

Independence Village of Traverse City

Independent Living

April 2025

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Church Service (CH) 11:00 Exercise Video - Resident Led (AA) 2:00 Cats & Dogs Trivia (A) 30	11:00 Balloon Volleyball (AA) 2:00 Netflix Club: Queen (CH) 2:00 Musical Performance by David Lawston (A) 3:30 Winter or Spring (A) 6:00 Resident Led Games (P) 31	11:00 Exercise with Advisacare (AA) 1:30 Quarter Bingo (AA) 2:30 Wii Bowling - Resident Led (CH) 3:00 Fact or Foolerv (A) 6:00 Resident Led Games (P) 1	11:00 Exercise (AA) 11:00 Communion (CH) 2:00 Spring Tea (DR - Fireplace) 3:30 Happy Hour: Blitzed Butterfly (P) 6:00 Resident Led Games (P) 2	11:00 Exercise (AA) 1:30 Spring Door Decorating Contest (AA) 3:00 April Trivia (A) 6:00 Resident Led Games (P) 3	11:00 Exercise with Powerback (AA) 1:30 Spa Day (AA) 3:00 May Activity Planning Meeting (AA) 6:00 Resident Led Games (P) 4	11:00 Exercise Video - Resident Led (AA) 2:00 Give Back: DIY Dog Blankets for the humane society (AA) 5
9:30 Church Service (CH) 11:00 Exercise Video - Resident Led (AA) 2:00 Happier Living (AA) 6	11:00 Cardio Drumming (AA) 2:00 Netflix Club: Queen (L) 3:00 Weed or plant? (AA) 4:00 Bible Study with Jeff (CH) 6:00 Resident Led Games (P) 7	11:00 Exercise with Advisacare (AA) 1:30 Quarter Bingo (AA) 2:30 Wii Bowling - Resident Led (CH) 3:00 Doggone Funny (A) 6:00 Resident Led Games (P) 8	11:00 Exercise (AA) 11:00 Communion (CH) 2:00 Musical Performance by Billy McAllister (A) 3:30 Wine Down Wednesday (P) 6:00 Resident Led Games (P) 9	11:00 Exercise (AA) 1:30 Regular Bingo (P) 3:30 Newspaper Run (AA) 6:00 Resident Led Games (P) 10	11:00 Exercise with Powerback (AA) 2:00 Women's Bible Study with Chaplain Christine (CH) 3:00 Taste the Rainbow (A) 6:00 Resident Led Games (P) 11	11:00 Exercise Video - Resident Led (AA) 2:00 Bubble Painting (FY) 12
9:30 Church Service (CH) 11:00 Exercise Video - Resident Led (AA) 2:00 The Art of Butter Sculptures (AA) 13	11:00 Balloon Volleyball (AA) 2:00 Netflix Club: Queen (L) 3:00 Jelly Bean Taste Test (AA) 6:00 Resident Led Games (P) 14	11:00 Exercise with Advisacare (AA) 1:30 Quarter Bingo (AA) 2:30 Wii Bowling - Resident Led (CH) 3:30 Meditation with Anthony (CH) 6:00 Resident Led Games (P) 15	11:00 Exercise (AA) 11:00 Communion (CH) 2:00 Item or Egg Prediction (AA) 3:30 Happy Hour: Tropical Twist (P) 6:00 Resident Led Games (P) 16	11:00 Exercise (AA) 1:30 DIY Sock Bunny (AA) 3:00 So Bunny Jokes (A) 6:00 Resident Led Games (P) 17	11:00 Exercise with Powerback (AA) 1:30 Spa Day (AA) 3:15 Musical Performance by Bob & Tally Green (A) 6:00 Resident Led Games (P) 18	10:00 Donuts & Coffee (A) 11:00 Exercise Video - Resident Led (AA) 2:00 Staged Reading: Shopping Cart Marauder (AA) 19
Happy Easter! 9:30 Church Service (CH) 11:00 Exercise Video - Resident Led (AA) 11:00 - 1:00 Easter Brunch Buffet (DR) 2:00 Easter Trivia (A) 20	11:00 Learn 1950's Jig (AA) 1:15 Support Group with Heather Muha (PDR) 2:00 Netflix Club: Queen (L) 3:00 Traverse City Mobile Library (AA) 4:00 Guess that 50's Slang (A) 4:00 Bible Study with Jeff (CH) 6:00 Resident Led Games (P) 21	Earth Day! 11:00 Exercise with Advisacare (AA) 1:30 Quarter Bingo (AA) 2:30 Wii Bowling - Resident Led (CH) 3:30 Homemade Earth Day Dirt Cups (AA) 6:00 Resident Led Games (P) 22	11:00 Exercise (AA) 11:00 Communion (CH) 1:30 1950's Fashion Presentation (AA) 3:00 DIY Poodle Skirts (AA) 6:00 Resident Led Games (P) 23	11:00 Exercise (AA) 1:30 1950's Bingo (AA) 3:30 Veteran Coffee Hour (PDR) 6:00 Resident Led Games (P) 24	11:00 Exercise with Powerback (AA) 12:00 1950's Sock Hop Party (DR, A, Pub) 2:00 Women's Bible Study with Chaplain Christine (CH) 3:00 1950's & 1960's Trivia (A) 6:00 Drive-In Movie (CH) 6:00 Resident Led Games (P) 25	11:00 Exercise Video - Resident Led (AA) 2:00 True Color Test (A) 26
9:30 Church Service (CH) 11:00 Exercise Video - Resident Led (AA) 2:00 Beer Presentation (AA) 2:30 Beer Pong (AA) 27	11:00 Balloon Volleyball (AA) 1:30 April Birthday Celebration (AA) 2:00 Netflix Club: Queen (L) 3:00 Tech Class: Snapchat Filters (AA) 4:00 Bible Study with Jeff (CH) 6:00 Resident Led Games (P) 28	11:00 Exercise with Advisacare (AA) 1:30 Quarter Bingo (AA) 2:30 Wii Bowling - Resident Led (CH) 3:30 New Resident Welcome Meeting (AA) 6:00 Resident Led Games (P) 29	11:00 Exercise (AA) 11:00 Communion (CH) 1:30 Resident Forum (AA) 3:30 T.E.A.C.H. Choir Concert (A) 6:00 Resident Led Games (P) 30			