

Independence Village of Waukee

Memory Care

# April 2025

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 9:30 Daily Hope/Chronicles 10:00 Live 2B Healthy 1:00 Spring Decorating 1:30 Flower Arranging 3:00 Music with Neil Hewitt 6:00 Movie Tuesday	<b>2</b> 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 2:00 Happy Hour: April Showers May Flowers 3:00 Shake, Rattle and Roll! 6:00 Evening Tea Time	<b>3</b> 9:30 Daily Hope/Chronicles 10:00 March to the Music! 1:30 Mad Libs Mayhem 3:00 Lets Get Crafty: Flower Bouquet 6:00 Coloring Creations	<b>4</b> 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 1:30 Clay Creations 3:00 Polish Perfection 6:00 Guided Relaxation	<b>5</b> 9:30 Daily Chronicles 10:00 Sunshine and Stretch 10:30 Hangman 6:00 Puzzles and Word Search
<b>6</b> 9:30 Daily Hope/Chronicles 10:00 Hope Online Service 10:30 Gentle Stretches 1:30 Folding and Sorting 6:00 Aromatherapy/Hand Massages	<b>7</b> 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 1:30 Bucket Ball 3:00 Magic Jonathan May 6:00 Coloring Creations	<b>8</b> 9:30 Daily Hope/Chronicles 10:00 Fun with Health Pro 1:30 Sit n Fit 3:00 UNO! 6:00 Movie Tuesday	<b>9</b> 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 2:00 Happy Hour: April in Paris 3:00 Shake, Rattle and Roll! 6:00 Evening Tea Time	<b>10</b> 9:30 Daily Hope/Chronicles 10:00 March to the Music! 1:30 Bead Sorting 3:00 Lets Get Crafty: Wrist Charms 6:00 Coloring Creations	<b>11</b> 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 1:30 BINGO 3:00 Polish Perfection 6:00 Guided Relaxation	<b>12</b> 9:30 Daily Hope/Chronicles 10:00 Sunshine and Stretch 10:30 Finish the Phrase 6:00 Puzzles and Word Search
<b>13</b> 9:30 Daily Hope/Chronicles 10:00 Hope Online Service 10:30 Gentle Stretches 1:30 Dust n Shine 6:00 Aromatherapy/Hand Massages	<b>14</b> 9:30 Daily Hope/Chronicles 10:00 Bible Study with Jim 1:30 Pet Therapy with Grady 3:00 Cardio Drumming 6:00 Coloring Creations	<b>15</b> 9:30 Daily Hope/Chronicles 10:30 Live 2B Healthy 1:30 Ticketless Time Travel: Meteora, Greece 3:00 Jumbo Bowling 6:00 Movie Tuesday	<b>16</b> 9:30 Daily Hope/Chronicles 10:00 Music and Massage Therapy with Jean Blum 2:00 Happy Hour: Hoppy Hour! 3:00 Cardio Drumming 6:00 Evening Tea Time	<b>17</b> 9:30 Daily Hope/Chronicles 10:00 March to the Music! 1:30 Cooking Corner: Cookies 3:00 Lets Get Crafty:Cookie Decorating 6:00 Coloring Creations	<b>18</b> 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 11:00 Egg Decorating 1:30 BINGO 3:00 Polish Perfection 6:00 Guided Relaxation	<b>19</b> 9:30 Daily Hope/Chronicles 10:00 Sunshine and Stretch 10:30 Egg Hunt 6:00 Puzzles and Word Search
<b>Easter 20</b> 9:30 Daily Hope/Chronicles 10:00 Hope Online Service 10:30 Gentle Stretches 3:00 Puzzles with Ondie 6:00 Aromatherapy/Hand Massages	<b>21</b> 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 1:30 Name That Tune! 3:00 List Making (Spring cleaning edition) 6:00 Coloring Creations	<b>Earth Day 22</b> 9:30 Daily Hope/Chronicles 10:00 Sit n Fit 1:30 Music with David Amberson 3:00 Patio Balloon Bat 6:00 Movie Tuesday	<b>23</b> 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 2:00 Happy Hour: Sunshine & Sips with Buttons the clown. 3:00 Bean Bag Toss 6:00 Evening Tea Time	<b>24</b> 9:30 Daily Hope/Chronicles 10:00 March to the Music! 1:30 Tea Talk Time 3:00 Lets Get Crafty: Sip n Paint (Patio) 6:00 Coloring Creations	<b>25</b> 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 1:30 BINGO 3:00 Polish Perfection 6:00 Guided Relaxation	<b>26</b> 9:30 Daily Hope/Chronicles 10:00 Sunshine and Stretch 6:00 Puzzles and Word Search
<b>27</b> 9:30 Daily Hope/Chronicles 10:00 Hope Online Service 10:30 Gentle Stretches 1:30 Name 10 6:00 Aromatherapy/Hand Massages	<b>28</b> 9:30 Daily Hope/Chronicles 10:00 Bible Study with Jim 1:30 Cardio Drumming 3:00 Shake Loose a Memory! 6:00 Coloring Creations	<b>29</b> 9:30 Daily Hope/Chronicles 10:00 Sit and Fit 1:30 Tales in a Teacup 3:00 Food for Thought: Universal Yums 6:00 Movie Tuesday	<b>30</b> 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 2:00 Happy Hour: Spring Tales 3:00 Shake, Rattle and Roll! 6:00 Evening Tea Time			

Calendar Key:

ALAR - Assisted Living  
Activity Room

ALLR - Assisted Living Living  
Room  
ALDR - Assisted Living  
Dining Room

CR - Community Room  
EX - Exercise Room  
FR - Family Room  
GR - Game Room

ILDR - Independent Living  
Dining Room  
TC - Town Center  
TH- Theater

