

Grace Haven Assisted Living and Memory Care

March 2025

Memory Care

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2</p> <p>10:30 Church Service and Songs (MC) 1:15 Mardi Gras Jazzercizing (MC) 2:15 Kitchen Clean Up and Organize (MC) 5:45 Hydration Drinks (MC)</p>	<p>3</p> <p>10:30 Mardi Gras Party and Mask Crafts (MC) 1:15 Bingo (MD) 2:00 Sweeping(MC) 3:30 Exercise (MD) 5:45 Happy Hour: Green Jungle Juice (MC)</p>	<p>Mary F.'s Birthday 4</p> <p>10:00 Fat Tuesday Fun and Snack Cart Pass Out 10:45 Bible Study with Dean (CD) 3:15 Briggs Library Ribbon Cutting Outing 5:45 Bed Meditation (MC)</p>	<p>5</p> <p>10:00 Ash Wednesday (PD) 11:00 Walking Club (H) 1:15 Manicures (B) 2:15 Vacuuming (MC) 3:15 Music with Wendy (MC) 5:45 Happy Hour: Beer and Wine (L)</p>	<p>6</p> <p>10:30 Pen Pals Preparing and Planning (PD) 2:00 Dusting (MC) 3:30 Exercise (MD) 5:45 Craft: St. Patrick's Decorations for Oakview Friends (MC)</p>	<p>7</p> <p>11:00 Chair Synchronized Swimming (PD) 1:15 Bingo (MD) 2:30 Snack Cart Pass Out 3:30 Dancing Through the Decades Timeless Prep (L)</p>	<p>8</p> <p>10:00 Golden Zumba Exercise (PD) 1:15 Decorate for St. Patrick's Day (L) 2:00 Closet Clean Up and Organize (MC) 5:45 Hand Massages (MC)</p>
<p>9</p> <p>10:30 Church Service and Songs (MC) 1:15 Tactile Ball Exercise (MC) 2:00 Watering Our Plants in Community (MC) 5:45 Warm Eye Masks (MC)</p>	<p>Beth's Birthday 10</p> <p>10:30 Craft: St. Patrick's Crowns (PD) 1:15 Bingo (MD) 2:00 Laundry (MC) 3:30 Exercise (MD) 5:45 Seasonal and Holiday Pictionary (PD)</p>	<p>11</p> <p>10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 3:00 Zumba with Margie (MD) 5:45 Pressure Points (MC)</p>	<p>12</p> <p>10:30 Haden's Safety Seminar (L) 1:30 Scarf Exercise (MC) 2:30 Men's Group: The Sterling Silver Group (PD) 3:30 Manicures (B)</p>	<p>Autumn's Birthday 13</p> <p>10:30 Craft: St. Patrick's Door Art (PD) 1:00 Sanitizing (MC) 2:00 Resident Activity Meeting (PD) 3:30 Exercise (MD) 5:45 Footloose Craft (MC)</p>	<p>14</p> <p>10:00 Resistance Band Exercise (MC) 11:00 Sober St. Patrick's Day Party (L) 1:15 Bingo (MD) 2:30 Snack Cart Pass Out 4:15 Music with Marty (MC)</p>	<p>Rosie's Birthday 15</p> <p>10:30 Giant Puzzle Games (PD) 1:30 Balloon Badmitten (PD) 3:00 Dinner Set Up (MC) 5:45 Swimming Aerobics (MC)</p>
<p>Mary M.'s Birthday Al's Birthday 16</p> <p>10:30 Church Service and Songs (MC) 1:30 Men's Group: St. Patrick's Day (PD) 5:45 Meditation Exercise and Calming Sounds (PD)</p>	<p>St. Patrick's Day 17</p> <p>10:00 Denise and Ruby Pet Therapy 1:15 Bingo (MD) 2:00 Laundry (MC) 3:30 Exercise (MD) 5:45 St. Patrick's Family Flights Event</p>	<p>18</p> <p>10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 3:30 Exercise From the 50's, 60's, and 70's (MC) 5:45 Audio Books (MC)</p>	<p>Joe's Birthday 19</p> <p>10:00 Manicures (B) 11:30 Music with Tess (MC) 1:30 Groovin' Grace Haven Zumba and Pick Up(PD) 5:45 Happy Hour: Soon to Be Springtime Cocktail (L)</p>	<p>20</p> <p>10:00 Beginning of Spring Clean Up and Planting (MC) 11:00 Culinary Showcase: New Menu Taste (MC) 2:00 Games (MD) 5:45 Exercise (MC)</p>	<p>21</p> <p>10:30 Wendy's Fast Food Outing 1:15 Bingo (MD) 3:00 2011 Footloose Movie and Popcorn (PD) 5:45 Chair Yoga and Deep Breathing (MC)</p>	<p>22</p> <p>10:30 Marching Exercise (MC) 1:30 Scalp and Head Massages (PD) 3:00 Farkle Game or Sudoku Puzzles 5:45 Seasonal Movie (MC)</p>
<p>23</p> <p>10:30 Church Service and Songs (MC) 1:30 Traci and Family Singing and Socializing (MD) 2:30 Cornhole (MD) 5:45 Crosswords (PD)</p>	<p>24</p> <p>10:30 Virtual Tour of AgroLiquid (PD) 1:15 Bingo (MD) 2:00 Dinner Set Up (MC) 3:30 Exercise (MD) 4:00 Footloose Talk and Crafting (PD)</p>	<p>25</p> <p>10:00 Catholic Service and Rosary (PD) 2:00 Taste the Rainbow Mobile Cart Pass Out 3:00 Zumba with Margie (MD) 5:45 Hymns (MC)</p>	<p>26</p> <p>10:00 Manicures (B) 12:15 Resident Birthday Party 1:30 Resident Council (MC) 3:00 Simple Stretches (MC) 5:45 Happy Hour: Life Enrichment Choice (L)</p>	<p>27</p> <p>10:00 Food Committee (L) 11:00 DJ's Wine and Charcuterie (MD) 2:00 Mopping (MC) 3:30 Exercise (MD) 5:45 Footloose Music Mania (MC)</p>	<p>Haden's Birthday 28</p> <p>10:30 Craft: Inspired Clay Crosses (PD) 1:15 Bingo (MD) 3:30 Before Dinner Meditation (MC) 5:45 1984 Footloose Movie and Popcorn (PD)</p>	<p>29</p> <p>10:30 Don't Burst My Bubble Game (MD) 1:15 Footloose Fashions and Fun and Clean Up (MC) 5:45 Essential Oils, Relaxation Exercise, and Hydration (MC)</p>
<p>30</p> <p>10:30 Church Service and Songs (MC) 11:00 Music Training (MC) 1:15 (New) Friend Welcome Party (PD) 2:15 Silent Stretches (MC) 5:45 Daily Affirmations (MC)</p>	<p>31</p> <p>10:30 Jen and Frankie Therapy 1:15 Bingo (MD) 2:00 Pass Out Drinks (MC) 3:30 Exercise (MD) 4:00 Know That Song Music and Puzzle (L)</p>					

Calendar Key:
MD – Main Dining
MC – Memory Care
PD – Private Dining

CD – Cooking Room
L – Lobby
P - Patio
O - Outside

B- Beauty Salon
H- Hall

Breakfast:
7:30am-9:00am
Lunch:
12:15pm-1:30pm

Dinner:
4:45pm- 6:00pm

We will be having a mobile snack and drink cart during the day.

