

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 30 10:00 Spiritual Eldercare Video Church Service 10:30 Tea Cart 11:45 Parachute Fun 2:00 Dot Art 3:00 Whiteboard Words	March 31 10:30 Monday Music 11:00 Hearthside Book Club 1:45 Painting Easter Egg Ornaments for Our Tree 3:00 Toss the Exercise Game 3:45 The Perk 4:15 Ladies' Nail Polish 6:30 Indoor Stargazing	April Fool's Day 1 *10:00 Catholic Rosary in AL 10:30 Joke Jar 11:00 Bridgetown Music and Movement 1:45 Riddle Me This 2:45 Bible Study 3:45 The Perk 6:00 Relaxation Music	2 10:30 Bible Trivia 11:00 Exercise with Lauryn from Total Care Therapy 1:45 Kickball 2:15 Table Top Corn Hole 3:30 Bingo 3:45 The Perk 6:15 Adult Coloring	3 10:30 Interactive Music Session with Senior Music Connection 11:45 Swat the Fly 1:45 Outing: Bus Ride 3:00 Thirsty Thursday 4:30 Finish the Phrase 5:00 The Perk 6:15 Reminiscing: Photos	4/4 Day 4 10:30 Danbury Drummers Cardio Exercise 11:30 Fill in the Blank 1:45 Giant Connect Four 2:30 Hoy! Card Game 3:45 The Perk 6:00 Funny Cat Videos	5 10:30 Saturday Stretches 11:00 Kickball 11:45 Paint by Numbers 1:45 Corn Hole 2:30 The Perk 3:00 Travelogue: Germany 7:00 "Lawrence Welk" (TV ch.16)
6 10:00 Spiritual Eldercare Video Church Service 10:30 Cocoa Cart 11:45 Tabletop Corn Hole 2:00 Spring Dot Art 3:00 Would you rather?	7 10:30 Monday Music 11:00 Hearthside Book Club 1:45 Keep it Moving 2:30 Photo Cards 3:45 The Perk 4:15 Hand Massages 6:30 Indoor Stargazing	8 *10:00 Catholic Rosary in AL 10:30 Finish the Phrase 11:00 Bridgetown Music and Movement 1:45 Noodle Ball 2:45 Bible Study 3:45 The Perk 6:00 Bridgerton Classical Music	9 10:30 Animal Trivia 11:00 Exercise with Lauryn from Total Care Therapy 1:45 Ring Toss 2:30 Sing Along with Rebel 3:30 Bingo 3:45 The Perk 6:15 Adult Coloring	10 10:30 Match Up Cards 11:15 Noodle Ball 1:45 Toss Game 3:00 Thirsty Thursday: April Birthday Celebrations 4:00 Tabletop Balloon Bop 5:00 The Perk 6:15 Reminiscing: Cooking	11 10:30 Danbury Drummers Cardio Exercise *11:00 Brukner Nature Center Live Animal Program in AL 11:30 Who am I? 1:45 Animal Stories 2:30 Name that Tune 3:45 The Perk 6:00 Funny Baby Videos	12 10:30 Saturday Stretches 11:00 Kickball 11:45 Finish the Phrase 1:45 Bean Bag Toss 2:30 The Perk 3:00 Travelogue: "Wizard of Oz Museum in Kansas" 7:00 "Lawrence Welk" (TV ch.16)
13 10:00 Spiritual Eldercare Video Church Service 10:30 Tea Cart 11:45 Parachute Fun 2:00 Easter Craft 3:00 Stickman Word Game	14 10:30 Monday Music 11:00 Hearthside Book Club 1:45 Keep it Moving 2:30 Exercise Toss Game 3:45 The Perk 4:15 Ladies' Nail Polish 6:30 Indoor Stargazing	15 *10:00 Catholic Rosary in AL 10:30 Photo Cards 11:00 Bridgetown Music and Movement 1:45 Courtyard Conversations 2:45 Bible Study 3:45 The Perk 6:00 Jazz Music for Relaxation	16 10:30 Wizard of Oz Trivia 11:00 Exercise with Lauryn from Total Care Therapy 1:45 Wizard of Oz Paintings 3:00 Bingo 3:45 The Perk 6:15 "Making of the Wizard of Oz"	17 10:30 Interactive Music Session with Senior Music Connection 1:45 The Perk 3:00 Biannual Event begins! Timeless Cinema: Wizard of Oz! (See invitations for details.)	18 10:30 Danbury Drummers Cardio Exercise 11:30 Decorate Easter Hats 1:45 Parade Preparations 2:45 Easter Hat Parade through AL! 3:45 The Perk 6:00 Funny Dog Videos	19 10:30 Saturday Stretches: "All Weather Workout" 11:00 Kickball 11:45 Fill in the Blank 1:45 Ring Toss 2:30 The Perk 3:00 Travelogue: Egypt 7:00 "Lawrence Welk" (TV ch.16)
Easter 20 10:00 Spiritual Eldercare Video Church Service 1:30 Easter Treat Cart 2:00 Easter Dot Art 3:00 Easter Memories	21 10:30 Monday Music 11:00 Hearthside Book Club 1:45 Keep it Moving 2:30 Photo Cards 3:45 The Perk 4:15 Hand Massages 6:30 Indoor Stargazing	22 *10:00 Catholic Rosary in AL 10:30 Stickman Word Game 11:00 Bridgetown Music and Movement 1:45 Kickball 2:45 Bible Study 3:45 The Perk 6:00 Bridgerton Classical Music	23 10:30 Food Trivia 11:00 Exercise with Lauryn from Total Care Therapy 1:45 Puzzle Pals 2:30 Sing Along with Rebel 3:00 Craft:Stamped Placemats 3:45 The Perk 6:15 Adult Coloring	24 10:30 Match Up Cards 11:15 Noodle Ball 1:45 Outing: Carriage Hill Park 3:30 Thirsty Thursday: Lemonade 5:00 The Perk 6:15 Reminiscing: Children	25 10:30 Danbury Drummers Cardio Exercise 11:30 Finish the Phrase 1:45 "Dayton History" 2:00 Chair Volleyball against AL residents 3:45 The Perk 6:00 Funny Animal Videos	26 11:30 Saturday Stretches 1:30 The Perk 2-5pm Outdoors: Take part in the "Hopping in the Heights" city-wide egg hunt! (Kids will be stopping by to collect eggs!) 6:00 Classic TV: "MASH"
27 10:00 Spiritual Eldercare Video Church Service 10:30 Tea Cart 11:45 Parachute Fun 2:00 Paint by Number 3:00 Whiteboard Words	28 10:30 Monday Music 11:00 Hearthside Book Club 1:45 Keep it Moving 2:30 Exercise Toss Game 3:45 The Perk 4:15 Ladies' Nail Polish 6:30 Indoor Stargazing	29 10:30 Finish the Phrase 11:00 Bridgetown Music and Movement 1:45 Courtyard Conversations 2:45 Bible Study 3:45 The Perk 6:00 Spa Music for Relaxation	30 10:30 Animal Trivia 11:00 Exercise with Lauryn from Total Care Therapy 3:00 Bingo 3:45 The Perk 6:15 Adult Coloring			

Calendar Key:
*Activities listed as "in AL" take place in the other side of the building. If you would

like to attend these events, please let a staff member know so we can make arrangements as needed.

*Therapy Dog visits occur 2-3x per month.

*Sunshine Alert: On beautiful Spring days, we will change to outdoor activities!