

Independence Village of Waukee

Independent Living | Assisted Living

March 2025

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>30</p> <p>1:30 Rummikub FR 3:00 Get Toned w/ Ondie CR</p>	<p>31</p> <p>9:00 Ladies Coffee FR 10:00 Live 2B Healthy CR 11:00 Parkinson's Ex 1:30 Let's Get Crafty: Flower Resin Coaster Continued 2:00 Bridge Club GR 3:00 Color Analysis 3:30 Wii Bowl Team A 6:30 Dominoes</p>					<p>1</p> <p>10:45 Tai Chi CR 1:30 Let's Get Crafty; Cube Photo Holder CR 3:00 Hope Service CR</p>
<p>2</p> <p>9:00 Heartland Presbyterian Church Service CR 1:30 Rummikub FR 3:00 Get Movin' w/ Ondie CR</p>	<p>3</p> <p>9:00 Ladies Coffee FR 10:00 Live 2B Healthy CR 11:00 Parkinson's Ex 2:00 Bridge Club GR 1:30 Sarah's Baby Shower CR 3:30 Wii Bowl Team A 6:30 Dominoes</p>	<p>Mardi Gras/Ntl Maint Day 4</p> <p>9:00 Bus Trip to Fareway 10:00 Get Active W Austin ALDR 10:45 Choir Group 1:30 Been There Done That Music 3:00 Mardi Gras Happy Hour CR 3:45 Wii Bowl Team B 6:30 Ticketless Travel: Mardi Gras</p>	<p>5</p> <p>10:00 Cardio Drumming CR 10:45 Current Events CR 1:30 Bible Study FR 1:15 Ash Wednesday Service 1:30 Bi annual event MC Wicked 3:30 Wii Bowl Team C 6:30 Card Bingo CR</p>	<p>6</p> <p>9:30 Book Club 10:00 Get Active ALDR 10:45 BINGO ALAR 1:30 Bi Annual Event- Wicked 3:30 Wii Bowl Team D 7:00 Beaver Creek Band CR</p>	<p>7</p> <p>9:00 Mens Coffee FR 10:00 Sit and Fit CR 10:30 Hyvee Online 11:00 Parkinson's Ex 1:30 Nails and Cocktails 3:30 Wii Bowling: OPEN 6:30 Cribbage CR</p>	<p>8</p> <p>10:45 Tai Chi CR 1:30 Let's Get Crafty: Canvas Painting 3:00 Movie: Little Women</p>
<p>9</p> <p>10:00 St Boniface Communion CR 1:30 Rummikub FR 3:00 Get Toned w/ Ondie ALDR</p>	<p>10</p> <p>9:00 Ladies Coffee FR 10:00 Live 2B Healthy CR 11:00 Parkinson's Ex 1:30 AL Forum/WOYP ALDR 2:00 Bridge Club GR 3:00 Culinary Menu Tasting 3:30 Wii Bowl Team A 6:30 Dominoes</p>	<p>11</p> <p>9:00 Bus Trip to Target 10:00 Get Active ALDR 10:45 Choir Group 11:45 Mens Lunch Bunch: Guadalajara 1:30 Library In The Lobby 1:30 Clock Change Mobile Cart 3:45 Wii Bowl Team B 6:30 Movie Tuesday: Citizen Kane TH</p>	<p>12</p> <p>10:00 Cardio Drumming CR 10:45 Current Events CR 11:45 Lunch Bunch: Guadalajara 1:30 Bible Study w Jim FR 3:00 Music and Manicures CR 3:30 Wii Bowl Team C 6:30 Card Bingo CR</p>	<p>13</p> <p>10:00 Get Active ALDR 10:45 BINGO ALAR 1:30 Bean Bag Baseball CR 3:00 March Madness HH 3:30 Wii Bowl Team D 7:00 Beaver Creek Band CR</p>	<p>Pi Day 14</p> <p>9:00 Mens Coffee FR 10:00 Sit and Fit CR 10:30 Hyvee Online FR 11:00 Parkinson's Ex 1:30 Tom Hofer 3:00 Pi Day Event 3:30 Wii Bowling: OPEN 6:30 Cribbage CR</p>	<p>15</p> <p>10:45 Tai Chi CR 1:30 Celtic Culture 3:00 Hope Service CR</p>
