amp; Popcorn</p>	<p><b>22</b></p> <p>9:00 Daily Chronicle 10:00 1950's Oldies Workout 1:00 Sing Along with Susie Q 2:00 Reminiscing 3:00 Ball Toss 6:00 SCENTsational Sounds/ Old Time Magazines</p>
<p><b>23</b></p> <p>9:00 Daily Chronicle 10:00 Noodle Exercises 11:00 Church Services 1:30 Helping Hands 2:00 Cards 6:00 Coloring/White Noise</p>	<p><b>24</b></p> <p>9:00 Daily Chronicle 10:00 Improve Your Flexibility 11:00 Organizing &amp; Sorting 1:00 Manicure &amp; Hand Massages 2:00 Pizza Chips 5:00 Skee Ball 6:00 Monday Night Movie &amp; Snacks</p>	<p><b>25</b></p> <p>9:00 Daily Chronicle 10:00 Let's Get Physical 11:00 Washer Toss 12:30 Lunch Time Cleanup 1:30 Caramel Cappuccinos 2:30 White Board Games 6:00 Our Universe - Netflix/ Warming Blankets</p>	<p><b>26</b></p> <p>9:00 Daily Chronicle 10:30 Upper Body Exercises 11:00 Shoe Shine 1:30 Painting with Susie 2:30 Who am I 3:30 Dice BINGO 5:00 Random Pieces 6:00 Short Stories/Warming Blankets</p>	<p><b>27</b></p> <p>9:00 Daily Chronicle 10:00 Move to the Music 11:00 Laundry Time 1:00 New Resident Social 2:00 Caramel Whipped Coffee 3:30 Creation Station 5:00 Left Center Right 6:00 Puzzles/Hand Massages</p>	<p><b>28</b></p> <p>9:00 Daily Chronicle 10:00 Cardio Drumming 11:00 Counting Coins 1:00 Italian Sodas 2:00 EZ Does It Trivia 3:00 Happy Hour Birthday Bash 5:00 High Five Ladder Game 6:00 Great Art Explained</p>	