<p>16</p> <p>1:30 Rummikub FR 2:00 Rudy Meyers Music CR 3:00 Get Movin' w/ Ondie ALDR</p>	<p>St. Pattys Day 17</p> <p>9:00 Ladies Coffee FR 10:00 Live 2B Healthy CR 11:00 Parkinson's Ex 1:30 Potato Games 2:00 Bridge Club GR 3:00 Shamrock Shake Bar 3:30 Wii Bowl Team A 6:30 Dominoes</p>	<p>18</p> <p>9:00 Bus Trip to Hyvee 10:00 Get Active ALDR 10:45 Choir Group 1:30 Stuart Walker TC 3:00 March Madness Brackets 3:45 Wii Bowl Team B 6:30 Ticketless Travel: St. Pattys Day & Ireland</p>	<p>19</p> <p>10:00 Cardio Drumming CR 10:45 Current Events CR 1:30 Bible Study FR 1:30 Watercolor Canvas: ALAR 2:00 St. Boniface Mass CR 3:00 Pampered and Polished CR 3:30 Wii Bowl Team C 6:30 Card Bingo CR</p>	<p>First Day of Spring 20</p> <p>10:00 Get Active ALDR 10:45 BINGO ALAR 1:30 Taboo CR 3:00 Sippin Into Spring HH 3:30 Wii Bowl Team D 7:00 Beaver Creek Band CR</p>	<p>21</p> <p>9:00 Men's Coffee 10:00 Sit and Fit CR 10:30 Hy-Vee Online FR 11:00 Parkinson's Ex 1:30 Parkinsons Supp 3:00 Universal Yums 3:30 Wii Bowling: OPEN 6:30 Cribbage CR</p>	<p>22</p> <p>10:45 Tai Chi CR 1:30 Chocolate Covered Pretzels ALAR 3:00 Comedy Special CR</p>
<p>23</p> <p>10:00 St Boniface Communion CR 1:30 Rummikub FR 3:00 Get Toned w/ Ondie ALDR</p>	<p>24</p> <p>9:00 Ladies Coffee 10:00 Live 2B Healthy CR 11:00 Parkinson's Ex 1:30 IL Forum/WOYP CR 2:00 Bridge Club GR 3:00 Spades With Austin 3:30 Wii Bowl Team A 6:30 Dominoes</p>	<p>25</p> <p>9:00 Bus Trip to Walmart 10:00 Get Active Austin ALDR 10:45 Choir Group 1:30 David Ambroson 3:00 Cooking Corner: Fruit Salad 3:30 Wii Bowl Team B 6:30 Movie Tuesday:</p>	<p>26</p> <p>10:00 Cardio Drumming CR 10:45 Current Events CR 1:30 Bible Study w Jim FR 1:30 Discovery Series 3:00 Pampered and Polished CR 3:30 Wii Bowl Team C 6:30 Card Bingo CR</p>	<p>27</p> <p>10:00 Get Active ALDR 10:45 BINGO ALAR 1:30 Community Room Cabinet Clean Out 3:00 Resident Welcome/Birthday HH 3:30 Wii Bowl Team D 7:00 Beaver Creek Band CR</p>	<p>28</p> <p>9:00 Veterans Breakfast FR 10:00 Sit and Fit CR 10:30 HyVee Online 11:00 Parkinson's Ex 1:30 AL Resident Council Coasters 3:00 Let's Get Crafty: Flower Resin 3:30 Wii Bowling: OPEN 6:30 Cribbage CR</p>	<p>29</p> <p>10:45 Tai Chi CR</p>

Calendar Key:

ALAR - Assisted Living Activity Room

ALLR - Assisted Living Living Room
ALDR - Assisted Living Dining Room

CR - Community Room
EX - Exercise Room
FR - Family Room
GR - Game Room

ILDR - Independent Living Dining Room
TC - Town Center
TH- Theater